

CHESHIRE COUNTY AA ROAD RELAYS, 9th October 1993, Sankey Valley, Warrington

MEN	LEG 1	LEG 2	LEG 3	LEG 4	LEG 5	LEG 6
1 Wilmslow RC	97.59 W Heaton (6) 16.55	M Fowler (2) 15.33	N Whithers (1) 16.28	J Yearsley (1) 16.54	G Quinn (1) 17.11	J Newns (1) 14.58
2 Warrington AC	99.44 S Dawson (1) 16.02	G Ratcliffe (1) 16.10	G Vernon (2) 16.48	P Abbott (2) 17.21	G Bergin (3) 17.19	D Stevens (2) 16.04
3 CEPAC	100.21 A Morris (2) 16.13	S Asher(V40) (5) 17.04	J Kissane (3) 16.34	C Booth (3) 17.11	G Withers (2) 16.35	J Fidler(V40) (3) 16.44
4 Macclesfield	103.17 A Royal (3) 16.16	R Eagle (4) 16.31	J Pratt (4) 17.35	A Whalley (4) 17.36	M Platt (4) 18.20	J Kershaw(V40) (4) 16.59
5 Helsby RC	104.28 M Hinson (5) 16.20	R Wood(V40) (3) 16.19	M Walker (5) 17.46	M Whiteside(V45) (5) 18.04	M Frayne(V50) (5) 18.06	J Daniels(V40) (5) 17.53
6 Whitby Heath	105.25 A Starkey (7) 16.59	M Davies (6) 17.16	N Starkey (7) 17.07	G Jenkins (6) 17.30	S Parker (6) 18.02	G Munsey (6) 18.31
7 Spectrum Strid	106.10 D Southern (4) 16.16	A Garnett (8) 18.12	M Pomfret (8) 18.49	C Demet(V40) (8) 17.02	N Garnett (8) 17.19	N Ashcroft (7) 18.32
8 Warrington C	107.15 D Lamb(J) (10) 17.43	B Holder(J) (9) 17.32	S Durrant(J) (9) 18.17	G Holder(J) (9) 18.22	S Lamb(J) (9) 18.21	S Illingworth(J) (8) 17.00
9 CEPAC B	107.27 G Worship (8) 17.11	C Morgan(V40) (7) 17.11	D Alexander (6) 16.41	D Hagan (7) 18.02	A Clague (7) 18.08	S Parry (9) 20.14
10 Wilmslow Vets	110.13 G Livesey(V45) (11) 18.29	G Mendham(V40) (10) 18.47	M Fairs(V45) (10) 18.07	R Dunkley(V40) (10) 18.56	P Nelson(V45) (10) 18.32	T Hulme(V45) (10) 17.22
11 Tattenhall Run	115.06 B Capes(V45) (15) 20.44	D Knott(V40) (14) 19.31	M Arrowsmith(V40) (13) 18.32	D Owen(V45) (12) 19.54	F McHale(V45) (11) 18.34	M Griffin(V45) (11) 17.51
12 Wilmslow C	118.05 M Allen (14) 19.00	R Woodrow(V45) (13) 20.09	R Hunt (11) 18.23	P Gold(V40) (13) 21.32	A Gage(V45) (12) 19.38	N Farmer (12) 19.23
13 CEPAC C	125.17 P Simpson (13) 18.33	C Sailes (11) 19.47	D Brierley (14) 20.39	F Mudway(V40) (14) 22.48	T Prescott(V60) (13) 22.34	M Lamb(V50) (13) 20.54

INCOMPLETE TEAMS

Helsby B	R Stradling (12) 18.30	G Murphy (12) 19.52	I Sargaent (12) 20.07	G McNeil (11) 18.32
Spectrum C	R Riding(V40) (16) 22.21	B Tuohy (15) 20.05	E Pendleton(V65) (15) 23.00	A Couper(V40)
Altrincham	J Jones(V40) (9) 17.36			

TEAMS CONTAINING RUNNERS NOT ON ENTRY SHEETS

Spectrum B	C Fagg(V40) 18.57	D Thomas 18.49	B Burnett(V40) 19.41	B Riley(V40) 18.49	T Bell 20.12	D Durain 20.36
Warrington B	P Hamilton 16.53	J Keane 18.01	C Hulse 17.20	A Bird 22.45	L Williams(V40) 17.21	
FASTEST LEGS						
J Newns (Wilm)	14.58 M Hinson(Helsby)	Vet 40	Vet 45	Vet 60		
M Fowler (Wilm)	15.33 N Whithers(Wilm)	16.20 R Wood(Helsby)	16.19 A Hulme(Wilm)	17.22 T Prescott(CEPAC)	22.34	
S Dawson (Warr)	16.02 R Eagle(Macc)	16.31 J Fidler(CEPAC)	16.44 M Griffin(Tatt)	17.51 Vet65		
D Stevens (Warr)	16.04 J Kissane(CEPAC)	16.34 J Kershaw(Macc)	16.49 M Whiteside(Hel)	18.04 E Pendleton(Spec)	23.00	
G Ratcliff(Warr)	16.10 G Withers(CEPAC)	16.35 C Demet(Spec)	17.02 M Fairs(Wilm)	18.07 Jun (Under 20)		
A Morris (CEPAC)	16.13 S Asher(CEPAC)		17.04 V 50	S Illingworth(War)	17.00	
A Royal(Macc)	16.16		M Frayne(Hels)	18.06 B Holder(War)	17.32	
D Southern(Spec)	16.16		M Lamb(CEPAC)	20.54 D Lamb(War)	17.43	

LADIES

	LEG 1	LEG 2	LEG 3	FASTEST LEGS			
1	Macclesfield	64.24	S Rowson(V40) (1) 19.40	K Turner(V35) (4) 21.18	C Greasley(V35) (1) 18.26	C Greasley (Macc) V35	18.26
2	Warrington	65.03	L Nichols(J) (2) 20.06	V Roberts(J) (1) 20.20	S Murphy(J) (2) 19.37	A Woodrow (Wilm) V35	19.33
3	CEPAC	66.26	F Mudway(V45) (3) 20.33	L Davies(V35) (2) 20.17	C Shaw (3) 20.36	S Murphy (Warr) J	19.37
4	Wilmslow	66.28	C Smalley (6) 21.20	A Woodrow(V35) (3) 19.33	D Lenders (4) 20.35	L Slater (Macc) J	19.39
5	Warrington B	67.08	D Wooliscroft(J)N McDonald(J) (5) 20.56	J Morris (6) 21.33	J Spencer(J) (5) 21.14	S Rowson (Macc) V40	19.40
6	Spectrum Strid	70.18	G Demet(V40) (4) 20.41	G Rowson (J) (9) 25.42	N Rose (6) 23.04	L Nichols (Warr) J	20.06
7	Macclesfield B	73.11	C Kershaw(J) (8)22.50	J Morgan(V40) (7) 23.29	L Slater(J) (7) 19.39	J Spencer (Warr) J	20.14
8	Tattenhall	74.45	K Capes(V45) (9) 22.53	J Gleave(V35) (8) 23.45	M Turner (8) 24.23	L Davies (CEPAC) V35	20.17
9	Spectrum B	76.35	J Pascoe(J) (10) 23.03		B Rothwell (9) 24.42	V Roberts (Warr) J	20.20
	INCOMPLETE TEAM					F Mudway (CEPAC) V45	20.33
	Wilmslow B		J Bateman (7) 21.45			D Lenders (Wilm)	20.35
	TEAM CONTAINING RUNNER NOT ON ENTRY FORM		J Atherton 26.04	S Southern 26.51	P Locke 27.18	C Shaw (CEPAC)	20.36
	Spectrum C					G Demet (Spectrum) V40	20.41
						D Wooliscroft (Warr) J	20.56
						N McDonald (Warr) J	20.58

ACKNOWLEDGEMENTS and THANKS TO :

Cheshire County AA Officials for running the event on the day

John Cook, Nev Jones and other members of Warrington AC for local arrangements

A magnificent entry of 15 teams for the ladies after a number of years without an event
 BUT a disappointing entry of only 19 mens teams even with a low age limit
 WHERE are all the under 20 male distance runners??

John Driscoll