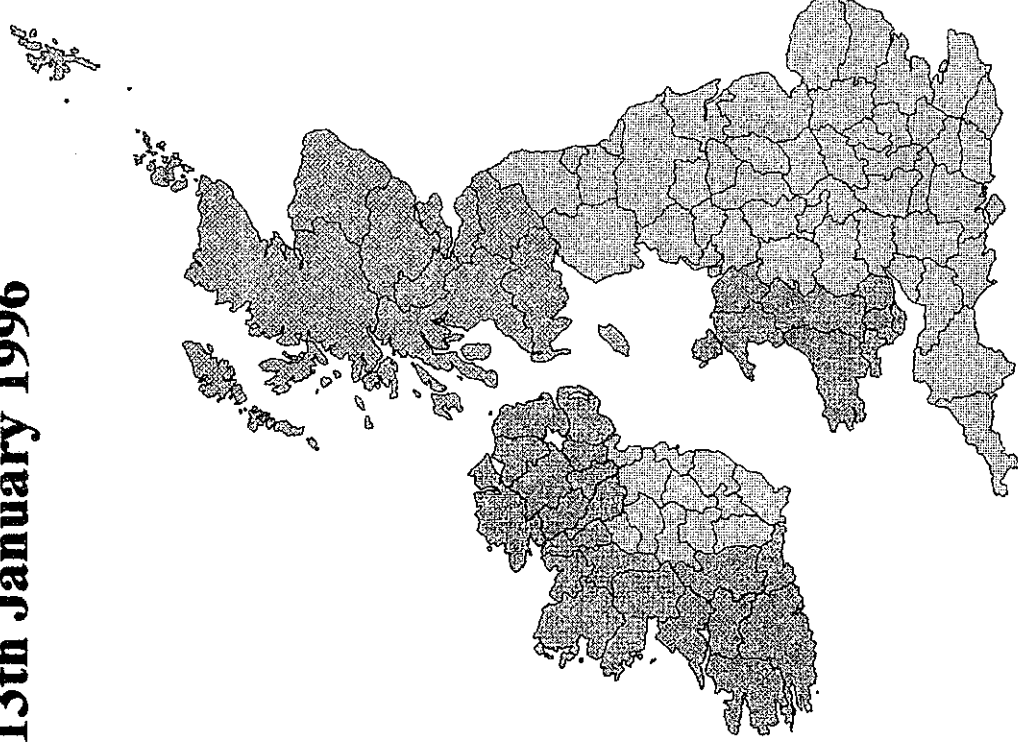


UK Counties Athletic Union
present the
**1996 REEBOK Inter Counties
Cross Country Championships**

at
Wigmore Valley Park, Luton
Saturday 13th January 1996

Results

Compliments of
Julian Wowk
01538 702470



Event Computing by F.R. Systems

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1996 REEBOK Inter Counties Cross Country Championships : Statistics

County	U13		U13		U15		U15		U17		U17		Junior		Junior		Senior		Senior		Total		Championship	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Men	Women	Men	Women	Men	Women	Men	Women	Men	Women	Points	Position	Points	Position		
Avon & Somerset	14	19	20	19	19	3	6	3	6	11	120	7th												
Bedfordshire	32	25	37	17	9	16	26	14	25	24	225	11th												
Berkshire	29	27	19	38	20	33	16	20	29	36														
Buckinghamshire	19	26	36	22	15	19		20	22	29														
Cambridgeshire	38	35	23	33	43	32	22		11	16	8													
Cheshire	2	14	21	9	35	5		31	18	7														
Cornwall	9	12	13	20	11				27															
Cumbria	23	32	31	13	25	25																		
Derbyshire	26	29	16	14	29	20	14	12	10	27	197	10th												
Devon	22	30	22	24	33	4	17		14	19														
Dorset	20	37	27	31	42				34	30														
Dyfed	31	16	40	23	39	34																		
Essex	7	4	17	16	8	10	13	10	11	6	102	5th												
Gloucestershire	41	31	38	27	37	35			30	26														
Greater Manchester	1	13	1	5	5	8	1	1	5	3	43	3rd												
Hampshire	10	5	12	6	18	18	7	16	12	4	108	6th												
Herefordshire	42																							
Hertfordshire	18	7	7	1	40	31	24		21	15														
Humberside	37	10	28	15	27	24	30	15	24	35	245	=12th												
Kent	3	8	3	11	4	13	8	8	2	12	72	4th												
Lancashire	11	1	11	8	14	14	9	4		9														
Leicestershire & Rutland	12	28	15	25	7	22	10	18	13	32	182	9th												
Lincolnshire	36	39	24	36	32	36		6		25														
Merseyside	13	3	4	2	13	21	20		8															
Mid Glamorgan	35	40	41	39	41				31															
Middlesex	16	18	9	12	6	28	3		9															
Norfolk	17	17	34	37	30	15	23	19		18														
North East Counties	4	2	2	3	1	1	4	5	1	2	25	1st												
North Wales Counties	33	38	35	28	38					28														
Northamptonshire	21	20	26	26	34	11	29	13	28	37	245	=12th												
Northern Ireland									4															
Nottinghamshire	27	23	25	30	12	23	25		19	10														
Oxfordshire	34	22	39	31	31				20	16														
Scottish East					17	9	2		7	14														
Scottish West					24	7			15	17														
Shropshire	24	36	33	29	22	29	19		33	31														
South Glamorgan			30	28	28	37	28																	
Staffordshire	8	9	8	7	23	6	18	9		21														
Suffolk	28	33	32	35	36	26	27		32	34														
Surrey	15	15	6	34	10	17	12	17	17	5	148	8th												
Sussex	25	21	10	18	16	30	15			13														
Warwickshire	6	11	14	10	3	12	5	7		22														
West Glamorgan	39																							
Wiltshire	30	34	18	32	21	38			23	23														
Worcestershire	40	24	29	21	26	27	21		26	33														
Yorkshire	5	6	5	4	2	2	11	2	3	1	41	2nd												
Entries	493	486	506	489	502	441	443	321	691	639		TOTAL												
Finishers	307	306	303	294	306	257	219	153	304	307		5011												
												2756												

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Senior Men

Pos.	County	2	12	13	16	22	48	Pts
1	North East Counties	2	12	13	16	22	48	113 pts
2	Kent	19	25	35	36	40	44	199 pts
3	Yorkshire	21	23	33	37	46	79	239 pts
4	Northern Ireland	9	15	31	38	77	84	254 pts
5	Greater Manchester	11	17	39	50	58	96	271 pts
6	Avon & Somerset	29	30	41	60	68	86	314 pts
7	Scottish East	10	49	56	105	116	128	464 pts
8	Merseyside	28	57	64	83	88	145	465 pts
9	Middlesex	1	71	82	106	109	132	501 pts
10	Derbyshire	32	45	78	121	123	150	549 pts
11	Essex	6	63	107	129	131	151	587 pts
12	Hampshire	75	76	101	130	133	135	650 pts
13	Leicestershire	4	59	67	81	168	273	652 pts
14	Devon	55	87	111	122	137	170	682 pts
15	Scottish West	7	24	26	171	200	278	706 pts
16	Cheshire	27	70	118	149	178	184	726 pts
17	Surrey	43	102	115	125	173	180	738 pts
18	Cornwall	18	92	124	138	174	237	783 pts
19	Nottinghamshire	42	74	100	179	187	234	816 pts
20	Oxfordshire	8	62	103	208	212	262	855 pts
21	Hertfordshire	112	119	141	160	177	197	906 pts
22	Cambridgeshire	47	161	169	172	189	239	977 pts
23	Wiltshire	91	147	190	191	213	214	1046 pts
24	Humberside	120	159	162	201	211	228	1081 pts
25	Bedfordshire	126	140	152	166	252	263	1099 pts
26	Worcestershire	136	143	209	210	215	230	1143 pts
27	Cumbria	73	146	183	192	254	295	1143 pts
28	Northamptonshire	20	198	225	235	240	245	1163 pts
29	Buckinghamshire	52	157	221	224	231	279	1164 pts
30	Gloucestershire	61	158	193	253	257	265	1187 pts
31	Mid Glamorgan	66	89	270	274	286	297	1282 pts
32	Suffolk	204	207	219	236	267	275	1408 pts
33	Shropshire	233	247	271	281	292	299	1623 pts
34	Dorset	227	261	277	283	288	289	1625 pts

LUTON

UK Inter Counties Cross Country Championship
Saturday 13th January, 1996. Wiggmore Valley Park, Luton
Senior Men

9 to count

Pos	County										Pts
1	Kent	19	25	35	36	40	44	51	65	80	395 pts
2	Greater Manchester	11	17	39	50	58	96	110	117	163	661 pts
3	Avon & Somerset	29	30	41	60	68	86	94	144	220	772 pts
4	Merseyside	28	57	64	83	88	145	155	175	186	981 pts
5	Hertfordshire	112	119	141	160	177	197	199	202	248	1555 pts
6	Nottinghamshire	42	74	100	179	187	234	238	266	290	1610 pts
7	Northamptonshire	20	198	225	235	240	245	249	250	264	1926 pts
8	Gloucestershire	61	158	193	253	257	265	272	285	303	2047 pts

Senior Men

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	381	J Downes	Middlesex	36:07	81	316	S Cotton	Leicestershire	39:08
2	406	D Bannister	North East Counties	36:14	82	385	P Martin	Middlesex	39:12
3	305	T Dickinson	Lancs	36:17	83	357	K Taylor	Merseyside	39:13
4	317	M Cox	Leicestershire	36:33	84	463	J Weir	Northern Ireland	39:15
5	561	S Duval	Staffordshire	36:39	85	619	D Ellis	Warwickshire	39:16
6	193	A Mussett	Essex	36:43	86	2	T Artus	Avon & Somerset	39:17
7	520	R Quinn	Scottish West	36:49	87	148	D Scrivens	Devon	39:20
8	485	L Mathews	Oxfordshire	36:50	88	348	P Cadwallader	Merseyside	39:21
9	456	D Donnelly	Northern Ireland	36:59	89	366	I Hamer	Mid Glamorgan	39:22
10	495	D Cavers	Scottish East	37:03	90	312	M Roscoe	Lancs	39:25
11	225	N Wilkinson	Greater Manchester	37:10	91	651	A Deeming	Wiltshire	39:26
12	416	B Rushworth	North East Counties	37:19	92	101	M King	Cornwall	39:26
13	420	T Wall	North East Counties	37:21	93	688	M Ridgeway	Yorkshire	39:27
14	33	J Burke	Berkshire	37:25	94	9	M O'Doherty	Avon & Somerset	39:28
15	457	J Ferrin	Northern Ireland	37:26	95	332	J Clark	Lincolnshire	39:29
16	417	A Shepherd	North East Counties	37:30	96	219	R Jackson	Greater Manchester	39:34
17	213	C Bonelle	Greater Manchester	37:30	97	310	S Livesey	Lancs	39:35
18	93	N Caddy	Cornwall	37:33	98	424	S Henshaw	North Wales Counties	39:37
19	291	M Linbourne	Kent	37:35	99	315	G Wilkinson	Lancs	39:38
20	445	C McGuire	Northamptonshire	37:42	100	471	R Ironmonger	Nottinghamshire	39:39
21	690	J Taylor	Yorkshire	37:44	101	234	S McLoughlin	Hampshire	39:39
22	414	G Nagel	North East Counties	37:51	102	598	S Major	Surrey	39:40
23	683	J Hornby	Yorkshire	37:54	103	482	D Cooper	Oxfordshire	39:41
24	525	G Wight	Scottish West	37:56	104	313	D Todd	Lancashire	39:42
25	289	I Hamilton	Kent	37:56	105	501	M Ferguson	Scottish East	39:42
26	513	A Callan	Scottish West	37:57	106	387	J Pes	Middlesex	39:43
27	77	R Birchall	Cheshire	38:01	107	181	A Barden	Essex	39:45
28	360	A Woods	Merseyside	38:02	108	38	T Hyde	Berkshire	39:45
29	1	N Adams	Avon & Somerset	38:03	109	377	W Byansi	Middlesex	39:47
30	8	J Loader	Avon & Somerset	38:04	110	217	J Fitzsimmons	Greater Manchester	39:47
31	462	P Smith	Northern Ireland	38:05	111	143	N Holmes	Devon	39:48
32	132	K Lamb	Derbyshire	38:06	112	268	P Sibbett	Hertfordshire	39:49
33	691	P Thompsn	Yorkshire	38:07	113	302	P Banks	Lancashire	39:49
34	616	C Woodd	Sussex	38:08	114	641	D Naylor	West Glamorgan	39:52
35	293	D Robertson	Kent	38:08	115	600	R Phillips	Surrey	39:54
36	292	B Reynolds	Kent	38:09	116	497	S Cohen	Scottish East	39:55
37	687	A Peace	Yorkshire	38:10	117	211	R Archer	Greater Manchester	39:55
38	455	J Campbell	Northern Ireland	38:12	118	81	M Fowler	Cheshire	39:56
39	220	M Peters	Greater Manchester	38:13	119	258	A Holt	Hertfordshire	39:57
40	287	S Barden	Kent	38:16	120	273	D Bilton	Humberside	39:58
41	13	S Shepley	Avon & Somerset	38:18	121	134	P Rowland	Derbyshire	39:58
42	478	A Tarry	Nottinghamshire	38:20	122	150	D Wilkinson	Devon	39:59
43	594	N Hopkins	Surrey	38:21	123	128	M Gosling	Derbyshire	39:59
44	295	M Steinle	Kent	38:23	124	102	C Low	Cornwall	40:01
45	131	M Jubb	Derbyshire	38:24	125	591	J Brooks	Surrey	40:01
46	679	B Foster	Yorkshire	38:24	126	30	M Yelling	Bedfordshire	40:02
47	61	A Barber	Cambridgeshire	38:25	127	311	K Moss	Lancashire	40:02
48	407	S Bell	North East Counties	38:27	128	503	D Leggate	Scottish East	40:03
49	499	P Dymoke	Scottish East	38:30	129	187	P Haynes	Essex	40:04
50	218	P Green	Greater Manchester	38:32	130	231	J Jones	Hampshire	40:06
51	295	D Smith	Kent	38:33	131	190	G Lillywhite	Essex	40:10
52	46	C Addison	Buckinghamshire	38:33	132	376	C Beecham	Middlesex	40:12
53	623	S Kinson	Warwickshire	38:35	133	239	A Rowe	Hampshire	40:13
54	617	M Boulstridge	Warwickshire	38:37	134	615	L Veness	Sussex	40:14
55	147	M Rush	Devon	38:42	135	227	J Bradley	Hampshire	40:18
56	496	K Chapman	Scottish East	38:44	136	672	C Pennby	Worcestershire	40:21
57	352	M Griffiths	Merseyside	38:45	137	136	I Barrett	Cornwall	40:24
58	222	G Raven	Greater Manchester	38:46	138	99	J Gill	Middlesex	40:25
59	324	P Makepeace	Leicestershire	38:49	139	378	D Clark	Bedfordshire	40:26
60	5	J Emery	Avon & Somerset	38:49	140	20	R Hudson	Hertfordshire	40:27
61	209	S Robinson	Gloucestershire	38:50	141	267	C Peirson	North Wales Counties	40:27
62	494	P Wilson	Oxfordshire	38:51	142	429	I Oliver	Worcestershire	40:27
63	192	J Mills	Essex	38:52	143	671	B Nock	Worcestershire	40:27
64	346	R Berry	Merseyside	38:53	144	12	S Risa	Avon & Somerset	40:27
65	288	P Broce	Kent	38:54	145	358	K Usher	Merseyside	40:28
66	364	C Davies	Mid Glamorgan	38:55	146	118	B Thompson	Cumbria	40:30
67	318	G Deacon	Leicestershire	38:56	147	654	S Herring	Wiltshire	40:30
68	6	I Gillespie	Avon & Somerset	38:56	148	629	R Taylor	Warwickshire	40:33
69	408	R Bergstrand	North East Counties	38:57	149	87	G Ratcliffe	Cheshire	40:35
70	84	M Kinch	Cheshire	38:57	150	126	N Diver	Derbyshire	40:37
71	382	T Jackson	Middlesex	38:59	151	185	J Gentry	Essex	40:39
72	37	J Hyde	Berkshire	39:01	152	25	J Roots	Bedfordshire	40:40
73	114	C Roberts	Cumbria	39:02	153	301	M Aspinall	Lancashire	40:41
74	465	A Buckley	Nottinghamshire	39:03	154	557	D Allen	Staffordshire	40:41
75	229	J Jackson	Hampshire	39:04	155	350	I Ellington	Merseyside	40:44
76	237	C Plumpton	Hampshire	39:05	156	434	A Walling	North Wales Counties	40:45
77	454	A Campbell	Northern Ireland	39:06	157	51	G Dell	Buckinghamshire	40:45
78	125	A Clark	Derbyshire	39:07	158	202	A Gore	Gloucestershire	40:45
79	680	A Gill	Yorkshire	39:07	159	282	J Rogers	Humberside	40:47
80	294	M Skelton	Kent	39:08	160	270	Mat Smith	Hertfordshire	40:48

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Senior Men

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	72	M Salt	Cambridgeshire	40:52	241	276	I Grewer	Humberside	42:43
162	283	C Smalle	Humberside	40:53	242	130	S Johnson	Derbyshire	42:44
163	224	R Waters	Greater Manchester	40:53	243	342	D McIvor	Lincolnshire	42:51
164	379	A Coleman	Middlesex	40:55	244	31	A Brewer	Berkshire	42:53
165	498	J Cunningham	Scottish East	40:55	245	442	G Hall	Northamptonshire	42:56
166	17	A Cross	Bedfordshire	40:56	246	636	R Hackett	West Glamorgan	42:57
167	232	D Kennedy	Hampshire	40:57	247	541	D Wilde	Shropshire	42:59
168	330	N Stirk	Leicestershire	40:59	248	259	S James	Herefordshire	43:01
169	67	J Jones	Cambridgeshire	41:00	249	444	M Little	Northamptonshire	43:02
170	149	I Stoneman	Devon	41:02	250	437	T Benson	Northamptonshire	43:04
171	512	J Austin	Scottish West	41:02	251	640	K Lewis	West Glamorgan	43:05
172	74	P Thompson	Cambridgeshire	41:03	252	26	S Scadding	Bedfordshire	43:07
173	589	B Attwell	Surrey	41:04	253	196	R Bowstead	Gloucestershire	43:10
174	100	A Heard	Cornwall	41:05	254	115	A Schofield	Cumbria	43:12
175	353	M McDavitt	Merseyside	41:07	255	64	T Butler	Cambridgeshire	43:13
176	626	B Mills	Warwickshire	41:07	256	36	D Graham	Berkshire	43:15
177	265	M Padgett	Hertfordshire	41:09	257	206	M Ingram	Gloucestershire	43:16
178	86	R Price	Cheshire	41:09	258	105	J Squibb	Cornwall	43:15
179	466	S Davies	Nottinghamshire	41:11	259	88	S Ruscoe	Cheshire	43:15
180	590	B Brennan	Surrey	41:12	260	670	L Heathcock	Worcestershire	43:16
181	425	D Huws	North Wales Counties	41:13	261	163	A Trent	Dorset	43:18
182	564	J Parker	Staffordshire	41:14	262	491	N Russell	Oxfordshire	43:24
183	112	G Mason	Cumbria	41:15	263	22	L Natale	Bedfordshire	43:32
184	89	C Stead	Cheshire	41:15	264	449	T Westbury	Northamptonshire	43:33
185	397	N Davy	Norfolk	41:16	265	197	C Davis	Gloucestershire	43:35
186	347	C Brooker	Merseyside	41:16	266	479	A Wetherill	Nottinghamshire	43:36
187	476	C Riley	Nottinghamshire	41:19	267	579	S McSepphney	Suffolk	43:37
188	404	K Sherry	Norfolk	41:20	268	97	C Dryden	Cornwall	43:38
189	66	D Coventon	Cambridgeshire	41:21	269	71	M Perrin	Cambridgeshire	43:40
190	656	J Osborn	Wiltshire	41:21	270	362	P Crane	Mid Glamorgan	43:41
191	655	G Newell	Wiltshire	41:21	271	536	P Jones	Shropshire	43:42
192	120	C Winward	Cumbria	41:22	272	203	B Griffiths	Gloucestershire	43:43
193	210	D Walmsley	Gloucestershire	41:23	273	321	K Hayes	Leicestershire	43:48
194	459	G McLearnon	Northern Ireland	41:26	274	372	C Salter	Mid Glamorgan	43:49
195	309	A Keene	Lancashire	41:27	275	580	R Mott	Suffolk	43:54
196	595	E Knox	Surrey	41:27	276	481	N Balmbridge	Oxfordshire	43:56
197	261	J Kilby	Hertfordshire	41:29	277	159	M Pauley	Dorset	44:00
198	441	T Egan	Northamptonshire	41:29	278	517	I Murphy	Scottish West	44:01
199	262	K McLellan	Hertfordshire	41:31	279	48	P Bilton	Buckinghamshire	44:14
200	516	D McGonale	Scottish West	41:35	280	133	S Leverton	Derbyshire	44:16
201	274	B Donkin	Humberside	41:36	281	538	C Lancaster	Shropshire	44:29
202	266	P Pearce	Hertfordshire	41:37	282	394	S Calver	Norfolk	44:31
203	606	P Froud	Sussex	41:37	283	156	J Kerley	Dorset	44:34
204	575	K Kyereme	Suffolk	41:37	284	52	J Dooley	Buckinghamshire	44:35
205	601	S Wilson	Surrey	41:38	285	201	I Gilles	Gloucestershire	44:52
206	558	E Callum	Staffordshire	41:38	286	371	N Powe	Mid Glamorgan	45:04
207	578	C Ling	Suffolk	41:44	287	584	B Rogers	Suffolk	45:19
208	487	T Metcalfe	Oxfordshire	41:50	288	155	M Jordan	Dorset	45:30
209	665	P Collins	Worcestershire	41:51	289	162	R Stow	Dorset	45:31
210	676	P Wright	Worcestershire	41:54	290	474	J Picklesley	Nottinghamshire	45:32
211	279	J McGivern	Humberside	41:56	291	168	D Griffiths	Dyfed	45:50
212	490	N Pryce-Jones	Oxfordshire	41:57	292	530	P Cox	Shropshire	46:01
213	649	R Crosbie	Wiltshire	41:57	293	576	D Laing	Suffolk	46:04
214	653	B Gardner	Wiltshire	41:58	294	660	G Sutherland	Wiltshire	46:12
215	662	G Barnes	Worcestershire	42:01	295	108	J Kenny	Cumbria	46:20
216	90	G Withers	Cheshire	42:02	296	160	R Pepper	Dorset	46:25
217	430	J Peters	North Wales Counties	42:03	297	369	A Jones	Mid Glamorgan	46:47
218	141	P Ford	Devon	42:04	298	375	M Williams	Mid Glamorgan	46:52
219	577	S Langley	Suffolk	42:04	299	531	P Cross	Shropshire	47:09
220	11	E Richards	Avon & Somerset	42:06	300	368	D Jones	Mid Glamorgan	47:13
221	47	S Andrew	Buckinghamshire	42:08	301	245	A Cooke	Herefordshire	48:19
222	611	R Lacey	Sussex	42:09	302	250	M Pearce	Herefordshire	48:50
223	331	M Barnsdale	Lincolnshire	42:10	303	198	L Davis	Gloucestershire	50:12
224	58	A Roit	Buckinghamshire	42:12	304	638	A Jenkins	West Glamorgan	01:30
225	448	W Stevens	Northamptonshire	42:14					
226	233	R Long	Hampshire	42:18					
227	157	G Moxham	Dorset	42:19					
228	271	S Abbey	Humberside	42:21					
229	396	N Davison	Norfolk	42:22					
230	674	A Ward	Worcestershire	42:23					
231	49	D Brown	Buckinghamshire	42:23					
232	571	T Werrett	Staffordshire	42:28					
233	535	D Hamling	Shropshire	42:30					
234	467	P Fox	Nottinghamshire	42:33					
235	438	N Berrill	Northamptonshire	42:35					
236	586	M Siviraj	Suffolk	42:35					
237	95	C Coleman	Cornwall	42:36					
238	475	P Newton	Nottinghamshire	42:36					
239	68	S O'Connor	Cambridgeshire	42:40					
240	439	N Coe	Northamptonshire	42:40					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Senior Women

Pos.	County	4	5	10	25	26	29	Pts
1	Yorkshire	4	5	10	25	26	29	99 pts
2	North East Counties	13	22	34	51	75	108	303 pts
3	Greater Manchester	6	28	32	57	94	109	326 pts
4	Hampshire	33	38	60	68	69	83	351 pts
5	Surrey	21	37	65	72	90	98	383 pts
6	Essex	18	39	77	84	107	117	442 pts
7	Cornwall	11	23	27	89	100	213	463 pts
8	Cheshire	1	7	58	64	156	178	464 pts
9	Lancashire	20	31	46	111	134	151	493 pts
10	Nottinghamshire	16	54	74	121	128	138	531 pts
11	Avon & Somerset	47	49	61	79	149	160	545 pts
12	Kent	55	85	86	113	115	127	581 pts
13	Sussex	2	91	97	106	164	172	632 pts
14	Scottish East District	36	44	103	118	154	184	639 pts
15	Hertfordshire	12	42	43	56	236	260	649 pts
16	Oxfordshire	35	45	102	119	174	188	663 pts
17	Scottish West District	41	73	92	130	162	190	688 pts
18	Norfolk	19	71	122	139	168	193	712 pts
19	Devonshire	48	52	104	153	171	195	723 pts
20	Berkshire	62	78	133	141	163	179	756 pts
21	Staffordshire	70	82	101	124	175	206	758 pts
22	Warwickshire	53	93	136	155	159	191	787 pts
23	Wiltshire	59	80	87	129	237	261	853 pts
24	Bedfordshire	3	24	185	211	229	258	910 pts
25	Lincolnshire	63	95	187	220	221	227	1013 pts
26	Gloucestershire	112	146	181	183	207	216	1045 pts
27	Derbyshire	88	114	204	205	223	226	1060 pts
28	North Wales Counties	105	150	177	209	217	230	1088 pts
29	Cambridgeshire	137	165	169	202	225	232	1130 pts
30	Dorset	15	99	143	296	304	305	1162 pts
31	Shropshire	9	120	238	245	272	279	1163 pts
32	Leicestershire	17	148	241	251	257	267	1181 pts
33	Worcestershire	123	157	186	219	248	254	1187 pts
34	Suffolk	116	170	214	235	263	293	1291 pts
35	Humberside	66	192	252	253	270	285	1318 pts
36	Buckingham	126	222	246	264	278	280	1416 pts
37	Northamptonshire	167	224	242	243	265	281	1422 pts

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Senior Women

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	87	S Rigg	Cheshire	19:07	81	427	P Quinn	Northern Ireland	21:41
2	557	S Mc George	Sussex	19:09	82	510	S Green	Staffordshire	21:41
3	30	E Talbot	Bedfordshire	19:13	83	210	C Boyle	Hampshire	21:42
4	625	S Bentley	Yorkshire	19:23	84	168	S Bridger	Essex	21:42
5	631	A Hulley	Yorkshire	19:24	85	288	A Green	Kent	21:42
6	199	H Heasman	Greater Manchester	19:24	86	266	A Fletcher	Kent	21:44
7	86	S Parker	Cheshire	19:30	87	595	L Anderson	Wiltshire	21:44
8	346	F Williams	Mid Glamorgan	19:38	88	122	W Farrow	Derbyshire	21:45
9	489	A Wright	Shropshire	19:42	89	100	M Wooldridge	Cornwall	21:45
10	635	J Shields	Yorkshire	19:52	90	540	C Diss	Surrey	21:46
11	101	L Wright	Cornwall	20:03	91	563	T Slade	Sussex	21:46
12	239	L Elliott	Hertfordshire	20:05	92	474	G Walker	Scottish West District	21:46
13	381	A Duke	North East Counties	20:05	93	589	J Harrison	Warwickshire	21:46
14	359	A Whitcombe	Middlesex	20:09	94	194	J Ashworth	Greater Manchester	21:48
15	147	A Barnes	Dorset	20:10	95	309	M Kitchen	Lincolnshire	21:49
16	440	S Wightman	Nottinghamshire	20:13	96	326	P Morgan	Merseyside	21:50
17	297	R Makepeace	Leicestershire	20:15	97	553	A Johnson	Sussex	21:50
18	172	J Holden	Essex	20:16	98	546	J Ray	Surrey	21:51
19	372	A Joiner	Norfolk	20:17	99	150	J Hawthorne	Dorset	21:52
20	280	V Lawrence	Lancashire	20:17	100	91	B Gronow	Cornwall	21:54
21	543	Z Hyde	Surrey	20:22	101	517	J Pearson	Staffordshire	21:54
22	384	D Henaghan	North East Counties	20:23	102	446	C Gill	Oxfordshire	21:55
23	96	S Salmon	Cornwall	20:24	103	450	S Armitage	Scottish East District	21:56
24	28	S Reinsford	Bedfordshire	20:25	104	140	H Leach	Devonshire	21:56
25	638	L Woffenden	Yorkshire	20:28	105	401	I Redfern	North Wales Counties	22:00
26	637	P Thackray	Yorkshire	20:29	106	551	C Herbert	Sussex	22:00
27	97	M Sutton	Cornwall	20:30	107	178	N Snelling	Essex	22:01
28	202	A Rankin	Greater Manchester	20:30	108	385	L Marr	North East Counties	22:02
29	633	S King	Yorkshire	20:32	109	196	M Boleman	Greater Manchester	22:02
30	592	H Parry	West Glamorgan	20:33	110	538	S Dawson	Surrey	22:03
31	284	A Parkinson	Lancashire	20:34	111	288	P Walsh	Lancashire	22:03
32	203	J Rashleigh	Greater Manchester	20:37	112	187	A Jenkins	Gloucestershire	22:04
33	211	S Bradbury	Hampshire	20:42	113	267	N Forman	Kent	22:04
34	380	M Dodd	North East Counties	20:42	114	129	C Wildey	Derbyshire	22:06
35	445	L Gibson	Oxfordshire	20:44	115	272	F Palmer	Kent	22:07
36	456	L Kilner	Scottish East District	20:45	116	530	K Markland	Suffolk	22:07
37	544	C Pauzers	Surrey	20:46	117	167	L Branch	Essex	22:08
38	213	S Dilnot	Hampshire	20:47	118	460	Y Reilly	Scottish East District	22:08
39	179	D Sullivan	Essex	20:47	119	449	S Walters	Oxfordshire	22:09
40	428	A Terek	Northern Ireland	20:49	120	478	Y Hill	Shropshire	22:09
41	465	L Cairns	Scottish West District	20:50	121	439	N Switherbank	Nottinghamshire	22:10
42	235	M Ayling	Hertfordshire	20:53	122	362	S Bower	Norfolk	22:12
43	244	D Sanderson	Hertfordshire	20:56	123	623	J Swann	Worcestershire	22:13
44	452	A Carr	Scottish East District	20:59	124	512	J Hill	Staffordshire	22:14
45	444	H Chung	Oxfordshire	21:00	125	205	E Sockell	Greater Manchester	22:14
46	285	H Pattinson	Lancashire	21:03	126	46	S Aderghis	Buckingham	22:14
47	12	A Taswell	Avon & Somerset	21:04	127	263	H Blake	Kent	22:14
48	132	A Allen	Devonshire	21:05	128	435	C Naylor	Nottinghamshire	22:15
49	4	L Field	Avon & Somerset	21:06	129	600	P Herring	Wiltshire	22:15
50	502	A Sullivan	South Glamorgan	21:06	130	466	C Gemmell	Scottish West District	22:16
51	382	S Griffiths	North East Counties	21:07	131	270	K Jenrick	Kent	22:16
52	134	L Clements	Devonshire	21:09	132	217	E Flather	Hampshire	22:18
53	571	R Jordan	Warwickshire	21:10	133	41	W Marshall	Berkshire	22:20
54	436	S Orridge	Nottinghamshire	21:12	134	279	S Entwistle	Lancashire	22:20
55	264	S Brice	Kent	21:13	135	166	N Barrett	Essex	22:21
56	240	L Holtick	Hertfordshire	21:14	136	574	D O'Shea	Warwickshire	22:21
57	198	L Gorge	Greater Manchester	21:14	137	72	C Maxwell	Cambridgeshire	22:22
58	84	J Newton	Cheshire	21:15	138	437	J Pidgeon	Nottinghamshire	22:23
59	603	Z Marchant	Wiltshire	21:15	139	364	C Duncan	Norfolk	22:24
60	209	K Bailey	Hampshire	21:17	140	536	J Cruise	Surrey	22:27
61	8	V Mc Connell	Avon & Somerset	21:17	141	36	C Donald	Berkshire	22:28
62	34	A Chapman	Berkshire	21:20	142	269	C Houghton	Kent	22:28
63	315	R Wallace	Lincolnshire	21:22	143	149	C Doe	Dorset	22:28
64	85	A O'Kearney Flynn	Cheshire	21:23	144	197	G Cook	Greater Manchester	22:30
65	539	R Disley	Surrey	21:25	145	639	C Young	Yorkshire	22:31
66	258	M Hayward	Humberside	21:26	146	191	J Shaw	Gloucestershire	22:33
67	419	R Carney	Northern Ireland	21:27	147	116	C Young	Cumbria	22:34
68	218	D James	Hampshire	21:29	148	296	S Horsey	Leicestershire	22:34
69	212	M Bradley	Hampshire	21:31	149	14	D Vriens	Avon & Somerset	22:34
70	506	K Burge	Staffordshire	21:31	150	393	E Davies	North Wales Counties	22:34
71	376	R Speers	Norfolk	21:33	151	289	C Wilkinson	Lancashire	22:35
72	549	S Young	Surrey	21:33	152	388	H Scaife	North East Counties	22:36
73	472	A Mc Phail	Scottish West District	21:35	153	143	W Urban	Devonshire	22:36
74	432	L Leasley	Nottinghamshire	21:35	154	455	H Grant	Scottish East District	22:38
75	383	L Harding	North East Counties	21:36	155	577	M Syrratt	Warwickshire	22:38
76	361	H Yelling	Middlesex	21:36	156	90	J Thorn	Cheshire	22:38
77	176	A Otto	Essex	21:38	157	612	G Cudworth	Worcestershire	22:40
78	38	A Hill	Berkshire	21:39	158	283	C Oxer	Lancashire	22:41
79	11	J Pavay	Avon & Somerset	21:39	159	573	J Mumford	Warwickshire	22:43
80	606	A Stiles	Wiltshire	21:40	160	2	K Davison	Avon & Somerset	22:44

Senior Women

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	226	L Clarke	Herefordshire	22:46	241	303	G Vaughan	Leicestershire	24:28
162	464	C Blair	Scottish West District	22:49	242	405	L Carmichael	Northamptonshire	24:28
163	37	K Gallagher	Berkshire	22:50	243	414	P Randell	Northamptonshire	24:29
164	561	K Oxborough	Sussex	22:50	244	74	M Shiner	Cambridgeshire	24:30
165	67	V Green	Cambridgeshire	22:52	245	487	H Tedcastle	Shropshire	24:31
166	325	A Lyons	Merseyside	22:53	246	49	L Butt	Buckingham	24:32
167	408	A Folland	Northamptonshire	22:55	247	366	K Glen	Norfolk	24:32
168	369	J Horner	Norfolk	22:56	248	611	J Clarke	Worcestershire	24:34
169	64	D Braverman	Cambridgeshire	22:57	249	45	D Taylor	Berkshire	24:37
170	528	H Johnson	Suffolk	22:59	250	130	R Wood	Derbyshire	24:39
171	139	K Hodgkins	Devonshire	23:02	251	291	A Crofts	Leicestershire	24:40
172	560	C Naylor	Sussex	23:03	252	291	A Crofts	Leicestershire	24:40
173	223	L Yates	Hampshire	23:03	253	252	S Collins	Humberside	24:40
174	442	M Birdsell	Oxfordshire	23:03	254	254	D Dodds	Humberside	24:40
175	511	C Haddow	Staffordshire	23:04	254	615	S Jones	Worcestershire	24:42
176	324	V Langley	Merseyside	23:04	255	160	W Huggins	Dyfed	24:46
177	395	H Griffiths	North Wales Counties	23:05	256	331	B Wood	Merseyside	24:47
178	80	S Hales	Cheshire	23:07	257	304	J Wanstall	Leicestershire	24:56
179	40	W Leslie	Berkshire	23:09	258	23	G Driscoll	Bedfordshire	24:56
180	433	M Mills	Nottinghamshire	23:09	259	66	L Denny	Bedfordshire	24:58
181	192	D Southgate	Gloucestershire	23:10	260	245	Y Stainer	Bedfordshire	24:58
182	105	A Howarth	Gloucestershire	23:12	261	607	P Townsend	Bedfordshire	24:58
183	188	M Johnson-Myers	Cumbria	23:13	262	193	J Thomas	Wiltshire	25:02
184	457	S Lamb	Gloucestershire	23:13	263	523	K Dalton	Gloucestershire	25:03
185	29	J Stoker	Scottish East District	23:14	264	47	D Baldwin	Suffolk	25:04
186	614	S Howarth	Bedfordshire	23:15	265	417	L Steggles	Buckingham	25:04
187	316	K Warhurst	Worcestershire	23:16	266	609	A Williams	Northamptonshire	25:04
188	443	A Briscoe	Lincolnshire	23:17	267	301	G Taylor	Wiltshire	25:05
189	78	J Burthem	Oxfordshire	23:17	268	229	J Hopkins	Leicestershire	25:05
190	468	E Reid	Cheshire	23:18	269	233	A Stevenson	Herefordshire	25:06
191	579	V Wilson	Scottish West District	23:20	270	321	J Allison	Herefordshire	25:07
192	256	D France	Warwickshire	23:21	271	421	J Greeves	Humberside	25:09
193	363	J Clarke	Humberside	23:21	272	484	S Madeley	Merseyside	25:14
194	180	J Sullivan	Norfolk	23:21	273	21	E Cordero-Crespo	Shropshire	25:16
195	142	C Smith	Essex	23:21	274	336	L Gooch-Harding	Bedfordshire	25:20
196	231	J Littlewood	Devonshire	23:22	275	94	K Mc Farland	Mid Glamorgan	25:22
197	378	E Armstrong	Herefordshire	23:22	276	588	J Grange	Cornwall	25:22
198	576	J Simpson	North East Counties	23:24	277	71	P Jackson	West Glamorgan	25:22
199	138	H Dyke	Warwickshire	23:26	278	52	L Gazzani	Cambridgeshire	25:26
200	367	C Griffiths	Devonshire	23:26	279	479	G Hough	Buckingham	25:27
201	31	S Baigent	Norfolk	23:27	280	48	J Bird	Shropshire	25:30
202	61	K Anderson	Berkshire	23:29	281	416	G Stanton	Buckingham	25:32
203	448	S Pitts	Cambridgeshire	23:30	282	125	P Mee	Derbyshire	25:34
204	121	Y Crawley	Oxfordshire	23:33	283	99	J Warren	Derbyshire	25:35
205	128	R Scafe	Derbyshire	23:34	284	92	A Horton	Cornwall	25:40
206	508	E Cowens	Derbyshire	23:35	285	250	P Brooks	Cornwall	25:42
207	184	N Embury	Staffordshire	23:35	286	411	M James	Humberside	25:43
208	135	H Collins	Gloucestershire	23:36	287	114	A Walters	Northamptonshire	25:50
209	403	A Whitelaw	Devonshire	23:38	288	515	L Lee	Cumbria	25:54
210	425	D Mc Nulty	North Wales Counties	23:38	289	251	C Burton	Staffordshire	25:56
211	20	L Cook	Northern Ireland	23:38	290	260	L Parry	Humberside	26:09
212	165	D Phillips	Bedfordshire	23:40	291	604	J Priday	Humberside	26:19
213	93	J Lean	Dyfed	23:41	292	182	C Colquhoun	Wiltshire	26:22
214	529	G Leathers	Cornwall	23:42	293	521	L Aiker	Gloucestershire	26:27
215	578	L White	Suffolk	23:43	294	335	J Dimond	Suffolk	26:36
216	183	L Dunn	Warwickshire	23:47	295	127	M Picken	Mid Glamorgan	26:45
217	397	J Lloyd	Gloucestershire	23:49	296	154	G Moore	Derbyshire	26:48
218	109	D Priestley	North Wales Counties	23:50	297	16	H Adams	Dorset	26:52
219	620	S Rogers	Cumbria	23:51	298	345	G Warlow	Bedfordshire	26:57
220	312	C Potts	Worcestershire	23:51	299	410	A Irvine	Mid Glamorgan	27:07
221	313	S Revill	Lincolnshire	23:52	300	406	J Coolen	Northamptonshire	27:12
222	54	L Jolley	Lincolnshire	23:53	301	259	J Morley	Northamptonshire	27:25
223	126	S Mellors	Buckingham	23:55	302	56	G Moxon	Humberside	27:44
224	418	J Stevens	Derbyshire	23:57	303	534	V Woodgate	Buckingham	27:56
225	65	S Burnett	Northamptonshire	24:00	304	152	T Lindop	Suffolk	28:03
226	117	H Bishop	Cambridgeshire	24:01	305	151	S Levett	Dorset	29:57
227	314	S Sails	Derbyshire	24:04	306	341	S Reynolds	Dorset	30:49
228	15	A Vuagniaux	Lincolnshire	24:04	307	153	Y Miles	Mid Glamorgan	31:20
229	25	V Kilgour	Avon & Somerset	24:06				Dorset	32:34
230	399	V Musgrove	Bedfordshire	24:07					
231	396	K Jones	North Wales Counties	24:08					
232	69	J Heron	North Wales Counties	24:09					
233	186	A Hirst	Cambridgeshire	24:11					
234	441	S Alberry	Gloucestershire	24:12					
235	532	G Sparkes	Oxfordshire	24:13					
236	243	V Quincey	Suffolk	24:14					
237	601	P Jones	Herfordshire	24:17					
238	477	J Hutton	Wiltshire	24:18					
239	39	J Isaac	Shropshire	24:20					
240	7	C Mc Carthy	Berkshire	24:20					
			Avon & Somerset	24:22					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Junior Men

Pos.	County	16	20	24	33	Pts
1	Greater Manchester	16	20	24	33	93 pts
2	Scottish East District	10	21	46	61	138 pts
3	Middlesex	12	13	28	92	145 pts
4	North East Counties	22	34	41	50	147 pts
5	Warwickshire	14	23	44	82	163 pts
6	Avon & Somerset	7	18	67	72	164 pts
7	Hampshire	4	25	60	79	168 pts
8	Kent	3	8	78	85	174 pts
9	Lancashire	15	57	63	68	203 pts
10	Leicestershire	26	31	83	110	250 pts
11	Yorkshire	27	45	87	99	258 pts
12	Surrey	37	55	75	106	273 pts
13	Essex	49	52	70	107	278 pts
14	Derbyshire	5	59	64	152	280 pts
15	Sussex	32	42	103	109	286 pts
16	Berkshire	54	66	91	113	324 pts
17	Devon	9	74	121	131	335 pts
18	Staffordshire	39	69	98	143	349 pts
19	Shropshire	11	62	126	170	369 pts
20	Merseyside	80	89	100	102	371 pts
21	Worcestershire	2	97	116	159	374 pts
22	Cambridgeshire	48	73	137	190	448 pts
23	Norfolk	47	65	157	191	460 pts
24	Hertfordshire	58	120	134	151	463 pts
25	Nottinghamshire	76	81	153	156	466 pts
26	Bedfordshire	53	96	124	196	469 pts
27	Suffolk	56	140	154	162	512 pts
28	South Glamorgan	17	155	169	194	535 pts
29	Northamptonshire	115	149	164	177	605 pts
30	Humberside	88	174	184	195	641 pts
31	Cornwall	125	186	203	207	721 pts

Junior Men

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	420	M O'Dowd	Wiltshire	27:08	81	301	B Trapnell	Nottinghamshire	30:27
2	431	M Vaux-Harvey	Worcestershire	27:19	82	397	E Bowen	Warwickshire	30:28
3	179	A Graffin	Kent	27:38	83	206	C O'Neill	Leicestershire	30:31
4	139	K Nash	Hampshire	27:47	84	212	R Morley	Lincolnshire	30:32
5	69	K Farrow	Derbyshire	27:50	85	182	P Martin	Kent	30:34
6	421	C Sykes	Wiltshire	27:56	86	138	R Merrett	Hampshire	30:38
7	6	B Noad	Avon & Somerset	28:00	87	436	R Lawrence	Yorkshire	30:38
8	180	Andrew Graffin	Kent	28:05	88	170	P Hinch	Humblyside	30:39
9	84	K Stone	Devon	28:14	89	216	J Boardman	Merseyside	30:39
10	318	A Milligan	Scottish East District	28:18	90	267	M Osborne	North East Counties	30:41
11	333	W Levett	Shropshire	28:19	91	25	M Bosley	Berkshire	30:44
12	241	S Sharpe	Middlesex	28:28	92	242	M Smith	Middlesex	30:45
13	246	B Whitby	Middlesex	28:34	93	319	S Murray	Scottish East District	30:46
14	402	M Miles	Warwickshire	28:36	94	311	S Smith	Oxfordshire	30:46
15	192	N Tattersall	Lancashire	28:38	95	239	S Jones	Middlesex	30:48
16	122	G Cuddy	Greater Manchester	28:40	96	24	A Wray	Bedfordshire	30:51
17	345	N Lane	South Glamorgan	28:44	97	429	R Mallard	Worcestershire	30:54
18	5	A Hennessey	Avon & Somerset	28:46	98	352	S Evans	Staffordshire	30:55
19	66	J Overton	Cumbria	28:46	99	439	G Parkinson	Yorkshire	30:56
20	129	S Stokes	Greater Manchester	28:47	100	221	P Mc Guinness	Merseyside	30:57
21	321	S Smith	Scottish East District	28:49	101	185	J Trendall	Kent	30:57
22	262	D Flint	North East Counties	28:51	102	227	N Welton	Merseyside	30:59
23	407	A White	Warwickshire	28:51	103	396	P Stacey	Sussex	31:00
24	131	C Wheeler	Greater Manchester	28:54	104	190	G Ridings	Lancashire	31:01
25	135	M East	Hampshire	28:55	105	183	A Mc Dougall	Kent	31:01
26	200	C Brown	Leicestershire	28:57	106	376	A Jones	Surrey	31:04
27	438	I Mitchell	Yorkshire	29:00	107	108	R Gould	Essex	31:06
28	243	S Tompsett	Middlesex	29:01	108	144	D Wightman	Hampshire	31:07
29	326	S Kennedy	Scottish West District	29:01	109	391	S Neat	Sussex	31:08
30	67	D Rose	Cumbria	29:03	110	203	S Green	Leicestershire	31:08
31	198	T Boyce	Leicestershire	29:03	111	437	S Lowe	Yorkshire	31:09
32	389	K Holland	Sussex	29:08	112	113	D Walker	Essex	31:10
33	128	B Smith	Greater Manchester	29:12	113	31	A Hines	Berkshire	31:12
34	264	M Mc Garry	North East Counties	29:13	114	137	I Hardcastle	Hampshire	31:13
35	126	M Moorhouse	Greater Manchester	29:19	115	279	M Clarke	Northamptonshire	31:14
36	327	D Roache	Scottish West District	29:21	116	424	C Bagshaw	Worcestershire	31:14
37	380	A Moses	Surrey	29:23	117	315	A Ford	Scottish East District	31:14
38	127	M Plano	Greater Manchester	29:24	118	378	M Maranzano	Surrey	31:15
39	353	D Everett	Staffordshire	29:25	119	236	P Brown	Middlesex	31:15
40	324	M Bain	Scottish West District	29:25	120	150	M Allen	Hertfordshire	31:15
41	268	C Sampson	North East Counties	29:25	121	76	K Dyke	Devon	31:21
42	386	M Buss	Sussex	29:28	122	403	S Murrin	Warwickshire	31:23
43	213	D Platts	Lincolnshire	29:28	123	443	S Yoxall	Yorkshire	31:26
44	405	A Thake	Warwickshire	29:31	124	18	A Filby	Bedfordshire	31:31
45	432	A Atkinson	Yorkshire	29:31	125	61	D Simons	Cornwall	31:31
46	314	A Donaldson	Scottish East District	29:32	126	334	A Naylor	Shropshire	31:32
47	258	I Westgate	Norfolk	29:33	127	65	L Gibson	Cumbria	31:33
48	42	J Amps	Cambridgeshire	29:34	128	406	D Trappett	Warwickshire	31:33
49	103	T Bartram	Essex	29:34	129	10	M Shore	Avon & Somerset	31:34
50	260	R Brown	North East Counties	29:35	130	3	E Elliott	Avon & Somerset	31:38
51	266	C Old	North East Counties	29:36	131	78	D Gobran	Devon	31:38
52	104	M Bearling	Essex	29:40	132	176	P Cavallo	Kent	31:44
53	17	P Farmer	Bedfordshire	29:42	133	35	D Siddows	Berkshire	31:45
54	28	D Getliffe	Berkshire	29:43	134	151	G Dean	Hertfordshire	31:47
55	383	R Yerr	Surrey	29:48	135	237	H Dias	Middlesex	31:47
56	365	D Griffin	Suffolk	29:49	136	49	G Carless	Cheshire	31:50
57	189	J Prowse	Lancashire	29:51	137	44	J Durham	Cambridgeshire	31:53
58	161	L Wells	Hertfordshire	29:55	138	136	T Feasey	Hampshire	31:53
59	70	N Moghal	Derbyshire	29:55	139	374	G Dickinson	Surrey	31:55
60	140	M Noyce	Hampshire	29:56	140	368	N Laud	Suffolk	31:55
61	317	D Mc Gregor	Scottish East District	29:57	141	219	J Holt	Merseyside	31:56
62	331	C Davies	Shropshire	29:59	142	273	C Childs	North Wales Counties	31:57
63	187	E Malloch	Lancashire	30:01	143	360	M Waite	Staffordshire	31:58
64	73	B Radbourne	Derbyshire	30:02	144	225	D Thomas	Merseyside	31:58
65	252	R Joy	Norfolk	30:03	145	26	P Comper	Berkshire	32:01
66	27	D Fallon	Berkshire	30:04	146	114	M Wright	Essex	32:03
67	11	J Thie	Avon & Somerset	30:04	147	8	P Preddy	Avon & Somerset	32:04
68	195	S Wearden	Lancashire	30:05	148	350	D Bratt	Staffordshire	32:06
69	349	M Allen	Staffordshire	30:07	149	283	C Perez	Northamptonshire	32:08
70	105	G Brown	Essex	30:07	150	220	P Lamb	Merseyside	32:10
71	270	N Stoddart	North East Counties	30:09	151	157	R Pitt	Hertfordshire	32:11
72	12	D Williams	Avon & Somerset	30:10	152	71	C Morrison	Derbyshire	32:12
73	48	D Rowland	Cambridgeshire	30:14	153	298	J Peach	Nottinghamshire	32:13
74	82	S Longthorpe	Devon	30:16	154	371	D Wardle	Suffolk	32:15
75	382	B Woodd	Surrey	30:18	155	347	R Pashley	South Glamorgan	32:16
76	295	R Geary	Nottinghamshire	30:20	156	294	O Edwards	Nottinghamshire	32:20
77	121	D Canning	Greater Manchester	30:22	157	251	K Hoyer	Norfolk	32:22
78	174	D Awill	Kent	30:23	158	153	M Green	Hertfordshire	32:23
79	141	S Pocock	Hampshire	30:24	159	430	M Nightingale	Worcestershire	32:25
80	217	M Buntin	Merseyside	30:25	160	434	A Dainty	Yorkshire	32:29

UK Inter Counties Cross Country Championship

Junior Men

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Pos.	#	Name	County	Pos.	#	Name	County	Time
161	377	A Kelsey	Surrey					32:33
162	369	M Raine	Suffolk					32:36
163	271	C Bradshaw	North Wales Counties					32:37
164	285	C Wilson	Northamptonshire					32:40
165	355	E Jeffcoat	Staffordshire					32:42
166	193	A Trafford	Lancashire					32:46
167	205	T Mc Dowell	Leicestershire					32:48
168	116	B Powell	Gloucestershire					32:49
169	341	V Edwards	South Glamorgan					32:49
170	329	M Afford	Shropshire					32:54
171	222	M Molyneux	Merseyside					32:55
172	297	J Hoving	Nottinghamshire					32:58
173	77	N Dyke	Devon					32:59
174	164	J Cant	Humberside					33:02
175	425	S Bradley	Worcestershire					33:04
176	2	A Coles	Avon & Somerset					33:09
177	284	J Seamarks	Northamptonshire					33:12
178	245	J Walsh	Middlesex					33:13
179	158	A Slack	Hertfordshire					33:20
180	357	D Moore	Staffordshire					33:22
181	413	S Caffrey	Wiltshire					33:22
182	385	M Bristow	Sussex					33:30
183	230	D Gorman	Mid Glamorgan					33:41
184	173	C Willers	Humberside					33:50
185	72	C Needham	Derbyshire					34:03
186	64	D Toy	Cornwall					34:07
187	106	G Chatterton	Essex					34:27
188	293	K Brown	Nottinghamshire					34:32
189	88	P Burden	Dorset					34:43
190	46	S Newitt	Cambridgeshire					34:52
191	248	N Aylott	Norfolk					34:55
192	233	R Priest	Mid Glamorgan					34:58
193	83	C Stoccombe	Devon					34:59
194	344	S Kelly	South Glamorgan					35:04
195	166	M Everett	Humberside					35:11
196	14	R Aulry	Bedfordshire					35:15
197	39	I Pheasey	Buckinghamshire					35:17
198	47	M Nikel	Cambridgeshire					35:38
199	52	G Mitchell	Cheshire					35:42
200	20	S Jay	Bedfordshire					35:44
201	428	N Hazlewood	Worcestershire					35:46
202	171	R O'Mara	Humberside					36:02
203	60	K Salmon	Cornwall					36:23
204	372	R Westernman	Suffolk					36:30
205	162	P Bellamy	Humberside					36:36
206	346	S Miles	South Glamorgan					36:39
207	58	A Jasynewycz	Cornwall					36:43
208	272	S Brooksbank	North Wales Counties					36:53
209	159	L Suter	Hertfordshire					37:00
210	362	J Burnett	Suffolk					37:08
211	257	D Tatum	Norfolk					37:15
212	32	A Laing	Berkshire					37:20
213	197	P Berry	Leicestershire					37:24
214	348	T Wilson	South Glamorgan					37:27
215	53	M Orford	Cheshire					37:28
216	255	R Rannis	Norfolk					37:28
217	366	S Halford	Suffolk					40:08
218	409	J Jones	West Glamorgan					41:00
219	45	M Hartigan	Cambridgeshire					44:38

UK Inter Counties Cross Country Championship
Saturday 13th January, 1996. Wiggmore Valley Park, Luton
Junior Women

Pos.	County					Pts
1	Greater Manchester	6	15	20	26	67 pts
2	Yorkshire	16	17	23	31	87 pts
3	Avon & Somerset	3	12	33	45	93 pts
4	Lancashire	19	32	38	39	128 pts
5	North East Counties	1	34	41	68	144 pts
6	Merseyside	22	37	51	59	169 pts
7	Warwickshire	24	27	54	83	188 pts
8	Kent	7	11	71	99	188 pts
9	Staffordshire	21	28	58	123	230 pts
10	Essex	35	64	73	75	247 pts
11	Cheshire	4	8	93	142	247 pts
12	Derbyshire	44	50	77	79	250 pts
13	Northamptonshire	10	49	100	106	265 pts
14	Bedfordshire	5	61	88	115	269 pts
15	Humberside	9	87	113	131	340 pts
16	Hampshire	62	67	103	110	342 pts
17	Surrey	43	96	102	118	359 pts
18	Leicestershire	36	91	124	151	402 pts
19	Norfolk	81	107	119	133	440 pts
20	Buckingham	46	122	139	153	460 pts

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996, Wiggmore Valley Park, Luton

Junior Women

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	198	A Tremble	North East Counties	17:41	81	182	R Buller	Norfolk	20:52
2	176	B Dagne	Middlesex	17:46	82	189	A Dickie	North East Counties	20:58
3	5	L Hasell	Avon & Somerset	18:12	83	287	K Monk	Warwickshire	20:59
4	40	J Groves	Cheshire	18:17	84	84	S Wells	Essex	21:00
5	13	C Anley	Bedfordshire	18:24	85	230	L Littlewood	Shropshire	21:02
6	89	N Jones	Greater Manchester	18:26	86	194	V Johnson	North East Counties	21:03
7	133	R Macphie	Kent	18:27	87	118	H Nichols	Humberside	21:04
8	47	V Robinson	Cheshire	18:32	88	21	J Parkin	Bedfordshire	21:06
9	115	B Gray	Humberside	18:34	89	273	K Curran	Sussex	21:07
10	207	J Oldfield	Northamptonshire	18:40	90	169	D Quirk	Mid Glamorgan	21:08
11	132	J Harnett	Kent	18:43	91	149	R Jelley	Leicestershire	21:09
12	8	D Lee	Avon & Somerset	18:45	92	71	S Jones	Dyfed	21:11
13	225	F Andrews	Scottish West	18:45	93	45	V Mulholland	Cheshire	21:16
14	212	D Betts	Nottinghamshire	18:46	94	195	K Mathew	North East Counties	21:16
15	95	A Waterlow	Greater Manchester	18:47	95	200	F Donovan	North Wales Counties	21:16
16	315	J Grey	Yorkshire	18:49	96	264	H Green	Surrey	21:18
17	316	J Inman	Yorkshire	18:50	97	111	E Murray	Hertfordshire	21:25
18	39	M Neal	Cambridgeshire	18:50	98	76	A Cook	Essex	21:27
19	144	K Smithson	Lancashire	18:50	99	134	C McInnes	Kent	21:28
20	91	A Kershaw	Greater Manchester	18:54	100	205	L Kerfoot	Northamptonshire	21:29
21	240	L Hale	Staffordshire	19:04	101	93	J Rickards	Greater Manchester	21:32
22	157	L Carney	Merseyside	19:05	102	265	K Lee	Surrey	21:33
23	312	A Connolly	Yorkshire	19:05	103	98	A Cornell	Hampshire	21:35
24	288	P Richardson	Warwickshire	19:08	104	24	L Elliott	Berkshire	21:38
25	220	K Henville	Oxfordshire	19:10	105	64	T Travis	Devonshire	21:45
26	88	J Gibson	Greater Manchester	19:10	106	203	T Brookes	Northamptonshire	21:46
27	283	S Creamer	Warwickshire	19:11	107	187	M Kitchener	Norfolk	21:48
28	246	H Ward	Staffordshire	19:14	108	215	C Marriott	Nottinghamshire	21:48
29	112	R Nicholson	Hertfordshire	19:16	109	252	H Irving	Suffolk	21:50
30	290	V Conneely	West Glamorgan	19:18	110	100	J Duff	Hampshire	21:50
31	321	V Wilkinson	Yorkshire	19:22	111	82	S Owles	Essex	21:51
32	143	K Prescott	Lancashire	19:22	112	130	S Fletcher	Kent	21:52
33	3	P Gowing	Avon & Somerset	19:23	113	116	A Gwilliam	Humberside	21:55
34	190	C Dickie	North East Counties	19:31	114	299	H Taylor	Wiltshire	21:57
35	78	G Greenhaugh	Essex	19:35	115	22	J Swain	Bedfordshire	21:59
36	150	C Matchett	Leicestershire	19:36	116	298	S Angell	Wiltshire	22:00
37	163	C Taylor	Merseyside	19:36	117	286	Z Kirkham	Warwickshire	22:04
38	140	K Nicol	Lancashire	19:38	118	261	D Burbridge	Surrey	22:11
39	138	R Hodgkinson	Lancashire	19:38	119	184	J Campbell-Smith	Norfolk	22:11
40	177	R Garland	Middlesex	19:39	120	135	N Miller	Kent	22:13
41	193	S Jackson	North East Counties	19:39	121	14	J Becker	Bedfordshire	22:16
42	310	L Brown	Yorkshire	19:39	122	30	S Cox	Buckingham	22:17
43	269	S Stoddart	Surrey	19:45	123	242	K Porter	Staffordshire	22:18
44	62	L Palmer	Derbyshire	19:46	124	148	J Hubball	Leicestershire	22:33
45	4	S Harrod	Avon & Somerset	19:46	125	270	P Whitehouse	Surrey	22:35
46	33	C Neil	Buckingham	19:47	126	58	E Priestley	Cumbria	22:36
47	214	A Hutchinson	Nottinghamshire	19:50	127	54	M Short	Cornwall	22:38
48	320	J Smith	Yorkshire	19:51	128	204	S Guest	Northamptonshire	22:49
49	209	K Thorpe	Northamptonshire	19:52	129	131	C Hague	Kent	22:54
50	60	M Cantrill	Derbyshire	19:53	130	109	M Hall	Hertfordshire	23:00
51	160	H Lawrence	Merseyside	19:53	131	113	R Fairweather	Humberside	23:10
52	302	A Burt	Worcestershire	19:55	132	128	K Crickmore	Kent	23:11
53	314	S Glover	Yorkshire	19:59	133	181	A Browne	Norfolk	23:13
54	282	E Crawford	Warwickshire	20:00	134	263	V Goodwin	Surrey	23:15
55	257	J Smith	Suffolk	20:03	135	309	J Nightingale	Worcestershire	23:17
56	311	J Burbridge	Yorkshire	20:07	136	154	K Scarsbrook	Lincolnshire	23:19
57	249	K Burwood	Suffolk	20:08	137	217	E Collins	Oxfordshire	23:29
58	241	E Newton	Staffordshire	20:08	138	152	S Keal	Lincolnshire	23:32
59	161	C Smith	Merseyside	20:12	139	31	W Cox	Buckingham	23:35
60	92	D O'Connell	Greater Manchester	20:14	140	228	J Brewer	Shropshire	23:46
61	20	E Mayne	Bedfordshire	20:15	141	124	J Tremere	Humberside	23:52
62	97	K Campbell	Hampshire	20:17	142	43	J Manning	Cheshire	24:04
63	139	M Mann	Lancashire	20:18	143	268	P Moynihan	Surrey	24:20
64	75	J Carswell	Essex	20:21	144	266	L Lightman	Surrey	24:31
65	87	J Butterworth	Greater Manchester	20:24	145	104	A Kerry	Hampshire	24:43
66	179	M Peake	Middlesex	20:26	146	221	C O'Keefe	Oxfordshire	24:43
67	106	R McKenna	Hampshire	20:27	147	48	G Rowson	Cheshire	24:43
68	197	C Smallwood	North East Counties	20:29	148	306	K Hall	Worcestershire	25:10
69	272	J Curran	Sussex	20:34	149	183	E Burchell	Norfolk	25:37
70	224	L Still	Scottish East	20:36	150	123	E Thompson	Humberside	27:05
71	125	K Abbott	Kent	20:37	151	147	A Carter	Leicestershire	27:33
72	222	J Brown	Scottish East	20:39	152	69	B Bunston	Dyfed	28:18
73	83	A Tullock	Essex	20:39	153	34	C Nurse	Buckingham	28:25
74	191	L Hardy	North East Counties	20:44					
75	80	J Marie	Essex	20:45					
76	49	H Harvey	Cornwall	20:46					
77	63	Z Peatfield	Derbyshire	20:51					
78	28	V Owens	Berkshire	20:52					
79	59	K Buckley	Derbyshire	20:52					
80	173	E Turner	Mid Glamorgan	20:52					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 17 Men

Pos.	County					Pts
1	North East Counties	3	15	24	39	81 pts
2	Yorkshire	10	14	31	38	93 pts
3	Warwickshire	9	16	32	52	109 pts
4	Kent	4	5	43	59	111 pts
5	Greater Manchester	17	22	34	50	123 pts
6	Middlesex	1	6	58	73	138 pts
7	Leicestershire	8	12	19	125	164 pts
8	Essex	21	26	71	76	194 pts
9	Bedfordshire	23	35	48	112	218 pts
10	Surrey	7	40	93	113	253 pts
11	Cornwall	27	37	102	105	271 pts
12	Nottinghamshire	2	20	116	161	299 pts
13	Merseyside	51	70	88	96	305 pts
14	Lancashire	74	74	98	104	305 pts
15	Buckinghamshire	18	80	92	130	320 pts
16	Sussex	25	49	86	164	324 pts
17	Scottish East	46	47	91	156	340 pts
18	Hampshire	61	77	97	111	346 pts
19	Avon & Somerset	42	90	101	115	348 pts
20	Berkshire	54	60	117	132	363 pts
21	Wiltshire	11	68	131	155	365 pts
22	Shropshire	41	44	142	143	370 pts
23	Staffordshire	55	82	110	141	388 pts
24	Scottish West	72	121	127	140	460 pts
25	Cumbria	36	84	145	195	460 pts
26	Worcestershire	13	69	169	240	491 pts
27	Humberside	45	122	139	206	512 pts
28	South Glamorgan	100	124	159	167	550 pts
29	Derbyshire	95	148	174	178	595 pts
30	Norfolk	63	168	171	197	599 pts
31	Oxfordshire	28	181	189	243	641 pts
32	Lincolnshire	94	126	177	247	644 pts
33	Devon	133	166	172	175	646 pts
34	Northamptonshire	99	129	214	219	661 pts
35	Cheshire	119	135	186	221	661 pts
36	Suffolk	81	136	212	244	673 pts
37	Gloucestershire	67	75	255	285	682 pts
38	North Wales Counties	64	179	231	286	760 pts
39	Dyfed	162	213	218	227	820 pts
40	Hertfordshire	160	188	232	245	825 pts

UK Inter Counties Cross Country Championship

Under 17 Men

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	280	S Haughian	Middlesex	20:16	81	417	B Laud	Suffolk	22:20
2	339	S Burton	Nottinghamshire	20:34	82	410	G Staley	Staffordshire	22:20
3	309	J Mooney	North East Counties	20:36	83	140	T Payne	Essex	22:21
4	207	J Batchelder	Kent	20:43	84	79	M Benson	Cumbria	22:21
5	210	A Beckwith	Kent	20:44	85	499	F Ulrick	Yorkshire	22:21
6	282	A Mohammed	Middlesex	20:49	86	446	D Wicks	Sussex	22:21
7	424	A Barnes	Surrey	20:52	87	209	G Baxter	Kent	22:22
8	232	R Falkner	Leicestershire	20:56	88	259	L Sanders	Merseyside	22:22
9	457	D Rowen	Warwickshire	20:59	89	133	N Bangs	Essex	22:23
10	498	J Stewart	Yorkshire	21:02	90	12	J Shornby	Avon & Somerset	22:23
11	473	D Mitchinson	Wiltshire	21:05	91	360	R Coats	Buckinghamshire	22:23
12	234	N Mapp	Leicestershire	21:06	92	44	D Pinna	Surrey	22:26
13	487	N Dunne	Worcestershire	21:10	93	432	A Roff	Lincolnshire	22:26
14	482	A Crossland	Yorkshire	21:13	94	247	D Hewitt	Derbyshire	22:26
15	304	M Brown	North East Counties	21:18	95	89	A Elliott	Merseyside	22:27
16	454	P Morby	Warwickshire	21:18	96	252	A Hoban	Hampshire	22:27
17	150	M Donnelly	Greater Manchester	21:19	97	166	A Potts	Lancashire	22:28
18	41	P Fisher	Buckinghamshire	21:20	98	225	C Hough	Northamptonshire	22:29
19	239	J Siddon	Leicestershire	21:21	99	324	M Amos	South Glamorgan	22:30
20	338	J Bowskill	Nottinghamshire	21:22	100	392	P Gronow	Avon & Somerset	22:30
21	137	N Heppel	Essex	21:23	101	8	G Price	Cornwall	22:30
22	159	P Riley	Greater Manchester	21:27	102	71	R Matthews	Kent	22:31
23	24	M Webster	Bedfordshire	21:28	103	217	M Skinner	Lancashire	22:31
24	308	R McCartney	North East Counties	21:29	104	228	M McElhone	Cornwall	22:31
25	444	G Thompson	Sussex	21:30	105	69	A Bullock	Cornwall	22:31
26	142	S Sterling	Essex	21:32	106	314	S Price	North Ireland	22:32
27	75	B Squibb	Cornwall	21:35	107	448	J Ellis	Warwickshire	22:32
28	357	S Kimber	Oxfordshire	21:38	108	153	D Hibbott	Greater Manchester	22:33
29	227	C Livesey	Lancashire	21:38	109	77	D Walkey	Cornwall	22:33
30	312	A McMenamin	North Ireland	21:39	110	402	G Beech	Staffordshire	22:33
31	502	C Winn	Yorkshire	21:43	111	162	D Haydon	Hampshire	22:35
32	458	J White	Warwickshire	21:43	112	17	M Gunther	Bedfordshire	22:35
33	461	S Lawrence	West Glamorgan	21:45	113	423	T Aldred	Surrey	22:36
34	149	C Birchall	Greater Manchester	21:45	114	275	J Baldwin	Middlesex	22:36
35	20	M Miller	Bedfordshire	21:47	115	3	M Hall	Avon & Somerset	22:38
36	81	S Curwen	Cumbria	21:48	116	346	L Garrett	Nottinghamshire	22:39
37	68	N Blamey	Cornwall	21:49	117	34	B Muirhead	Berkshire	22:39
38	501	M Watson	Yorkshire	21:51	118	74	B Reynolds	Cornwall	22:40
39	299	D Bell	North East Counties	21:54	119	60	C Lightfoot	Cheshire	22:41
40	425	K Cadman	Surrey	21:56	120	302	J Brady	North East Counties	22:41
41	383	N Phillips	Shropshire	21:57	121	372	D Greig	Scottish West	22:41
42	1	A Davey	Avon & Somerset	21:58	122	194	M Adams	Humblyside	22:42
43	213	C Moss	Kent	21:58	123	497	R Slater	Yorkshire	22:42
44	384	C Sutcliffe	Shropshire	21:59	124	397	J Enos	South Glamorgan	22:43
45	203	D Sellen	Humblyside	21:59	125	331	M Powell	Leicestershire	22:43
46	367	T Poysoner	Scottish East	21:59	126	246	R Clark	Lincolnshire	22:44
47	369	M Smith	Scottish East	21:59	127	375	G Reid	Scottish West	22:46
48	18	S Holley	Bedfordshire	22:00	128	169	S Tamblin	Hampshire	22:46
49	441	J Kidger	Sussex	22:00	129	333	L Stewart	Northamptonshire	22:47
50	154	P Hitchin	Greater Manchester	22:01	130	40	M De'ath	Buckinghamshire	22:47
51	251	M Ho	Merseyside	22:01	131	475	C Rutherford	Wiltshire	22:48
52	453	S Lees	Warwickshire	22:01	132	32	M Martin	Berkshire	22:48
53	301	M Birkett	North East Counties	22:01	133	109	A Townsend	Devon	22:48
54	36	B Yewer	Berkshire	22:02	134	451	I Khan	Warwickshire	22:50
55	400	S Bailey	Staffordshire	22:03	135	58	R Gwilliam	Cheshire	22:51
56	456	C Owen	Warwickshire	22:04	136	415	G Irvine	Suffolk	22:51
57	449	B Jenkins	Warwickshire	22:04	137	2	N Griffiths	Avon & Somerset	22:51
58	276	S Barker	Middlesex	22:07	138	431	G Price	Surrey	22:51
59	214	M Norman	Kent	22:07	139	201	M Richardson	Humblyside	22:52
60	25	T Antao	Berkshire	22:09	140	376	A Sandilands	Scottish West	22:53
61	172	L Wilkinson	Hampshire	22:09	141	409	M Smith	Staffordshire	22:54
62	491	M Bilton	Yorkshire	22:09	142	387	S Wray	Shropshire	22:55
63	297	T Salmon	Norfolk	22:10	143	386	O Williams	Shropshire	22:57
64	315	A Davies	North Wales Counties	22:11	144	39	S Cameron	Buckinghamshire	22:57
65	307	R Kay	North East Counties	22:11	145	88	N Spencer	Cumbria	22:58
66	493	J Dixon	Yorkshire	22:12	146	404	G Dale	Staffordshire	22:58
67	144	R Fittall	Gloucestershire	22:12	147	270	J Rees	Mid Glamorgan	22:58
68	474	S Plummer	Wiltshire	22:13	148	93	R Jefferies	Derbyshire	22:58
69	482	G Beard	Worcestershire	22:14	149	134	D Carroll	Essex	23:00
70	255	C Lindsay	Merseyside	22:14	150	382	H Matthews	Shropshire	23:00
71	141	G Riddell	Essex	22:14	151	277	C Basquil	Middlesex	23:00
72	373	J Hendry	Scottish West	22:15	152	241	S Tait	Leicestershire	23:00
73	286	M Townsend	Middlesex	22:15	153	7	C Morris	Avon & Somerset	23:01
74	222	A Hargreaves	Lancashire	22:15	154	256	S McAllister	Merseyside	23:02
75	148	J Tranter	Gloucestershire	22:16	155	469	T Fisher	Wiltshire	23:04
76	132	S Austin	Essex	22:17	156	363	R Houston	Scottish East	23:05
77	168	B Stopher	Hampshire	22:18	157	164	R Lyon	Hampshire	23:05
78	279	B Chapman	Middlesex	22:18	158	136	R Dickenson	Essex	23:06
79	305	K Corr	North East Counties	22:19	159	398	D Solomon	South Glamorgan	23:06
80	45	M Potter	Buckinghamshire	22:19	160	182	S Bishop	Hertfordshire	23:07

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wignmore Valley Park, Luton

Under 17 Men

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	336	M Adam	Nottinghamshire	23:07	241	72	B McKernan	Cornwall	24:12
162	130	G Thomas	Dyfed	23:08	242	405	S Hall	Staffordshire	24:15
163	23	T Shah	Bedfordshire	23:08	243	355	J Gardiner	Oxfordshire	24:15
164	443	T Naylor	Sussex	23:09	244	421	D White	Suffolk	24:21
165	224	A Holme	Lancashire	23:09	245	187	A Moody	Hertfordshire	24:25
166	111	G Walker	Devon	23:10	246	419	R Nixon	Suffolk	24:26
167	397	S Lewis	South Glamorgan	23:11	247	249	L Smith	Lincolnshire	24:27
168	295	J O'Neil	Norfolk	23:12	248	27	K Digby	Berkshire	24:29
169	488	P Eaves	Worcestershire	23:12	249	479	J Adie	Worcestershire	24:30
170	233	R Hirst	Leicestershire	23:13	250	480	D Andrew	Worcestershire	24:31
171	290	J Dungar	Norfolk	23:15	251	440	L Jones	Sussex	24:33
172	103	A Hazelwood	Devon	23:15	252	370	R Stewart	Scottish East	24:33
173	155	S Hughes	Greater Manchester	23:16	253	250	M Tibbert	Lincolnshire	24:34
174	95	R Kiddy	Derbyshire	23:16	254	445	J Thompson	Sussex	24:35
175	107	L Salter	Devon	23:17	255	147	K Stewart	Gloucestershire	24:36
176	216	M Rogers	Kent	23:18	256	352	J Dowling	Oxfordshire	24:37
177	244	M Chapman	Lincolnshire	23:19	257	84	D Matchett	Cumbria	24:39
178	94	C Kelly	Derbyshire	23:20	258	205	M Wilson	Humberside	24:39
179	319	C Lundy	North Wales Counties	23:20	259	19	O McKenna	Bedfordshire	24:41
180	399	G Williams	South Glamorgan	23:23	260	485	P Clarke	Worcestershire	24:42
181	348	J Ainsworth	Oxfordshire	23:24	261	62	A Pritchard	Cheshire	24:44
182	10	A Ridgley	Avon & Somerset	23:25	262	412	J Calcutt	Suffolk	24:45
183	238	S Scrase	Leicestershire	23:28	263	31	K Hill	Berkshire	24:46
184	73	R Prady	Cornwall	23:28	264	385	C Talbot	Shropshire	24:46
185	389	A Donald	South Glamorgan	23:28	265	29	T Hargreaves	Berkshire	24:47
186	66	G Walker	Cheshire	23:29	266	344	P Forester	Nottinghamshire	24:51
187	366	C O'Brien	Scottish East	23:30	267	422	N Wilkinson	Suffolk	24:57
188	188	R Munn	Hertfordshire	23:30	268	243	J Bramhall	Lincolnshire	24:58
189	350	M Curson	Oxfordshire	23:30	269	15	S Berton	Bedfordshire	24:58
190	26	M Crabtree	Berkshire	23:30	270	342	D Ranson	Nottinghamshire	25:06
191	97	E Tressider	Derbyshire	23:31	271	483	J Bowler	Worcestershire	25:08
192	38	M Broderick	Buckinghamshire	23:31	272	127	H James	Dyfed	25:09
193	151	J Farnworth	Greater Manchester	23:31	273	248	J Horman	Lincolnshire	25:12
194	377	T Yule	Scottish West	23:32	274	63	N Rendell	Cheshire	25:14
195	87	A Phillips	Cumbria	23:32	275	263	R Atkins	Mid Glamorgan	25:18
196	433	T Weeks	Surrey	23:33	276	184	A Clark	Hertfordshire	25:21
197	296	S Rodgers	Norfolk	23:33	277	380	J Ingram	Shropshire	25:22
198	98	A Turner	Derbyshire	23:34	278	292	S Gibbs	Norfolk	25:24
199	468	J Cole	Wiltshire	23:34	279	294	K Moore	Norfolk	25:24
200	163	N Henderson	Hampshire	23:34	280	462	C Martin	West Glamorgan	25:29
201	260	A Thomas	Merseyside	23:35	281	437	J Corbett	Sussex	25:32
202	105	A Ingle	Devon	23:35	282	56	J Brown	Cheshire	25:34
203	11	A Sampson	Avon & Somerset	23:36	283	242	P Bedwell	Lincolnshire	25:35
204	288	M Clayton	Norfolk	23:37	284	428	J Miller	Surrey	25:41
205	236	M Piff	Leicestershire	23:38	285	145	A Ford	Gloucestershire	25:44
206	204	D Thomas	Humberside	23:40	286	317	A Jackson	North Wales Counties	25:45
207	347	C Parkin	Nottinghamshire	23:40	287	476	J Smith	Wiltshire	25:47
208	122	N Violet	Dorset	23:41	288	113	K Cooper	Dorset	25:48
209	52	P Chapman	Cambridgeshire	23:42	289	115	T Galpin	Devon	25:49
210	117	A Hinton	Dorset	23:42	290	106	J Rees	Devon	25:59
211	378	P Huellin	Shropshire	23:43	291	191	K Skinner	Hertfordshire	26:07
212	414	G Cross	Suffolk	23:44	292	53	S Fabb	Cambridgeshire	26:18
213	125	M Freeman	Dyfed	23:45	293	128	R Kinder	Dyfed	26:20
214	331	H Perez	Northamptonshire	23:46	294	85	C Matheson	Cumbria	26:32
215	258	I Moran	Merseyside	23:47	295	318	P Lloyd-Williams	North Wales Counties	26:44
216	202	D Ricketts	Humberside	23:48	296	49	S Anderson	Cambridgeshire	26:51
217	470	M Fryer	Wiltshire	23:48	297	120	M Parfitt	Dorset	26:52
218	123	P Clarke	Dyfed	23:49	298	418	J Lewis	Suffolk	27:12
219	326	R Faulkner	Northamptonshire	23:50	299	463	G Rees	West Glamorgan	27:12
220	439	I Hogarth	Sussex	23:52	300	50	P Barris	Cambridgeshire	27:25
221	59	J Hickson	Cheshire	23:53	301	197	C Hill	Humberside	27:42
222	434	D Woolmer	Surrey	23:53	302	359	F Malone-Lee	Oxfordshire	27:56
223	91	J Gilby	Derbyshire	23:53	303	192	M Stacey	Hertfordshire	28:08
224	394	R Hart	South Glamorgan	23:56	304	269	J Protheroe	Mid Glamorgan	28:08
225	272	N Thomas	Mid Glamorgan	23:57	305	55	M Shrimpton	Cambridgeshire	28:20
226	67	D Warren	Cheshire	23:57	306	146	C Gaze	Gloucestershire	28:53
227	126	P Gregory	Dyfed	23:58					
228	199	J Morley	Humberside	23:58					
229	289	A Deering	Norfolk	23:58					
230	330	M Pearson	Northamptonshire	23:58					
231	320	R Powell	North Wales Counties	23:59					
232	186	S Hunt	Hertfordshire	24:00					
233	100	G Worral	Derbyshire	24:00					
234	262	C Woodward	Merseyside	24:02					
235	266	P Hart	Mid Glamorgan	24:03					
236	327	D Grundy	Northamptonshire	24:06					
237	82	G Jolly	Cumbria	24:07					
238	478	M West	Wiltshire	24:09					
239	21	M Porthouse	Bedfordshire	24:10					
240	481	D Andrews	Worcestershire	24:12					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 17 Women

Pos.	County	5	6	7	9	Pts
1	North East Counties					27 pts
2	Yorkshire	4	20	23	28	75 pts
3	Avon & Somerset	2	16	27	57	102 pts
4	Devonshire	1	10	66	69	146 pts
5	Cheshire	15	42	71	80	208 pts
6	Staffordshire	11	43	52	113	219 pts
7	Scottish West District	35	40	54	103	232 pts
8	Greater Manchester	25	51	78	87	241 pts
9	Scottish East District	44	48	49	106	247 pts
10	Essex	18	39	88	108	253 pts
11	Northamptonshire	62	64	67	91	284 pts
12	Warwickshire	60	68	77	84	289 pts
13	Kent	55	76	85	94	310 pts
14	Lancashire	46	56	89	120	311 pts
15	Norfolk	8	33	36	238	315 pts
16	Bedfordshire	31	61	110	122	324 pts
17	Surrey	17	58	109	141	325 pts
18	Hampshire	74	82	86	102	344 pts
19	Buckinghamshire	22	41	132	153	348 pts
20	Derbyshire	12	45	135	178	370 pts
21	Merseyside	37	63	129	143	372 pts
22	Leicestershire	53	59	126	136	374 pts
23	Nottinghamshire	19	98	144	180	441 pts
24	Humberside	26	72	157	189	444 pts
25	Cumbria	29	142	146	164	481 pts
26	Suffolk	13	134	174	192	513 pts
27	Worcestershire	105	131	138	151	525 pts
28	Middlesex	21	133	182	202	538 pts
29	Shropshire	24	173	181	200	578 pts
30	Sussex	50	118	218	227	613 pts
31	Hertfordshire	114	140	190	198	642 pts
32	Camridgeshire	73	168	169	239	649 pts
33	Berkshire	93	165	176	224	658 pts
34	Dyfed	81	92	248	249	670 pts
35	Gloucestershire	65	163	228	243	699 pts
36	Lincolnshire	99	125	235	255	714 pts
37	South Glamorgan	104	159	216	251	730 pts
38	Wiltshire	162	185	196	254	797 pts

Under 17 Women

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	98	T Povey	Devonshire	18:09	81	107	K Freeman	Dyfed	20:18
2	7	A Gascoigne	Avon & Somerset	18:16	82	155	A Wilding	Hampshire	20:19
3	407	C Thomas	West Glamorgan	18:22	83	53	A Carter	Cheshire	20:19
4	434	J Hogan	Yorkshire	18:28	84	399	S Penn	Warwickshire	20:20
5	273	S Thomas	North East Counties	18:29	85	192	L Gould	Kent	20:20
6	266	M Forster	North East Counties	18:39	86	149	M Speller	Hampshire	20:21
7	272	S Rutherford	North East Counties	18:43	87	141	S Slade	Greater Manchester	20:21
8	261	J Moss	Norfolk	18:45	88	115	J Barker	Essex	20:22
9	270	J Heslop	North East Counties	18:49	89	205	J Perry	Lancashire	20:23
10	95	J Hodgkins	Devonshire	18:50	90	999	S Pitt	Dorset	20:24
11	349	R Everett	Staffordshire	18:50	91	279	M Coleman	Northamptonshire	20:27
12	82	K Fletcher	Derbyshire	18:51	92	112	C Peck	Dyfed	20:29
13	358	E Brooker	Suffolk	18:53	93	24	S Anderson	Berkshire	20:30
14	265	K Duke	North East Counties	18:54	94	188	C Colmer	Kent	20:31
15	54	C Davies	Cheshire	18:58	95	132	N Arkah	Greater Manchester	20:32
16	1	G Adams	Avon & Somerset	19:00	96	285	Y Maddams	Northamptonshire	20:34
17	371	A Hartney	Surrey	19:00	97	433	C Hancock	Yorkshire	20:35
18	122	K Ryan	Essex	19:01	98	297	S Palmer	Nottinghamshire	20:36
19	292	J Clifford	Nottinghamshire	19:02	99	221	W Bennett	Lincolnshire	20:36
20	432	S Dugdale	Yorkshire	19:03	100	8	C Kennedy	Avon & Somerset	20:37
21	253	C Walsh	Middlesex	19:04	101	58	S Owen	Cheshire	20:37
22	38	R Iannone	Buckinghamshire	19:11	102	150	R Townsend	Hampshire	20:39
23	430	T Briggs	Yorkshire	19:13	103	323	D Wright	Scottish West District	20:39
24	324	C Davies	Shropshire	19:14	104	342	S Taylor	South Glamorgan	20:40
25	138	K Hodgkinson	Greater Manchester	19:17	105	421	M Hemming	Worcestershire	20:42
26	176	K Dennison	Humberside	19:18	106	314	D Murray	Scottish East District	20:42
27	11	R Wade	Avon & Somerset	19:19	107	438	K Storey	Yorkshire	20:43
28	436	R O'Gden	Yorkshire	19:19	108	114	E Allen	Essex	20:46
29	76	S Corlett	Cumbria	19:21	109	375	R Roome	Surrey	20:46
30	267	C Gregory	North East Counties	19:22	110	16	L Elvin	Bedfordshire	20:46
31	13	E Boustled	Bedfordshire	19:22	111	136	L Doherty	Bedfordshire	20:47
32	66	A Bolton	Cornwall	19:22	112	120	L Naylor	Essex	20:48
33	260	K Marsters	Norfolk	19:23	113	353	P Maclean-Inglis	Staffordshire	20:50
34	440	A Turner	Yorkshire	19:23	114	163	A Brooke	Staffordshire	20:50
35	321	S Partridge	Scottish West District	19:24	115	123	H Spackman	Essex	20:51
36	257	C Glen	Norfolk	19:25	116	352	T Litherland	Staffordshire	20:52
37	231	C Duncan	Merseyside	19:26	117	347	B Clarke	Staffordshire	20:52
38	431	L Canwell	Yorkshire	19:28	118	382	J Hinde	Sussex	20:52
39	119	H Matthews	Essex	19:29	119	147	J Makepeace	Hampshire	20:53
40	320	S Mc Nairney	Scottish West District	19:30	120	203	S Mc Pherson	Lancashire	20:53
41	42	C Radon	Buckinghamshire	19:30	121	57	A Minshull	Cheshire	20:54
42	55	L Mc Cabe	Cheshire	19:30	122	22	V Watts	Bedfordshire	20:55
43	356	C Vines	Staffordshire	19:31	123	121	S Osborne	Essex	20:55
44	311	A Kyle	Scottish East District	19:31	124	94	L Fisher	Devonshire	20:56
45	90	K Rigley	Derbyshire	19:37	125	226	L Jones	Lincolnshire	20:56
46	198	E Deakin	Lancashire	19:38	126	213	F Meakin	Leicestershire	20:58
47	277	S Omed	North Wales Counties	19:43	127	400	S Ross	Warwickshire	20:58
48	316	H Smith	Scottish East District	19:43	128	200	S Hunter	Lancashire	21:01
49	308	L Harrison	Scottish East District	19:44	129	240	K Upton	Merseyside	21:02
50	386	E Satterly	Sussex	19:45	130	93	H Bright	Devonshire	21:04
51	135	C Demaine	Greater Manchester	19:47	131	428	L Vaughan	Worcestershire	21:05
52	354	K Martin	Staffordshire	19:47	132	39	M Jones	Buckinghamshire	21:06
53	215	N Milner	Leicestershire	19:52	133	251	L Middleton	Middlesex	21:06
54	317	L Campbell	Scottish West District	19:54	134	362	A Partridge	Surrey	21:07
55	196	S Pendrich	Kent	19:57	135	84	J Henderson	Derbyshire	21:07
56	201	N Jones	Lancashire	19:58	136	210	R Heath	Leicestershire	21:08
57	3	C Bailey	Avon & Somerset	19:59	137	220	L Worden	Leicestershire	21:08
58	372	K Hayes	Surrey	19:59	138	420	C Giffillan	Worcestershire	21:09
59	209	E Brown	Leicestershire	19:59	139	21	L Stokes	Worcestershire	21:09
60	392	E Hathaway	Warwickshire	20:00	140	170	L Joslin	Bedfordshire	21:10
61	20	P Johnson	Bedfordshire	20:01	141	369	A Goodwin	Worcestershire	21:10
62	284	S Kennedy	Northamptonshire	20:01	142	74	K Blair	Surrey	21:10
63	234	L Joel	Merseyside	20:01	143	237	E Norton	Cumbria	21:10
64	282	M Harris	Northamptonshire	20:01	144	298	S Reynolds	Merseyside	21:14
65	127	K Doherty	Gloucestershire	20:02	145	124	D Sterling	Nottinghamshire	21:15
66	99	V Rolfe	Devonshire	20:03	146	77	N Harrison	Essex	21:15
67	286	C Scott	Northamptonshire	20:06	147	304	C Wheatcroft	Cumbria	21:16
68	398	N Murrin	Warwickshire	20:07	148	100	J Stacey	Oxfordshire	21:16
69	101	S Summers	Devonshire	20:08	149	145	K Barton	Devonshire	21:20
70	302	K Caffel	Oxfordshire	20:08	150	96	D Penney	Hampshire	21:20
71	60	E Simpson	Cheshire	20:09	151	417	T Clarke	Devonshire	21:23
72	174	S Bartlett	Humberside	20:11	152	426	F Prew	Worcestershire	21:24
73	51	R Watson	Cambridgeshire	20:11	153	36	E Burgess	Worcestershire	21:25
74	146	N Coveney	Hampshire	20:12	154	319	M Hastie	Buckinghamshire	21:25
75	275	A Bright	North Wales Counties	20:14	155	394	L Jones	Scottish West District	21:28
76	190	L Davies	Kent	20:15	156	283	M Jarvis	Warwickshire	21:29
77	397	K Mc Dermott	Warwickshire	20:16	157	184	C Vickers	Northamptonshire	21:30
78	140	K Morrison	Greater Manchester	20:17	158	390	Y Carlin	Humberside	21:30
79	269	C Harrod	North East Counties	20:17	159	343	C Taylor	Warwickshire	21:32
80	63	P Whitney	Cheshire	20:18	160	238	L Smith	South Glamorgan	21:33
								Merseyside	21:34

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 17 Women

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	191	K Fletcher	Kent	21:35	241	44	R Amps	Cambridgeshire	24:08
162	414	Z Thomas	Wiltshire	21:35	242	103	C Swann	Dorset	24:08
163	130	K Scott	Gloucestershire	21:36	243	126	L Biddell	Gloucestershire	24:23
164	78	R O'Hea	Cumbria	21:37	244	359	S Cudmore	Suffolk	24:29
166	28	S Elliott	Berkshire	21:37	245	388	C Webb	Sussex	24:30
166	139	N Jepson	Greater Manchester	21:39	246	73	R Armiger	Cumbria	24:35
167	391	L Clarke	Warwickshire	21:39	247	46	J Dalton	Cambridgeshire	24:42
168	50	S Openshaw	Cambridgeshire	21:40	248	110	R Harper	Dyfed	24:47
169	48	R Mc Kenzie	Cambridgeshire	21:42	249	113	S Thomas	Dyfed	24:53
170	211	D Hefford	Leicestershire	21:45	250	129	N Hanman	Gloucestershire	25:15
171	186	R Alexander	Kent	21:46	251	337	S Kenefick	South Glamorgan	25:16
172	79	C Phipps	Cumbria	21:47	252	219	L Tomkinson	Leicestershire	25:26
173	325	S Davies	Shropshire	21:48	253	245	C Meyler	Mid Glamorgan	25:51
174	363	E Partridge	Suffolk	21:48	254	412	J Exton	Wiltshire	26:26
175	230	E Carney	Merseyside	21:48	255	227	K Patrick	Lincolnshire	27:42
176	26	J Clissold	Berkshire	21:49	256	280	S Cruickshank	Northamptonshire	28:43
177	368	A Finney	Surrey	21:49	257	415	S Williams	Wiltshire	31:18
178	89	N Ramsden	Derbyshire	21:49					
179	87	E Mellors	Derbyshire	21:51					
180	300	A West	Nottinghamshire	21:51					
181	331	L Saum	Shropshire	21:52					
182	250	A Ellis	Middlesex	21:52					
183	2	N Ashe	Avon & Somerset	21:53					
184	301	H Whitehead	Nottinghamshire	21:54					
185	411	K Duckenfield	Wiltshire	21:54					
186	91	K Weir	Derbyshire	21:56					
187	64	D Abbott	Cornwall	21:56					
188	23	A Woods	Bedfordshire	21:58					
189	177	A Green	Humberside	21:58					
190	164	J Browning	Hertfordshire	21:59					
191	144	J Arscot	Hampshire	21:59					
192	364	C Walne	Suffolk	22:00					
193	239	N Taylor	Merseyside	22:02					
194	159	R Lewis	Hertfordshire	22:02					
195	373	L Mant	Surrey	22:03					
196	416	R Woodman	Wiltshire	22:04					
197	182	L Sadofsky	Humberside	22:04					
198	169	G Harper	Hertfordshire	22:04					
199	104	H Towner	Dorset	22:05					
200	326	Sarah Davies	Shropshire	22:06					
201	204	B Mc Wade	Lancashire	22:06					
202	247	D Boucher	Middlesex	22:07					
203	330	F King	Shropshire	22:09					
204	248	L Carey	Middlesex	22:16					
205	197	T Truelove	Kent	22:17					
206	418	L Dodd	Worcestershire	22:18					
207	351	S Lindsey	Staffordshire	22:20					
208	187	L Anderson	Kent	22:21					
209	370	L Harrold	Surrey	22:21					
210	68	R Duckham	Cornwall	22:23					
211	217	L Pym	Leicestershire	22:24					
212	142	Z Welsby	Greater Manchester	22:28					
213	166	K Fletcher	Hertfordshire	22:31					
214	328	L Ferguson	Shropshire	22:33					
215	167	E Godber	Hertfordshire	22:34					
216	341	S Morgan	South Glamorgan	22:36					
217	374	D Mc Donald	Surrey	22:37					
218	383	L Hoyte	Sussex	22:40					
219	179	S Long	Humberside	22:42					
220	40	R Joyce	Buckinghamshire	22:45					
221	175	S Booth	Humberside	22:47					
222	14	M Burnip	Bedfordshire	22:50					
223	357	A Banks	Suffolk	22:53					
224	34	K Tiltman	Berkshire	22:54					
225	295	M Jennings	Nottinghamshire	22:56					
226	86	C Meakin	Derbyshire	23:01					
227	381	L Graves	Sussex	23:01					
228	131	F Yearsley	Gloucestershire	23:02					
229	81	M Carter	Derbyshire	23:03					
230	41	B Paynes	Buckinghamshire	23:04					
231	18	A Hawkins	Bedfordshire	23:12					
232	278	R Tomos	North Wales Counties	23:14					
233	30	M Kitson	Berkshire	23:15					
234	173	F Smith	Hertfordshire	23:20					
235	229	D Short	Lincolnshire	23:28					
236	35	F Walker	Berkshire	23:34					
237	387	K Walker	Sussex	23:49					
238	258	K Greenwood	Norfolk	23:49					
239	45	R Anness	Cambridgeshire	23:55					
240	171	K Martin	Hertfordshire	24:07					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 15 Boys

Pos.	County				Pts
1	Greater Manchester	3	4	26	51
2	North East Counties	17	18	25	29
3	Kent	16	21	27	34
4	Merseyside	8	10	22	79
5	Yorkshire	5	19	43	53
6	Surrey	24	30	31	37
7	Hertfordshire	13	33	58	80
8	Staffordshire	11	15	41	121
9	Middlesex	14	28	71	78
10	Sussex	12	32	88	97
11	Lancashire	50	62	75	76
12	Hampshire	6	59	73	130
13	Cornwall	7	83	93	98
14	Warwickshire	38	85	95	101
15	Leicestershire	23	57	106	148
16	Derbyshire	20	70	94	152
17	Essex	42	45	126	151
18	Wiltshire	63	82	107	124
19	Berkshire	2	113	123	138
20	Avon & Somerset	49	90	109	131
21	Cheshire	61	112	115	128
22	Devon	35	105	119	169
23	Cambridgeshire	47	86	132	165
24	Lincolnshire	39	55	135	202
25	Nottinghamshire	48	104	118	162
26	Northamptonshire	72	77	136	155
27	Dorset	64	108	142	150
28	Humberside	9	137	154	173
29	Worcestershire	60	127	159	160
30	South Glamorgan	40	81	111	282
31	Cumbria	1	120	189	206
32	Suffolk	46	87	179	239
33	Shropshire	66	74	211	214
34	Norfolk	67	174	182	186
35	North Wales Counties	91	92	176	278
36	Buckinghamshire	99	110	209	224
37	Bedfordshire	167	171	198	199
38	Gloucestershire	144	147	257	259
39	Oxfordshire	84	229	260	267
40	Dyfed	193	196	225	273
					84 pts
					89 pts
					98 pts
					119 pts
					120 pts
					122 pts
					184 pts
					188 pts
					191 pts
					229 pts
					263 pts
					268 pts
					281 pts
					319 pts
					334 pts
					336 pts
					364 pts
					376 pts
					376 pts
					379 pts
					416 pts
					428 pts
					430 pts
					431 pts
					432 pts
					440 pts
					464 pts
					473 pts
					506 pts
					514 pts
					516 pts
					551 pts
					565 pts
					609 pts
					637 pts
					642 pts
					735 pts
					807 pts
					840 pts
					887 pts

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Under 15 Boys

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	92	G Melvin	Cumbria	14:09	81	393	C Davey	South Glamorgan	15:52
2	26	C Bolt	Berkshire	14:31	82	476	P Drake	Wiltshire	15:53
3	173	L Wolstoncroft	Greater Manchester	14:35	83	81	L Holmes	Cornwall	15:53
4	169	S Vernon	Greater Manchester	14:41	84	368	R Dean	Oxfordshire	15:53
5	495	S Asquith	Yorkshire	14:44	85	451	G Blackman	Warwickshire	15:54
6	183	C Thompson	Hampshire	14:46	86	51	B Goodman	Cambridgeshire	15:54
7	84	O Shilston	Cornwall	14:48	87	417	M Field	Suffolk	15:56
8	274	W Goudie	Merseyside	14:50	88	446	M Lovell	Sussex	15:56
9	212	J Crossley	Humburside	14:50	89	323	G Hunt	North East Counties	15:57
10	272	K Chapman	Merseyside	14:52	90	4	C Ford	Avon & Somerset	15:57
11	404	A Bullock	Staffordshire	14:58	91	333	D Hughes	North Wales Counties	15:58
12	447	R Pittam	Sussex	15:01	92	337	C Prior	North Wales Counties	15:58
13	204	M Griffith	Hertfordshire	15:02	93	83	W Oak	Cornwall	15:58
14	294	M Dartnall	Middlesex	15:04	94	102	A Johnson	Derbyshire	15:58
15	405	S Cattell	Staffordshire	15:05	95	458	D Rees	Warwickshire	16:00
16	227	S Holmes	Kent	15:08	96	427	P Bailey	Surrey	16:00
17	318	M Barker	North East Counties	15:08	97	441	P Gilbert	Sussex	16:01
18	324	S Langston	North East Counties	15:08	98	77	J Burrows	Cornwall	16:01
19	504	D Middleton	Yorkshire	15:08	99	40	M Foreman	Buckinghamshire	16:02
20	99	P Harper	Derbyshire	15:10	100	502	R King	Yorkshire	16:02
21	230	A Madar	Kent	15:11	101	454	G Fowler	Warwickshire	16:02
22	279	J Rice	Merseyside	15:11	102	428	S Beaver	Surrey	16:03
23	251	J Rue	Leicestershire	15:11	103	296	R Fisher	Middlesex	16:04
24	433	A Franklin	Surrey	15:11	104	361	A Mallows	Nottinghamshire	16:04
25	326	G Sharp	North East Counties	15:12	105	115	R Hart	Devon	16:05
26	164	D Brennan	Greater Manchester	15:12	106	250	J Parker	Leicestershire	16:05
27	232	A Thomas	Kent	15:13	107	475	C Blythin	Wiltshire	16:06
28	295	S Edwards	Middlesex	15:13	108	121	I Anderson	Dorset	16:06
29	322	M Hood	North East Counties	15:14	109	2	G Chatwood	Avon & Somerset	16:08
30	435	J McCullagh	Surrey	15:15	110	45	M Putnam	Buckinghamshire	16:08
31	434	J Heanley	Surrey	15:15	111	392	N Bolland	South Glamorgan	16:08
32	439	S Eyre	Sussex	15:16	112	63	K Costello	Cheshire	16:09
33	203	C Gibbons	Hertfordshire	15:17	113	33	D Luard	Berkshire	16:09
34	224	C Batty	Kent	15:17	114	163	A Blair	Greater Manchester	16:10
35	110	D Carthy	Devon	15:18	115	68	G Jones	Cheshire	16:10
36	223	J Baker	Kent	15:19	116	456	C Hughes	Warwickshire	16:11
37	438	R Ward	Surrey	15:22	117	271	A Brabin	Merseyside	16:11
38	452	A Evans	Warwickshire	15:22	118	357	P Frith	Nottinghamshire	16:11
39	265	I Smith	Lincolnshire	15:22	119	113	L Eastley	Devon	16:12
40	402	S Williams	South Glamorgan	15:25	120	94	S Reid	Cumbria	16:12
41	408	J Pickthorne	Staffordshire	15:25	121	414	L Turner	Staffordshire	16:12
42	142	M Church	Essex	15:26	122	270	M Bate	Merseyside	16:12
43	505	J Wardman	Yorkshire	15:28	123	36	J Watts	Berkshire	16:13
44	233	B Wells	Kent	15:28	124	483	A Squires	Wiltshire	16:13
45	143	J Deacon	Essex	15:30	125	80	L Hegarty	Cornwall	16:14
46	423	L Powell	Suffolk	15:31	126	148	R Lloyd	Essex	16:14
47	55	P Oliver	Cambridgeshire	15:31	127	487	J Bradley	Worcestershire	16:14
48	355	J Archer	Nottinghamshire	15:32	128	62	T Carter	Cheshire	16:15
49	11	P Ryman	Avon & Somerset	15:32	129	461	M Simkins	Warwickshire	16:15
50	238	J Heath	Lancashire	15:34	130	179	P Jelly	Hampshire	16:15
51	168	A Oldham	Greater Manchester	15:35	131	9	T Mogford	Avon & Somerset	16:16
52	319	K Broom	North East Counties	15:35	132	59	M Ward	Cambridgeshire	16:16
53	501	J Keith	Yorkshire	15:35	133	443	M Hopkins	Sussex	16:16
54	503	L McDonald	Yorkshire	15:36	134	445	J Jordan	Sussex	16:17
55	262	G Johnson	Lincolnshire	15:38	135	258	P Fieldsend	Lincolnshire	16:17
56	498	Q Daniel	Yorkshire	15:39	136	344	M Glover	Northamptonshire	16:18
57	249	R Orr	Leicestershire	15:39	137	211	A Boyington	Humburside	16:18
58	207	P Murphy	Hertfordshire	15:41	138	27	R Bookless	Berkshire	16:19
59	185	R Whittle	Hampshire	15:41	139	455	R Fowler	Warwickshire	16:19
60	493	O Lawrence	Worcestershire	15:42	140	275	B Jones	Merseyside	16:20
61	64	A Dawber	Cheshire	15:43	141	61	I Bateman	Cheshire	16:20
62	234	T Donnelly	Lancashire	15:44	142	127	G Mooney	Dorset	16:20
63	480	L Hickton	Wiltshire	15:44	143	175	T Banks	Hampshire	16:21
64	129	B Renshaw	Dorset	15:44	144	158	J Evans	Gloucestershire	16:21
65	432	A Flanagan	Surrey	15:45	145	7	E Marsh	Avon & Somerset	16:22
66	390	N Smith	Shropshire	15:46	146	66	A Graham	Cheshire	16:23
67	314	N Walker	Norfolk	15:46	147	155	J Cook	Gloucestershire	16:23
68	321	G Hogg	North East Counties	15:46	148	252	M Scrase	Leicestershire	16:23
69	171	D Welsh	Greater Manchester	15:47	149	229	R Laming	Kent	16:24
70	98	N Gardner	Derbyshire	15:48	150	122	T Barton	Dorset	16:24
71	300	M McIntosh	Middlesex	15:48	151	150	K McGill	Essex	16:25
72	340	M Almond	Northamptonshire	15:48	152	108	W Wills	Derbyshire	16:25
73	176	M Clack	Hampshire	15:49	153	304	A Wells	Middlesex	16:26
74	382	A Cramb	Shropshire	15:49	154	221	A Weaver	Humburside	16:26
75	243	R Parrington	Lancashire	15:50	155	345	R Johnson	Northamptonshire	16:27
76	239	C Heyes	Lancashire	15:50	156	222	D Baker	Kent	16:27
77	343	R Blandford	Northamptonshire	15:50	157	283	E Cole	Mtd Glamorgan	16:27
78	303	D Nevins	Middlesex	15:50	158	341	D Beckett	Northamptonshire	16:28
79	278	S McDonald	Merseyside	15:50	159	492	P Hunt	Worcestershire	16:28
80	201	N Chamberlain	Hertfordshire	15:51	160	489	R Davis	Worcestershire	16:29

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Under 15 Boys

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	82	I Jelbert	Cornwall	16:30	241	123	L Gale	Dorset	17:03
162	360	P Jennings	Nottinghamshire	16:30	242	174	G Atkins	Hampshire	17:04
163	407	C Holmes	Staffordshire	16:31	243	347	J Malloy	Northamptonshire	17:05
164	76	S Bennetts	Cornwall	16:32	244	25	R Anderson	Berkshire	17:06
165	52	N Holt	Cambridgeshire	16:32	245	119	C Stone	Devon	17:07
166	328	O Wickham	North East Counties	16:32	246	254	C Taylor	Leicestershire	17:07
167	18	J Fitzsimmons	Bedfordshire	16:32	247	358	L Gibbons	Nottinghamshire	17:08
168	477	A Fuford	Wiltshire	16:32	248	448	P Sawyer	Sussex	17:09
169	116	D Johnson	Devon	16:32	249	128	S Radcliffe	Dorset	17:11
170	248	M Kent	Leicestershire	16:33	250	409	W Seabridge	Staffordshire	17:11
171	20	T Inchley	Bedfordshire	16:33	251	264	J Short	Lincolnshire	17:11
172	362	G Martin	Nottinghamshire	16:33	252	292	J Williams	Mid Glamorgan	17:12
173	217	D Spacey	Humberside	16:34	253	109	N Andrews	Devon	17:12
174	306	T Digby	Norfolk	16:35	254	491	P Hadley	Worcestershire	17:12
175	299	D Maslen	Middlesex	16:36	255	342	G Benson	Northamptonshire	17:13
176	332	G Hacking	North Wales Counties	16:36	256	266	J Stannard	Lincolnshire	17:13
177	220	S Templeman	Humberside	16:36	257	157	D Evans	Gloucestershire	17:13
178	479	S Haugh	Wiltshire	16:36	258	132	T Strike	Dorset	17:14
179	416	O Daniels	Suffolk	16:37	259	159	R Hemming	Gloucestershire	17:14
180	31	L John	Berkshire	16:37	260	378	N Wright	Oxfordshire	17:14
181	413	A Swanwick	Staffordshire	16:37	261	312	O Pointer	Norfolk	17:15
182	316	S Woodcroft	Norfolk	16:37	262	386	D Jones	Shropshire	17:17
183	181	M Roper	Hampshire	16:37	263	381	S Cope	Shropshire	17:18
184	293	T Berrie	Middlesex	16:38	264	313	A Simmons	Norfolk	17:19
185	125	M Merchant	Dorset	16:38	265	111	P Cornish	Devon	17:22
186	311	L Pointer	Norfolk	16:38	266	37	S Cockerbergh	Buckinghamshire	17:22
187	242	L Parrington	Lancashire	16:38	267	369	P Fisher	Oxfordshire	17:22
188	310	P Moss	Norfolk	16:38	268	186	J Andrews	Herefordshire	17:23
189	93	G Nichol	Cumbria	16:39	269	490	E Fall	Worcestershire	17:23
190	464	R Davies	West Glamorgan	16:39	270	54	T Lovelace	Cambridgeshire	17:25
191	144	S Frost	Essex	16:39	271	89	M Crosbie	Cumbria	17:27
192	106	D Warner	Derbyshire	16:40	272	418	A Griffin	Suffolk	17:28
193	140	L Lewis	Dyfed	16:40	273	136	D Gregory	Dyfed	17:36
194	1	G Burborough	Avon & Somerset	16:41	274	117	D Parker	Devon	17:38
195	71	J Talbot	Cheshire	16:41	275	469	C Jones	West Glamorgan	17:44
196	138	D Hood	Dyfed	16:41	276	380	J Bucknall	Shropshire	17:45
197	364	R Shrimpton	Nottinghamshire	16:41	277	103	L Monaghan	Derbyshire	17:45
198	24	Owen Mathews	Bedfordshire	16:42	278	334	A Jestin	North Wales Counties	17:45
199	13	P Bridger	Bedfordshire	16:43	279	69	K Layfield	Cheshire	17:50
200	151	M Norbury	Essex	16:43	280	44	A Phillips	Buckinghamshire	17:53
201	450	N Wheeler	Sussex	16:44	281	218	P Sprakes	Humberside	17:54
202	259	P Grocock	Lincolnshire	16:45	282	395	L Jones	South Glamorgan	18:01
203	152	D Singh	Essex	16:46	283	100	A Hill	Derbyshire	18:02
204	78	G Davies	Cornwall	16:47	284	97	G Bostock	Derbyshire	18:04
205	208	P Pearce	Hertfordshire	16:47	285	189	S Bullock	Herefordshire	18:06
206	86	M Breakell	Cumbria	16:48	286	421	R Hedges	Suffolk	18:06
207	482	D Scott	Wiltshire	16:48	287	53	P Lewis	Cambridgeshire	18:06
208	17	R Elmore	Bedfordshire	16:48	288	290	D Notman	Mid Glamorgan	18:07
209	42	C Laferton	Buckinghamshire	16:49	289	95	P Sharples	Cumbria	18:11
210	209	P Storey	Hertfordshire	16:49	290	397	G Parsons	South Glamorgan	18:13
211	383	A Duddlestone	Shropshire	16:49	291	160	S Kellie	Gloucestershire	18:16
212	5	A Lang	Avon & Somerset	16:49	292	282	A Brothers	Mid Glamorgan	18:24
213	350	A Morris	Northamptonshire	16:50	293	154	R Clark	Gloucestershire	18:24
214	379	T Bailey	Shropshire	16:50	294	494	M Leech	Worcestershire	18:26
215	23	O Mathews	Bedfordshire	16:50	295	161	G Kirby	Gloucestershire	18:29
216	19	S Greening	Bedfordshire	16:51	296	398	T Thomas	South Glamorgan	18:32
217	200	J Bradley	Hertfordshire	16:51	297	420	M Hearn	Suffolk	18:40
218	57	M Sedon	Cambridgeshire	16:51	298	22	R Latimer	Bedfordshire	18:44
219	444	T Hopkins	Sussex	16:51	299	375	G Sear	Oxfordshire	18:46
220	58	J Smith	Cambridgeshire	16:53	300	373	B Nash	Oxfordshire	18:58
221	90	K Denwood	Cumbria	16:54	301	488	H Breakwell	Worcestershire	19:44
222	8	J Martin	Avon & Somerset	16:54	302	339	T Roberts	North Wales Counties	19:45
223	256	I Turlington	Leicestershire	16:54	303	190	A Cooper	Herefordshire	19:45
224	39	B Currie	Buckinghamshire	16:55					
225	135	J Goodwin	Dyfed	16:55					
226	253	M Tait	Leicestershire	16:55					
227	38	M Crowley	Buckinghamshire	16:56					
228	216	M Muir	Humberside	16:57					
229	376	T Semlyen	Oxfordshire	16:58					
230	412	M Speke	Staffordshire	16:58					
231	153	C Sykes	Essex	16:59					
232	202	J Collins	Hertfordshire	16:59					
233	215	J Martindale	Humberside	16:59					
234	363	C Morley	Nottinghamshire	17:00					
235	34	S Ryzsko	Berkshire	17:01					
236	269	L Armstrong	Merseyside	17:01					
237	182	W Salvetti	Hampshire	17:02					
238	48	R Wood	Buckinghamshire	17:02					
239	422	R Myhill	Suffolk	17:02					
240	91	S Heginbottom	Cumbria	17:03					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 15 Girls

Pos.	County	3	6	7	22	Pts
1	Hertfordshire	3	6	7	22	38 pts
2	Merseyside	4	11	16	24	55 pts
3	North East Counties	1	5	35	49	90 pts
4	Yorkshire	13	14	45	48	120 pts
5	Greater Manchester	25	27	34	36	122 pts
6	Hampshire	28	30	32	39	129 pts
7	Staffordshire	8	43	71	79	201 pts
8	Lancashire	19	41	62	105	227 pts
9	Cheshire	38	42	68	81	229 pts
10	Warwickshire	29	60	67	77	233 pts
11	Kent	53	59	65	80	257 pts
12	Middlesex	23	61	88	89	261 pts
13	Cumbria	40	47	92	118	297 pts
14	Derbyshire	10	73	97	157	337 pts
15	Humberside	20	95	96	132	343 pts
16	Essex	12	76	122	142	352 pts
17	Bedfordshire	17	93	130	146	386 pts
18	Sussex	57	99	110	123	389 pts
19	Avon & Somerset	15	102	127	151	395 pts
20	Cornwall	21	83	113	179	396 pts
21	Worcestershire	26	87	145	154	412 pts
22	Buckinghamshire	9	108	111	193	421 pts
23	Dyfed	58	98	112	163	431 pts
24	Devonshire	18	106	150	164	438 pts
25	Leicestershire	64	117	143	149	473 pts
26	Northamptonshire	82	84	159	175	500 pts
27	Gloucestershire	78	85	152	222	537 pts
28	North Wales Counties	109	135	141	172	557 pts
29	Shropshire	46	147	186	208	587 pts
30	Nottinghamshire	56	181	188	213	638 pts
31	Dorset	90	174	192	201	657 pts
32	Wiltshire	55	191	215	254	715 pts
33	Cambridgeshire	44	183	239	263	729 pts
34	Surrey	155	158	217	218	748 pts
35	Suffolk	120	170	250	265	805 pts
36	Lincolnshire	195	196	209	253	853 pts
37	Norfolk	205	216	223	225	869 pts
38	Berkshire	189	231	235	252	907 pts
39	Mid Glamorgan	137	202	288	289	916 pts

Under 15 Girls

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	325	N Coates	North East Counties	15:14	81	71	H Robinson	Cheshire	17:19
2	370	H Norman	Scottish East	15:37	82	346	C Harry	Northamptonshire	17:20
3	205	C Campbell	Hertfordshire	15:41	83	79	J McWilliams	Cornwall	17:23
4	281	J Shortall	Merseyside	15:43	84	347	Z Hopkins	Northamptonshire	17:25
5	332	C Wilson	North East Counties	15:50	85	165	K Preest	Gloucestershire	17:25
6	203	T Brazier	Hertfordshire	15:53	86	440	S Rice	Warwickshire	17:26
7	212	L Samuels	Hertfordshire	15:57	87	471	R Jablonski	Worcestershire	17:26
8	393	E Ward	Staffordshire	16:07	88	302	A Ouharova	Middlesex	17:27
9	43	S Jarvis	Buckinghamshire	16:08	89	300	S Miles	Middlesex	17:28
10	105	E Wheeler	Derbyshire	16:10	90	126	J Pain	Dorset	17:28
11	279	J Mockler	Merseyside	16:14	91	437	G Howard	Warwickshire	17:29
12	153	L Williams	Essex	16:14	92	93	N Underwood	Cumbria	17:29
13	483	E Hokinson	Yorkshire	16:20	93	19	D Goff	Bedfordshire	17:29
14	487	J Spooner	Yorkshire	16:22	94	330	J Mooney	North East Counties	17:30
15	1	L Appleton	Avon & Somerset	16:24	95	219	H Carr	Humberside	17:31
16	276	C Dickinson	Merseyside	16:25	96	218	N Buckingham	Humberside	17:32
17	14	S Crispsey	Bedfordshire	16:26	97	96	R Fletcher	Derbyshire	17:32
18	115	C Martindill	Devonshire	16:26	98	137	G Mounsey	Dyfed	17:33
19	244	E Rutland	Lancashire	16:26	99	419	K Allen	Sussex	17:33
20	215	L Aaron	Humberside	16:26	100	383	K Bailey	Staffordshire	17:35
21	80	H Pearson	Cornwall	16:27	101	442	K Taylor	Warwickshire	17:35
22	213	C Stevens	Hertfordshire	16:29	102	3	S Drewler	Avon & Somerset	17:36
23	299	S Koehne	Middlesex	16:32	103	278	R Lindsay	Merseyside	17:37
24	283	M Whalley	Merseyside	16:32	104	62	K Brennan	Cheshire	17:37
25	174	V O'Brien	Greater Manchester	16:33	105	240	K Hesketh	Lancashire	17:38
26	470	V Harris	Worcestershire	16:34	106	114	S Hunt	Devonshire	17:38
27	177	S Williams	Greater Manchester	16:35	107	236	Z Morrell	Kent	17:39
28	186	G Greenfield	Hampshire	16:35	108	45	J Nurse	Buckinghamshire	17:40
29	431	H Bebbington	Warwickshire	16:35	109	337	L Jones	North Wales Counties	17:41
30	184	J Gerrard	Hampshire	16:36	110	430	S White	Sussex	17:41
31	366	H Dean	Oxfordshire	16:36	111	37	A Childs	Buckinghamshire	17:41
32	185	J Goldsack	Hampshire	16:38	112	139	L Phillips	Dyfed	17:42
33	282	L Vernon	Merseyside	16:39	113	75	E Cookson	Cornwall	17:42
34	172	A Lomas	Greater Manchester	16:40	114	297	S Dareve	Middlesex	17:43
35	331	E Thompson	North East Counties	16:42	115	231	C Hobday	Kent	17:43
36	171	K Hallsworth	Greater Manchester	16:44	116	210	K Markham	Hertfordshire	17:43
37	207	C Fearn	Hertfordshire	16:45	117	255	H Mason	Leicestershire	17:44
38	69	L McCreesh	Cheshire	16:47	118	85	V Brocklebank	Cumbria	17:45
39	188	E Lowndes	Hampshire	16:50	119	482	K Harrison	Yorkshire	17:47
40	90	L Kelly	Cumbria	16:51	120	396	S Gosling	Suffolk	17:49
41	242	J Palmer	Lancashire	16:51	121	187	A Johnson	Hampshire	17:50
42	63	S Chapman	Cheshire	16:51	122	144	S Goodman	Essex	17:50
43	385	C Booker	Staffordshire	16:51	123	429	S Whitby	Sussex	17:50
44	52	J Cliff	Cambridgeshire	16:52	124	64	Z Chapman	Cheshire	17:50
45	484	N Holdsworth	Yorkshire	16:52	125	305	D Simmons	Middlesex	17:51
46	378	L Pottinger	Shropshire	16:52	126	327	V Gallagher	North East Counties	17:51
47	92	G Phillips	Cumbria	16:53	127	12	L Tucker	Avon & Somerset	17:51
48	480	H Garnham	Yorkshire	16:54	128	441	B Southern	Warwickshire	17:52
49	329	C Millne	North East Counties	16:55	129	306	E Taylor	Middlesex	17:52
50	485	H Nutton	Yorkshire	16:56	130	16	S Frost	Bedfordshire	17:52
51	183	H Fairbairn	Hampshire	16:57	131	423	C Loughman	Sussex	17:53
52	176	C Ratcliffe	Greater Manchester	16:57	132	216	R Bieby	Humberside	17:53
53	235	N Masterton	Kent	16:58	133	222	K Elder	Humberside	17:53
54	168	K Crewe	Greater Manchester	16:58	134	273	S Bullock	Merseyside	17:54
55	458	C Farris	Wiltshire	16:59	135	340	S Williams	North Wales Counties	17:54
56	354	M Keep	Nottinghamshire	16:59	136	384	L Birch-Machin	Staffordshire	17:56
57	427	N Sallis	Sussex	17:00	137	291	L Jones	Mid Glamorgan	17:56
58	131	S Brew	Dyfed	17:01	138	234	E Lilley	Kent	17:57
59	227	J Brown	Kent	17:02	139	324	L Burton	North East Counties	17:57
60	436	S Haywood	Warwickshire	17:03	140	322	G Aveyard	North East Counties	17:59
61	301	J Oliver	Middlesex	17:03	141	338	L Scott	North Wales Counties	18:00
62	243	C Riley	Lancashire	17:05	142	143	S Fayers	Essex	18:00
63	206	S Eaton	Hertfordshire	17:05	143	256	N Messenger	Leicestershire	18:01
64	253	M Iliffe	Leicestershire	17:05	144	190	H Jenner	Hampshire	18:01
65	232	M Hunt	Kent	17:06	145	476	B Vaughan	Worcestershire	18:02
66	178	J Wood	Greater Manchester	17:08	146	15	J Dudolic	Bedfordshire	18:03
67	435	S Hasler	Warwickshire	17:09	147	377	G Owen	Shropshire	18:05
68	68	K Leather	Cheshire	17:09	148	426	E Pincott	Sussex	18:06
69	182	R Edwards	Hampshire	17:09	149	251	J Green	Leicestershire	18:08
70	175	N Ramsdale	Greater Manchester	17:10	150	117	V Spear	Devonshire	18:08
71	388	E Davies	Staffordshire	17:11	151	11	P Rix	Avon & Somerset	18:08
72	364	G Brown	Oxfordshire	17:12	152	155	J Brewer	Gloucestershire	18:09
73	100	J Lindsay	Derbyshire	17:13	153	304	K Ptonka	Middlesex	18:09
74	478	K Davey	Yorkshire	17:15	154	472	S Lonergan	Worcestershire	18:09
75	274	M Burke	Merseyside	17:16	155	415	J Meller	Surrey	18:09
76	154	L Winter	Essex	17:16	156	150	K Robinson	Essex	18:10
77	439	A Mytton	Warwickshire	17:16	157	95	R Curley	Derbyshire	18:10
78	160	R Hill	Gloucestershire	17:16	158	409	J Carr	Surrey	18:10
79	389	B Heathcote	Staffordshire	17:17	159	348	S Lee	Northamptonshire	18:11
80	230	L Collins	Kent	17:18	160	239	B Dix	Lancashire	18:11

Under 15 Girls

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	149	V Purkiss	Essex	18:12	241	414	M Joslyn	Surrey	19:08
162	7	N Hoggesteger	Avon & Somerset	18:12	242	416	G Stokes	Surrey	19:08
163	138	A Owen	Dyfed	18:12	243	125	A Kerr	Dorset	19:17
164	116	R Passmore	Devonshire	18:12	244	335	C Coppack	North Wales Counties	19:22
165	89	A Flynn	Cumbria	18:13	245	344	D Glover	Northamptonshire	19:24
166	229	J Clark	Kent	18:13	246	159	N Herbert	Gloucestershire	19:26
167	86	L Chapman	Cumbria	18:13	247	128	A Stone	Dorset	19:28
168	214	C Thomas	Hertfordshire	18:13	248	163	A Minett	Gloucestershire	19:29
169	151	K Smith	Essex	18:14	249	379	G Small	Shropshire	19:30
170	398	J Morris	Suffolk	18:14	250	403	J Siles	Suffolk	19:30
171	223	A Francis	Humberside	18:15	251	118	C Vooght	Devonshire	19:30
172	336	L Hughes	North Wales Counties	18:15	252	31	D Oughton	Berkshire	19:31
173	103	C Towers	Derbyshire	18:15	253	270	J Wood	Lincolnshire	19:31
174	123	S Eaton	Dorset	18:16	254	455	J Brewer	Wiltshire	19:31
175	352	R Strapp	Northamptonshire	18:16	255	265	K McAllister	Lincolnshire	19:33
176	421	K Isles	Sussex	18:17	256	108	H Butler	Devonshire	19:38
177	392	K Tromans	Staffordshire	18:17	257	460	L Horrobin	Wiltshire	19:40
178	6	A Hector	Avon & Somerset	18:18	258	309	N Alford	Norfolk	19:40
179	81	K Trehan	Cornwall	18:19	259	353	H Baines	Nottinghamshire	19:41
180	486	S Pritchard	Yorkshire	18:20	260	343	B Damms	Northamptonshire	19:41
181	356	H Palmer	Nottinghamshire	18:20	261	74	K Brown	Cornwall	19:41
182	247	R Wells	Lancashire	18:21	262	82	L West	Cornwall	19:42
183	53	K Garrod	Cambridgeshire	18:21	263	60	T Withers	Cambridgeshire	19:42
184	98	J Jolly	Derbyshire	18:22	264	88	B Featherstone	Cumbria	19:43
185	99	E Lilley	Derbyshire	18:23	265	397	G Keely	Suffolk	19:44
186	380	H Smout	Shropshire	18:23	266	469	Z Goodhall	Worcestershire	19:44
187	84	R Bowe	Cumbria	18:24	267	164	S Mooney	Gloucestershire	19:45
188	355	L Munton	Nottinghamshire	18:24	268	142	C Thomas	Dyfed	19:47
189	33	K Rafferty	Berkshire	18:25	269	220	K Chisholm	Humberside	19:48
190	148	L Neville	Essex	18:26	270	361	K Wilson	Nottinghamshire	19:48
191	462	E Morris	Wiltshire	18:26	271	269	K Tregay	Lincolnshire	19:51
192	129	K Stone	Dorset	18:27	272	474	H Scott	Worcestershire	19:52
193	38	R Crook	Buckinghamshire	18:28	273	261	K Bateson	Lincolnshire	19:53
194	259	N Sperry	Leicestershire	18:29	274	454	L Banford	Wiltshire	19:53
195	263	G Jones	Lincolnshire	18:29	275	417	V Stokes	Surrey	19:55
196	266	J Peters	Buckinghamshire	18:29	276	465	K Williams	Wiltshire	20:01
197	40	F Graham	Humberside	18:30	277	367	K Fuller	Oxfordshire	20:02
198	221	S Crabtree	Leicestershire	18:32	278	56	L Ireson	Cambridgeshire	20:05
199	250	A Doyle	Leicestershire	18:33	279	362	S Wilson	Nottinghamshire	20:06
200	258	C Simkin	Leicestershire	18:35	280	463	S Rudman	Wiltshire	20:12
201	120	K Brewer	Dorset	18:36	281	315	K English	Norfolk	20:25
202	295	C Woolley	Mid Glamorgan	18:37	282	50	C Birch-McMullen	Cambridgeshire	20:25
203	20	M Mayne	Bedfordshire	18:38	283	268	R Simon	Lincolnshire	20:29
204	78	H Gray	Cornwall	18:38	284	132	S Easton	Dyfed	20:32
205	319	R Rutherford	Norfolk	18:39	285	201	H Smith	Herefordshire	20:41
206	473	E Morris	Worcestershire	18:39	286	373	K Fry	Shropshire	20:56
207	342	R Currie	Northamptonshire	18:39	287	55	L Holme	Cambridgeshire	21:01
208	381	N Turner	Shropshire	18:40	288	285	L Davies	Mid Glamorgan	21:21
209	264	A Lill	Lincolnshire	18:40	289	294	A Wate	Mid Glamorgan	21:28
210	48	Z Whitten	Buckinghamshire	18:41	290	192	K Davey	Herefordshire	21:30
211	136	L Morris	Dyfed	18:43	291	395	A Bloo	Suffolk	21:46
212	112	S Harries	Devonshire	18:44	292	57	R Mainwood	Cambridgeshire	22:05
213	357	S Stanley	Nottinghamshire	18:46	293	200	M Simcock	Herefordshire	22:20
214	23	J Rogers	Bedfordshire	18:46	294	401	K Powell	Suffolk	23:03
215	457	C Cook	Wiltshire	18:47					
216	320	H Smith	Norfolk	18:48					
217	413	N Jordan	Surrey	18:49					
218	407	Z Baldwin	Surrey	18:49					
219	349	K Mackay	Northamptonshire	18:50					
220	73	M Bray	Cornwall	18:50					
221	102	S Sykes	Derbyshire	18:50					
222	156	W Chang	Gloucestershire	18:50					
223	316	D Huntingdon	Norfolk	18:50					
224	122	E Dumbleton	Dorset	18:51					
225	317	H McGrath	Norfolk	18:51					
226	359	L Tomaney	Nottinghamshire	18:52					
227	135	K Jones	Dyfed	18:55					
228	119	V Ackerman	Dorset	18:55					
229	425	A Naylor	Sussex	18:56					
230	18	C Garwood	Bedfordshire	18:57					
231	34	H Richardson	Berkshire	18:57					
232	467	J Cartwright	Worcestershire	19:00					
233	46	R Simons	Buckinghamshire	19:01					
234	410	J Clark	Surrey	19:03					
235	29	S Maddocks	Berkshire	19:04					
236	134	B Jones	Dyfed	19:05					
237	314	A Dungar	Norfolk	19:05					
238	113	J Horne	Devonshire	19:05					
239	59	M Stone	Cambridgeshire	19:05					
240	157	T Freeston	Gloucestershire	19:05					

Under 13 Boys

Pos.	County	2	5	12	19	Pts
1	Greater Manchester					38 pts
2	Cheshire	21	27	29	45	122 pts
3	Kent	4	8	39	71	122 pts
4	North Eastern	6	31	41	51	129 pts
5	Yorkshire	16	26	43	53	138 pts
6	Warwickshire	9	23	32	75	139 pts
7	Essex	1	40	48	64	153 pts
8	Staffordshire	7	37	57	67	168 pts
9	Cornwall	15	24	63	72	174 pts
10	Hampshire	30	38	44	81	193 pts
11	Lancashire	28	50	58	61	197 pts
12	Leicestershire	14	20	82	90	206 pts
13	Merseyside	11	54	69	74	208 pts
14	Avon & Somerset	17	47	95	103	262 pts
15	Surrey	10	13	98	173	294 pts
16	Middlesex	3	78	105	115	301 pts
17	Norfolk	65	73	76	124	338 pts
18	Hertfordshire	35	85	102	127	349 pts
19	Buckinghamshire	49	96	101	122	368 pts
20	Dorset	59	91	100	166	416 pts
21	Northamptonshire	33	62	143	196	434 pts
22	Devon	80	88	116	157	441 pts
23	Cumbria	18	145	150	154	467 pts
24	Shropshire	46	125	131	172	474 pts
25	Sussex	60	112	141	201	514 pts
26	Derbyshire	109	138	152	187	586 pts
27	Nottinghamshire	119	133	165	175	592 pts
28	Suffolk	68	121	210	226	625 pts
29	Berkshire	132	142	168	191	633 pts
30	Wiltshire	36	155	200	246	637 pts
31	Dyfed	148	158	170	171	647 pts
32	Bedfordshire	151	160	176	190	677 pts
33	North Wales Counties	34	161	229	254	678 pts
34	Oxfordshire	123	163	178	216	680 pts
35	Mid Glamorgan	99	184	197	227	707 pts
36	Lincolnshire	126	149	221	225	721 pts
37	Humberside	70	194	218	239	721 pts
38	Cambridgeshire	42	182	250	271	745 pts
39	West Glamorgan	118	207	219	223	767 pts
40	Worcestershire	177	220	235	256	888 pts

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Under 13 Boys

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	146	G Coppin	Essex	12:17	81	178	D Ledgerwood	Hampshire	13:32
2	165	C Iddon	Greater Manchester	12:23	82	244	P Brown	Leicestershire	13:32
3	294	M Farah	Middlesex	12:30	83	322	C Oliver	North Eastern	13:32
4	219	W Bolton	Kent	12:34	84	392	M Pardington	Staffordshire	13:32
5	167	T Qualters	Greater Manchester	12:38	85	196	A Cracknell	Hertfordshire	13:33
6	320	M Hassan	North Eastern	12:38	86	395	P Shaw	Staffordshire	13:33
7	398	D Smith	Staffordshire	12:39	87	81	R Stapleton	Cornwall	13:33
8	222	M Hill	Kent	12:39	88	112	D Collins	Devon	13:33
9	437	M Lole	Warwickshire	12:41	89	490	J Scott	Yorkshire	13:34
10	415	T Lyszyk	Surrey	12:43	90	248	D Harris	Leicestershire	13:34
11	268	S Charlton	Merseyside	12:44	91	122	K Bodle	Dorset	13:35
12	168	K Sellars	Greater Manchester	12:46	92	221	E Hampton	Kent	13:35
13	417	E Prickett	Surrey	12:46	93	253	N Pollard	Leicestershire	13:36
14	250	D Kent	Leicestershire	12:47	94	324	R Smees	North Eastern	13:36
15	75	R Hanley	Cornwall	12:47	95	11	S Stygall	Avon & Somerset	13:37
16	482	A Cowan	Yorkshire	12:47	96	38	N Johnson	Buckinghamshire	13:37
17	3	L Evans	Avon & Somerset	12:49	97	233	R Edgar	Lancashire	13:38
18	95	A Tidmarsh	Cumbria	12:49	98	421	L Wahed	Surrey	13:38
19	166	K Jackson	Greater Manchester	12:51	99	288	H Thomas	Mid Glamorgan	13:38
20	243	P Ard	Leicestershire	12:52	100	125	M Davies	Dorset	13:39
21	65	M Corr	Cheshire	12:53	101	39	O Josephson	Buckinghamshire	13:39
22	164	C Hardman	Greater Manchester	12:54	102	204	K Walden	Hertfordshire	13:40
23	436	P Lilford	Warwickshire	12:56	103	7	D Maddalena	Avon & Somerset	13:40
24	78	S Matthews	Cornwall	12:56	104	442	M Murray	Warwickshire	13:41
25	163	L Grantham	Greater Manchester	12:57	105	302	N Wheatley	Middlesex	13:41
26	483	S Enright	Yorkshire	12:58	106	179	G Mucci	Hampshire	13:41
27	67	D Green	Cheshire	13:00	107	270	T Holsgrave	Merseyside	13:42
28	234	A Ford	Lancashire	13:01	108	5	L Frost	Avon & Somerset	13:42
29	61	D Addison	Cheshire	13:02	109	108	R Weir	Derbyshire	13:42
30	174	G Fairbank	Hampshire	13:02	110	493	P Young	Yorkshire	13:43
31	317	I Davey	North Eastern	13:04	111	72	J Wyatt	Cheshire	13:44
32	445	N West	Warwickshire	13:04	112	431	R Neal	Sussex	13:45
33	350	D Wood	Northamptonshire	13:05	113	176	C Lamb	Hampshire	13:45
34	333	M Jones	North Wales Counties	13:05	114	79	G Medland	Cornwall	13:46
35	198	N Hall	Hertfordshire	13:05	115	299	A Patterson	Middlesex	13:46
36	462	A Meaton	Wiltshire	13:06	116	114	O Gilmore	Devon	13:46
37	388	L Boulton	Staffordshire	13:07	117	390	B Madden	Staffordshire	13:46
38	181	K Weafer	Hampshire	13:07	118	452	L Hicks	West Glamorgan	13:46
39	229	S Thomson	Kent	13:08	119	359	R Soos	Nottinghamshire	13:47
40	142	D Allen	Essex	13:08	120	492	G Shaw	Yorkshire	13:47
41	326	L Winter	North Eastern	13:09	121	400	S Crichton	Suffolk	13:48
42	50	D Capps	Cambridgeshire	13:09	122	48	P Winfield	Buckinghamshire	13:48
43	488	S Mulhall	Yorkshire	13:09	123	372	J Penn	Oxfordshire	13:49
44	175	B Foreman	Hampshire	13:09	124	310	R Rutherford	Norfolk	13:49
45	64	G Capper	Cheshire	13:10	125	378	L Davies	Shropshire	13:50
46	380	A Johnson	Shropshire	13:11	126	257	P Gilbert	Lincolnshire	13:50
47	12	J Waterman	Avon & Somerset	13:11	127	195	N Babic	Hertfordshire	13:51
48	153	J Young	Essex	13:12	128	148	B Harman	Essex	13:52
49	46	C Septoe	Buckinghamshire	13:13	129	254	A White	Leicestershire	13:52
50	231	R Barton	Lancashire	13:14	130	305	D Hughes	Norfolk	13:52
51	316	P Best	North Eastern	13:14	131	383	M Ostride	Shropshire	13:53
52	169	R Waters	Greater Manchester	13:14	132	25	G Balch	Berkshire	13:53
53	491	A Senior	Yorkshire	13:15	133	361	R Wilbraham	Nottinghamshire	13:53
54	277	J Tarrt	Merseyside	13:15	134	312	J Spencer	Norfolk	13:54
55	161	M Egerton	Greater Manchester	13:16	135	156	L Kitchen	Gloucestershire	13:54
56	315	J Aveyard	North Eastern	13:17	136	8	M Price	Avon & Somerset	13:55
57	396	J Shum	Staffordshire	13:18	137	220	C Gay	Kent	13:55
58	235	M Hammer	Lancashire	13:20	138	105	W Potter	Derbyshire	13:55
59	126	S Davies	Dorset	13:20	139	225	J Proctor	Kent	13:56
60	425	J Edwards	Sussex	13:20	140	66	T Egerton	Cheshire	13:57
61	232	G Cooper	Lancashire	13:21	141	430	A Iles	Sussex	13:57
62	339	T Causebrook	Northamptonshire	13:21	142	35	D Street	Berkshire	13:57
63	80	C Prest	Cornwall	13:21	143	347	C Porter	Northamptonshire	13:58
64	145	M Clarke	Essex	13:22	144	151	E Van Der Schans	Essex	13:58
65	304	D Borrett	Norfolk	13:22	145	90	B Proctor	Cumbria	13:58
66	319	J Graham	North Eastern	13:23	146	295	D Hayes	Middlesex	13:59
67	391	S Marriot	Staffordshire	13:24	147	440	S McGlen	Warwickshire	13:59
68	399	J Cleaver	Suffolk	13:26	148	139	T Gregory	Dyfed	14:00
69	269	L Collins	Merseyside	13:27	149	255	C Cope	Lincolnshire	14:00
70	218	M Taylor	Humberstone	13:28	150	92	M Routledge	Cumbria	14:01
71	227	S Simmons	Kent	13:28	151	19	B Mattison	Bedfordshire	14:02
72	77	I Humble	Cornwall	13:28	152	99	K Butler	Derbyshire	14:02
73	311	J Skingsley	Norfolk	13:29	153	76	R Hawke	Cornwall	14:03
74	278	J Woodward	Merseyside	13:30	154	85	A Armstrong	Cumbria	14:03
75	439	G Massingham	Warwickshire	13:30	155	466	C Pokora	Wiltshire	14:03
76	308	M Nelson	Norfolk	13:31	156	150	R Smith	Essex	14:03
77	389	T Holden	Staffordshire	13:31	157	120	D Warden	Devon	14:03
78	291	S Carrington	Middlesex	13:31	158	137	R Dyde	Dyfed	14:04
79	223	J Leech	Kent	13:31	159	307	A Morbey	Norfolk	14:04
80	117	R Skornia	Devon	13:31	160	17	T Hobbs	Bedfordshire	14:05

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Under 13 Boys

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	336	C Pierce	North Wales Counties	14:06	241	285	M Rowe	Mid Glamorgan	14:37
162	63	B Bush	Cheshire	14:06	242	303	D Beier	Norfolk	14:38
163	374	L Thornhill	Oxfordshire	14:06	243	296	M Hazell	Middlesex	14:38
164	6	S Frost	Avon & Somerset	14:06	244	263	A Parry	Lincolnshire	14:39
165	355	J Hogg	Nottinghamshire	14:07	245	32	J Maitland	Berkshire	14:40
166	123	C Clement	Dorset	14:07	246	459	S Holloway	Wiltshire	14:43
167	276	J Sutcliffe	Merseyside	14:07	247	458	S Edwards	Wiltshire	14:45
168	29	J Downing	Berkshire	14:08	248	130	D Scott	Dorset	14:45
169	485	P Hardy	Yorkshire	14:08	249	261	S Lucas	Lincolnshire	14:46
170	135	S Clarke	Dyfed	14:08	250	53	R Doubleday	Cambridgeshire	14:46
171	141	D Moore	Dyfed	14:09	251	121	J Amey	Dorset	14:46
172	379	I Glendinning	Shropshire	14:09	252	423	J Dennis	Sussex	14:47
173	420	D Sparschout	Surrey	14:09	253	343	T Harris	Northamptonshire	14:47
174	140	C Jones	Dyfed	14:10	254	338	M Stanton	North Wales Counties	14:47
175	351	L Edwards	Nottinghamshire	14:10	255	82	T Sundercombe	Cornwall	14:47
176	21	D Morrissey	Bedfordshire	14:10	256	479	A Rickard	Worcestershire	14:48
177	480	L Slater	Worcestershire	14:10	257	207	James Blair	Humberside	14:48
178	371	A Moreton	Oxfordshire	14:11	258	475	J Mielczarek	Worcestershire	14:48
179	157	I Sampson	Gloucestershire	14:11	259	127	T Gunning	Dorset	14:49
180	44	P Sigglechner	Buckinghamshire	14:12	260	292	M Chandler	Middlesex	14:50
181	110	N Blight	Devon	14:12	261	330	D Griffiths	North Wales Counties	14:50
182	54	Rus Doubleday	Cambridgeshire	14:12	262	18	P Lawrence	Bedfordshire	14:51
183	202	M Paterson	Hertfordshire	14:14	263	370	B King	Oxfordshire	14:52
184	289	J Walsh	Mid Glamorgan	14:14	264	376	D Bond	Shropshire	14:52
185	86	P Donaldson	Cumbria	14:15	265	346	K Millett	Northamptonshire	14:54
186	93	S Sloan	Cumbria	14:15	266	104	S Monaghan	Derbyshire	14:56
187	101	S Elliott	Derbyshire	14:16	267	348	M Rogers	Northamptonshire	14:56
188	199	A Hill	Hertfordshire	14:16	268	334	N Jones	North Wales Counties	14:58
189	94	M Stephenson	Cumbria	14:17	269	438	J Lucas	Warwickshire	14:59
190	15	C Finlay	Bedfordshire	14:17	270	408	A Ross	Suffolk	14:59
191	31	M Holloway	Berkshire	14:17	271	59	A Webb	Cambridgeshire	15:00
192	182	B Wells	Hampshire	14:17	272	51	G Cliff	Cambridgeshire	15:01
193	115	D Palmer	Devon	14:18	273	366	N Clarke	Oxfordshire	15:02
194	214	L Lawson	Humberside	14:18	274	463	L Nyrne	Wiltshire	15:02
195	136	C Davis	Dyfed	14:19	275	87	S Pattinson	Cumbria	15:02
196	340	M Collins	Northamptonshire	14:19	276	188	M Grace	Hertfordshire	15:02
197	283	M Mayho	Mid Glamorgan	14:19	277	368	N Gordon	Oxfordshire	15:03
198	26	J Clark	Berkshire	14:20	278	14	H Dalvi	Bedfordshire	15:03
199	33	I Masters	Wiltshire	14:20	279	107	D Thompson	Derbyshire	15:03
200	460	J Manion	Sussex	14:20	280	24	A Wiltshire	Bedfordshire	15:04
201	428	K Hobson	Buckinghamshire	14:21	281	300	L Radford	Middlesex	15:04
202	45	A Staten	Hertfordshire	14:21	282	477	A Ramage	Worcestershire	15:05
203	206	T White	Nottinghamshire	14:21	283	217	M Rea	Humberside	15:08
204	360	L Varley	Nottinghamshire	14:21	284	365	R Chaffe	Oxfordshire	15:11
205	353	J Hayward	Nottinghamshire	14:22	285	424	R Dinnis	Sussex	15:14
206	382	P Nicholls	Shropshire	14:22	286	407	N Rawlings	Suffolk	15:16
207	448	C Davies	West Glamorgan	14:22	287	470	J Buchanan	Worcestershire	15:17
208	443	M Owen	Warwickshire	14:23	288	467	J Ross	Wiltshire	15:17
209	42	A Quinn	Buckinghamshire	14:23	289	377	S Conroy	Shropshire	15:19
210	402	R Fawcett	Suffolk	14:23	290	405	J Murphy	Suffolk	15:21
211	433	T Ruffier	Sussex	14:24	291	455	T Jones	West Glamorgan	15:24
212	416	G Parker	Surrey	14:25	292	165	P Kellie	Cambridgeshire	15:32
213	246	K Foreman	Leicestershire	14:25	293	56	G Houghton	Suffolk	15:32
214	414	N Light	Surrey	14:25	294	409	J Vince	Humberside	15:37
215	197	N Gamester	Hertfordshire	14:26	295	212	D Harper	Bedfordshire	15:44
216	373	D Prickett	Oxfordshire	14:26	296	13	C Beattie	Derbyshire	15:48
217	422	R Wasserburg	Surrey	14:26	297	102	M Ellison	Humberside	15:49
218	209	B Enwright	Humberside	14:26	298	216	R Potter	West Glamorgan	15:49
219	449	I Davies	West Glamorgan	14:26	299	454	S Jones	Cambridgeshire	15:58
220	472	M Dudley	Worcestershire	14:27	300	60	D Wiles	Gloucestershire	16:09
221	262	K Melton	Lincolnshire	14:27	301	158	D Thomas	Gloucestershire	16:16
222	357	T Milnes	Nottinghamshire	14:28	302	185	B Chambers	Hertfordshire	16:31
223	456	J Lijertwood	West Glamorgan	14:28	303	447	G Davies	West Glamorgan	16:37
224	413	B El-Shirbiny	Surrey	14:28	304	183	T Bagley	Hertfordshire	16:42
225	265	D Smith	Lincolnshire	14:29	305	474	C Flynn	Worcestershire	17:00
226	406	S Palmer	Suffolk	14:30	306	453	G Jones	West Glamorgan	17:13
227	284	G Morris	Mid Glamorgan	14:30	307	192	A Sabel	Hertfordshire	
228	358	S Nicholls	Nottinghamshire	14:30					
229	337	G Ruggeri	North Wales Counties	14:31					
230	272	T Nelson	Merseyside	14:31					
231	9	R Rich	Avon & Somerset	14:31					
232	43	M Sigglechner	Buckinghamshire	14:32					
233	111	B Cann	Devon	14:32					
234	385	C Warburton	Shropshire	14:32					
235	476	D Mitchell	Worcestershire	14:34					
236	173	J Coff	Hampshire	14:36					
237	71	D Moorcroft	Cheshire	14:36					
238	138	M Fuge	Dyfed	14:36					
239	213	S Howlett	Humberside	14:36					
240	36	K Wightman	Berkshire	14:37					

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wiggmore Valley Park, Luton

Under 13 Girls

Pos.	County	13	15	23	28	Pts
1	Lancashire					79 pts
2	North East Counties	3	21	29	30	83 pts
3	Merseyside	11	17	25	33	86 pts
4	Essex	1	16	35	40	92 pts
5	Hampshire	14	18	20	77	129 pts
6	Yorkshire	4	10	56	85	155 pts
7	Hertfordshire	6	27	59	66	158 pts
8	Kent	2	24	65	76	167 pts
9	Staffordshire	44	49	50	71	214 pts
10	Humberside	19	63	72	95	249 pts
11	Warwickshire	39	47	74	93	253 pts
12	Cornwall	8	9	79	180	276 pts
13	Greater Manchester	26	41	99	113	279 pts
14	Cheshire	7	92	102	104	305 pts
15	Surrey	61	73	75	97	306 pts
16	Dyfed	36	45	83	144	308 pts
17	Norfolk	67	68	69	129	333 pts
18	Middlesex	52	54	91	156	353 pts
19	Avon & Somerset	38	98	105	127	368 pts
20	Northamptonshire	5	101	134	139	379 pts
21	Sussex	43	58	121	161	383 pts
22	Oxfordshire	51	89	112	143	395 pts
23	Nottinghamshire	62	87	120	152	421 pts
24	Worcestershire	37	82	116	187	422 pts
25	Bedfordshire	12	96	171	173	452 pts
26	Buckinghamshire	110	131	136	138	515 pts
27	Berkshire	84	142	145	151	522 pts
28	Leicestershire	103	122	124	175	524 pts
29	Derbyshire	64	126	162	202	554 pts
30	Devonshire	86	146	153	207	592 pts
31	Gloucestershire	70	90	215	222	597 pts
32	Cumbria	125	164	166	178	633 pts
33	Suffolk	22	201	209	226	658 pts
34	Wiltshire	80	199	200	227	706 pts
35	Cambridgeshire	57	163	243	264	727 pts
36	Shropshire	94	218	223	229	764 pts
37	Dorset	179	204	219	224	826 pts
38	North Wales Counties	174	195	236	271	876 pts
39	Lincolnshire	181	193	248	259	881 pts
40	Mid Glamorgan	241	260	270	276	1047 pts

Under 13 Girls

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
1	152	S Raven	Essex	11:58	81	202	J Brooke	Hertfordshire	13:27
2	236	G Viney	Kent	11:59	82	468	K Hopson	Worcestershire	13:27
3	327	G Taylor	North East Counties	12:12	83	143	G Thomas	Dyfed	13:29
4	481	B Fender	Yorkshire	12:14	84	29	N Lansley	Berkshire	13:30
5	348	L Widdicks	Northamptonshire	12:19	85	485	L Wainwright	Yorkshire	13:30
6	210	J Nugent	Hertfordshire	12:19	86	115	G Hopkins	Devonshire	13:30
7	70	L Whitaker	Cheshire	12:23	87	353	B Johnson	Nottinghamshire	13:30
8	82	J Simpson	Cornwall	12:23	88	151	L Gorin	Essex	13:31
9	78	Z Jelbert	Cornwall	12:24	89	362	F Briscoe	Oxfordshire	13:31
10	483	K Rhodes	Yorkshire	12:26	90	159	L Durman	Gloucestershire	13:32
11	278	C Terry	Merseyside	12:26	91	302	K Nolan	Middlesex	13:33
12	13	C Bassill	Bedfordshire	12:37	92	69	B Whittaker	Cheshire	13:33
13	237	J Bradford	Lancashire	12:42	93	431	K Gidley	Warwickshire	13:34
14	181	S Cochrane-Dyet	Hampshire	12:45	94	374	J Lavender	Shropshire	13:34
15	244	V Rustus	Lancashire	12:47	95	221	K Searle	Humberside	13:35
16	144	L Bailey	Essex	12:48	96	19	E Langdon	Bedfordshire	13:36
17	270	L Michaelson	Merseyside	12:49	97	415	L Vyse	Surrey	13:36
18	186	N Newton	Hampshire	12:50	98	6	S Gardner	Avon & Somerset	13:38
19	215	N Curtis	Humberside	12:51	99	165	S Bowers	Greater Manchester	13:38
20	179	L Boon	Hampshire	12:51	100	183	M Johnson	Hampshire	13:39
21	324	K Read	North East Counties	12:52	101	338	C Faulkner	Northamptonshire	13:40
22	402	K Waterson	Suffolk	12:52	102	66	K Randles	Cheshire	13:40
23	238	K Brooks	Lancashire	12:53	103	257	H Whitmore	Leicestershire	13:40
24	231	D Jeffery	Kent	12:54	104	67	J Tatler	Cheshire	13:40
25	272	H O'Connor	Merseyside	12:55	105	1	G Broadhurst	Avon & Somerset	13:41
26	175	L Todd	Greater Manchester	12:55	106	477	K Baines	Yorkshire	13:41
27	212	S Stanmore	Hertfordshire	12:56	107	185	M Mals	Hampshire	13:41
28	240	N Edworthy	Lancashire	12:57	108	204	J Clark	Hertfordshire	13:41
29	317	H Armitage	North East Counties	12:58	109	148	L Claridge	Essex	13:42
30	325	K Swyer	North East Counties	12:58	110	43	C Penfold	Buckinghamshire	13:42
31	328	K Waugh	North East Counties	13:00	111	435	A O'Farrell	Warwickshire	13:42
32	323	H Lister	North East Counties	13:02	112	359	D Barrow	Oxfordshire	13:42
33	279	K Thomas	Merseyside	13:03	113	174	K Thornton	Greater Manchester	13:42
34	276	H Sefton	Merseyside	13:03	114	171	K Roston	Greater Manchester	13:43
35	146	H Brook	Essex	13:04	115	167	S Kirby	Greater Manchester	13:43
36	135	C Evans	Dyfed	13:04	116	463	L Addison	Worcestershire	13:43
37	465	G Crowe	Worcestershire	13:05	117	166	G Farnworth	Greater Manchester	13:43
38	8	L Jones	Avon & Somerset	13:05	118	188	C Sarell	Hampshire	13:44
39	438	M Smith	Warwickshire	13:06	119	383	E Fisher	Staffordshire	13:44
40	150	F Fullerton	Essex	13:07	120	351	K Harries	Nottinghamshire	13:44
41	168	S Lawrence	Greater Manchester	13:08	121	426	C Watts	Sussex	13:45
42	155	H Stubbs	Essex	13:09	122	254	N Iliffe	Leicestershire	13:45
43	416	A Bevan	Sussex	13:10	123	387	K Knight	Staffordshire	13:45
44	386	N Hulse	Staffordshire	13:10	124	253	H Gibbs	Leicestershire	13:46
45	133	J Cadogan	Dyfed	13:11	125	93	C Wallbanks	Cumbria	13:46
46	275	M Roberts	Merseyside	13:11	126	105	R Owen	Derbyshire	13:47
47	429	J Dagnan	Warwickshire	13:11	127	4	J Essex	Avon & Somerset	13:47
48	243	L Richardson	Lancashire	13:12	128	277	N Stafford	Merseyside	13:48
49	385	N Harding	Staffordshire	13:13	129	307	M Glen	Norfolk	13:48
50	384	K Genders	Staffordshire	13:13	130	274	C Roberts	Merseyside	13:48
51	366	L King	Oxfordshire	13:13	131	38	L Bromilow	Buckinghamshire	13:49
52	301	R Nichols	Middlesex	13:14	132	227	K Chester	Kent	13:50
53	318	N Desai	North East Counties	13:14	133	480	C Emslie	Yorkshire	13:50
54	304	F Vosper	Middlesex	13:15	134	337	M Boyle	Northamptonshire	13:51
55	145	L Biscoe	Essex	13:15	135	476	H Baines	Yorkshire	13:51
56	478	V Boyle	Yorkshire	13:16	136	46	H Ward	Buckinghamshire	13:51
57	52	S Hornsby	Cambridgeshire	13:16	137	406	L Gould	Surrey	13:52
58	419	K Deacon	Sussex	13:16	138	42	J Janes	Buckinghamshire	13:52
59	207	L Hall	Hertfordshire	13:18	139	339	K Finch	Northamptonshire	13:52
60	322	J Hutchinson	Surrey	13:18	140	233	V Kellaway	Kent	13:53
61	405	C Gould	Nottinghamshire	13:19	141	170	D Riding	Greater Manchester	13:53
62	357	C Tomaney	Humberside	13:20	142	26	A Goater	Berkshire	13:54
63	216	D Daly	Derbyshire	13:21	143	364	G Eggleston	Oxfordshire	13:54
64	100	J Harding	Derbyshire	13:21	144	141	N Phillips	Dyfed	13:54
65	228	L Clayton	Kent	13:21	145	31	N Park	Berkshire	13:54
66	208	J Hill	Hertfordshire	13:22	146	119	A Sanders	Devonshire	13:55
67	314	B Parker	Norfolk	13:22	147	71	L Wood	Cheshire	13:55
68	313	J Palmer	Norfolk	13:23	148	432	E Love	Warwickshire	13:56
69	311	S Koziel	Norfolk	13:23	149	363	R Candlin	Oxfordshire	13:56
70	163	K Lambert	Gloucestershire	13:24	150	242	A McGregor	Lancashire	13:57
71	381	K Bullock	Staffordshire	13:24	151	32	D Roddy	Berkshire	13:57
72	214	L Curtis	Humberside	13:24	152	358	H Townsend	Nottinghamshire	13:57
73	414	E McGroarty	Surrey	13:25	153	109	S Andrews	Devonshire	13:57
74	434	S McGreavy	Warwickshire	13:25	154	7	R Holmes	Avon & Somerset	13:58
75	411	K Lucht	Surrey	13:25	155	217	L Dean	Humberside	13:59
76	230	M Hayward	Kent	13:26	156	300	S Mitchell	Middlesex	13:59
77	182	A Hutchinson	Hampshire	13:26	157	137	W Jones	Dyfed	13:59
78	180	E Chambers	Hampshire	13:26	158	40	L Dines	Buckinghamshire	13:59
79	83	K Simpson	Cornwall	13:27	159	41	Y Edwards	Buckinghamshire	14:00
80	455	S Crannis	Wiltshire	13:27	160	136	C Hyde	Dyfed	14:00

UK Inter Counties Cross Country Championship

Saturday 13th January, 1996. Wigmore Valley Park, Luton

Under 13 Girls

Pos.	#	Name	County	Time	Pos.	#	Name	County	Time
161	423	S Pickett	Sussex	14:00	241	290	S Steele	Mid Glamorgan	14:41
162	106	A Rayat	Derbyshire	14:01	242	87	K Clark	Cumbria	14:43
163	55	C Mainwood	Cambridgeshire	14:01	243	49	H Ashton	Cambridgeshire	14:43
164	88	L Dawson	Cumbria	14:01	244	131	E Swann	Dorset	14:44
165	413	S Matthew	Surrey	14:01	245	123	S Hanning	Dorset	14:44
166	89	S Dunkley	Cumbria	14:02	246	80	A Nicholas	Cornwall	14:44
167	5	J Gardner	Avon & Somerset	14:02	247	140	G Parry-Williams	Dyfed	14:45
168	315	T Smith	Norfolk	14:02	248	258	A Blackmore	Lincolnshire	14:45
169	63	L Feast	Cheshire	14:02	249	372	L Evans	Shropshire	14:46
170	205	K Clarke	Hertfordshire	14:03	250	111	E Collins	Devonshire	14:46
171	23	R O'Dell	Bedfordshire	14:03	251	340	L Geoghegan	Northamptonshire	14:47
172	309	E Hawkes	Norfolk	14:05	252	418	C Cherry	Sussex	14:48
173	15	L Chapman	Bedfordshire	14:06	253	72	L Yeomans	Cheshire	14:49
174	336	H Williams	North Wales Counties	14:06	254	81	G Scammell	Cornwall	14:49
175	246	H Almond	Leicestershire	14:06	255	14	P Carroll	Bedfordshire	14:49
176	25	C Anderson	Berkshire	14:07	256	397	S Kerr	Suffolk	14:50
177	450	R Weaver	West Glamorgan	14:07	257	454	C Charnan	Wiltshire	14:51
178	86	L Butler	Cumbria	14:08	258	16	E Dover	Bedfordshire	14:57
179	128	A Slade	Dorset	14:09	259	264	G Hardy	Lincolnshire	14:57
180	76	L Gant	Cornwall	14:09	260	292	R Woodyatt	Mid Glamorgan	14:58
181	267	E Ward	Lincolnshire	14:10	261	252	C Gavin	Leicestershire	14:59
182	11	J Perkins	Avon & Somerset	14:10	262	269	L Wright	Nottinghamshire	15:00
183	390	C Shaw	Staffordshire	14:11	263	350	C Coleman	Cambridgeshire	15:00
184	295	J Button	Middlesex	14:11	264	53	H Jasper	Shropshire	15:00
185	424	T Silk	Sussex	14:11	265	373	L Humphreys	Devonshire	15:01
186	232	K Jeffery	Kent	14:11	266	112	Z Dobson	Northamptonshire	15:01
187	473	E Thompson	Worcestershire	14:12	267	345	S Morgan	Warwickshire	15:02
188	85	C Blakey	Cumbria	14:14	268	433	M Lucas	Sussex	15:04
189	73	R Bowen	Cornwall	14:14	269	427	K Wilson	Mid Glamorgan	15:06
190	436	S Pollard	Warwickshire	14:15	270	283	M Davies	North Wales Counties	15:06
191	3	K Davies	Avon & Somerset	14:15	271	333	F Jones	Suffolk	15:06
192	346	S Oldfield	Northamptonshire	14:15	272	396	S Jolly	Wiltshire	15:07
193	262	C Dale	Lincolnshire	14:16	273	461	L Murphy	Gloucestershire	15:07
194	27	A Griffin	Berkshire	14:16	274	158	L Cythlau	Leicestershire	15:07
195	335	S Wallbank	North Wales Counties	14:17	275	250	L Dolby	Mid Glamorgan	15:09
196	294	S Bell	Middlesex	14:17	276	282	E Allmark	Gloucestershire	15:10
197	356	V Stevenson	Nottinghamshire	14:18	277	162	C Kitchen	Lincolnshire	15:11
198	382	D Evans	Staffordshire	14:18	278	261	C Crowley	Humberside	15:12
199	453	R Butler	Wiltshire	14:18	279	219	E Kirk	Leicestershire	15:13
200	451	C Ashpole	Wiltshire	14:19	280	256	C Sperry	Herefordshire	15:14
201	400	S Partridge	Suffolk	14:20	281	197	N Rouse	Mid Glamorgan	15:14
202	101	E Hudson	Derbyshire	14:20	282	286	R Green	Lincolnshire	15:16
203	444	K Healey	West Glamorgan	14:20	283	266	S Venus	Suffolk	15:23
204	125	H Heyes	Dorset	14:20	284	401	H Stevens	Lincolnshire	15:28
205	206	J Gray	Hertfordshire	14:21	285	259	S Bond	Dorset	15:29
206	474	S Tucker	Worcestershire	14:21	286	122	K Eaton	Derbyshire	15:30
207	116	N Joy	Devonshire	14:21	287	126	K O'Neill	Mid Glamorgan	15:31
208	298	J Langley	Middlesex	14:22	288	97	L Bailey	Leicestershire	15:32
209	393	M Calver	Suffolk	14:24	289	287	L Phillips	West Glamorgan	15:33
210	30	V Love	Berkshire	14:24	290	249	R Deegan	Cambridgeshire	15:42
211	34	V Staff	Berkshire	14:24	291	449	E Seward	Devonshire	15:43
212	310	K Hunt	Norfolk	14:26	292	57	J Peel	Suffolk	15:49
213	17	A Field	Bedfordshire	14:26	293	120	L Worthington	Dyfed	15:50
214	422	E Jones	Sussex	14:26	294	54	S Jasper	Gloucestershire	15:51
215	156	G Abbott	Gloucestershire	14:26	295	394	E Catchpole	North Wales Counties	15:59
216	305	S Carter	Norfolk	14:27	296	142	S Swale	North Wales Counties	15:59
217	479	L Catstree	Yorkshire	14:27	297	160	L Hobbs	Cumbria	16:02
218	375	B Mansfield	Shropshire	14:28	298	332	E Harding	Worcestershire	16:12
219	124	S Harvey	Dorset	14:28	299	330	A Gill	Mid Glamorgan	16:16
220	354	S Newton	Nottinghamshire	14:28	300	90	M O'Hea	Mid Glamorgan	16:30
221	213	R Atkinson	Humberside	14:29	301	464	N Collins	Herefordshire	16:38
222	164	L Rycroft	Gloucestershire	14:30	302	285	G Green	Wiltshire	17:02
223	368	G Becke	Shropshire	14:31	303	60	Kristine Robertson		
224	121	E Chaney	Dorset	14:31	304	284	L Ellington		
225	65	L Hitchen	Cheshire	14:31	305	198	J Spencer		
226	398	K Mason	Suffolk	14:32	306	457	A Griffin		
227	452	R Bullion	Wiltshire	14:32					
228	225	A Allerton	Kent	14:33					
229	376	C Moss	Shropshire	14:34					
230	74	S Bullock	Cornwall	14:34					
231	379	S Wray	Shropshire	14:36					
232	408	S Hendry	Surrey	14:38					
233	377	K Sands	Shropshire	14:38					
234	296	N Coleman	Middlesex	14:38					
235	367	N Roberts	Oxfordshire	14:38					
236	329	S Bennell	North Wales Counties	14:39					
237	409	A Hounslow	Surrey	14:39					
238	114	H Greep	Devonshire	14:39					
239	223	S Taylor	Humberside	14:40					
240	107	J Ross	Derbyshire	14:40					