

CHESHIRE TRACK AND FIELD LEAGUE

TIMETABLE - ROUND 1

TRACK

12:00	U11 Girls	75m
12:00	U11 Boys	75m
12:15	U13 Girls	100m
12:30	U15 Girls	100m
12:40	Senior Women	100m
12:50	Senior Men	100m
13:00	Men & Women	3000m
13:30	U13 Boys	200m
13:40	U15 Boys	200m
13:50	U17 Boys	200m
14:00	U11 Girls	600m
14:00	U11 Boys	600m
14:15	U13 Girls	800m
14:30	U13 Boys	800m
14:45	U17 Boys	800m
15:00	Senior Men	800m
15:15	U15 Girls	1500m
15:30	Senior Women	1500m
15:40	U15 Boys	1500m
15:50	U11 Girls	4x100 Relay
15:55	U11 Boys	4x100 Relay
16:00	U13 Boys	4x100m Relay
16:05	U15 Boys	4x100m Relay
16:10	U17 Boys	4x100m Relay
16:15	U13 Girls	4x100m Relay
16:20	U15 Girls	4x100m Relay
16:25	Senior Women	4x100m Relay
16:30	Senior Men	4x100m Relay

FIELD

12:00	U13 Boys	High Jump	U15 Boys	Discus
12:00	U17 Boys	Triple Jump		
12:30	U11 Boys & Girls	Long Jump		
12:45	U15 Girls	Shot		
13:20	Senior Women	Triple Jump	Senior Men	Javelin
13:30	U15 Girls	High Jump	U13 Girls	Discus
14:10	U15 Boys	Long Jump	U13 Boys	Shot
14:30	Senior Men	High Jump		
15:00	U13 Girls	Long Jump	U17 Boys	Shot
15:00	Senior Women	Javelin		
15:00	U11 Boys & Girls	Soft Javelin		

For U11 field events use two pools to assist in speeding up the event

Any Non Counting races will immediately follow the counting event.

Non counters may enter field events only at the discretion of the field referee.

CHESHIRE TRACK AND FIELD LEAGUE

TIMETABLE - ROUND 2

TRACK

12:00	U11 Girls	75m
12:00	U11 Boys	75m
12:15	U13 Boys	100m
12:30	U15 Boys	100m
12:40	U17 Boys	100m
13:00	Men & Women	3000m
13:20	U13 Girls	200m
13:30	U15 Girls	200m
13:40	Senior Women	200m
13:50	Senior Men	200m
14:00	U11 Girls	600m
14:00	U11 Boys	600m
14:15	U13 Girls	800m
14:30	U15 Girls	800m
14:45	Senior Women	800m
15:00	U15 Boys	800m
15:15	U13 Boys	1500m
15:30	U17 Boys	1500m
15:40	Senior Men	1500m
15:50	U11 Girls	4x100 Relay
15:55	U11 Boys	4x100 Relay
16:00	U13 Boys	4x100m Relay
16:05	U15 Boys	4x100m Relay
16:10	U17 Boys	4x100m Relay
16:15	U13 Girls	4x100m Relay
16:20	U15 Girls	4x100m Relay
16:25	Senior Women	4x400m Relay
16:30	Senior Men	4x400m Relay

FIELD

11:30	Senior Men	Hammer		
12:00	Senior Women	High Jump		
12:00	Senior Men	Long Jump		
12:30	U11 Boys & Girls	Long Jump		
12:45	U15 Boys	Shot		
13:20	U17 Boys	Long Jump	U13 Boys	Discus
13:30	U15 Boys	High Jump	U13 Girls	Shot
14:10	U15 Girls	Long Jump	U17 Boys	Shot
14:10	U15 Girls	Javelin		
14:30	U13 Girls	High Jump		
15:00	U13 Boys	Long Jump	Ladies	Shot
15:00	U11 Boys & Girls	Soft Javelin		

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CHESHIRE TRACK AND FIELD LEAGUE

TIMETABLE - ROUND 3

TRACK

12:00	U11 Girls	75m
12:00	U11 Boys	75m
12:15	U13 Girls	100m
12:30	U15 Girls	100m
12:40	Senior Women	100m
12:50	Senior Men	100m
13:00	Men & Women	3000m
13:30	U13 Boys	200m
13:40	U15 Boys	200m
13:50	U17 Boys	200m
14:00	U11 Girls	600m
14:00	U11 Boys	600m
14:15	U13 Girls	800m
14:30	U13 Boys	800m
14:45	U17 Boys	800m
15:00	Senior Men	800m
15:15	U15 Girls	1500m
15:30	Senior Women	1500m
15:40	U15 Boys	1500m
15:50	U11 Girls	4x100 Relay
15:55	U11 Boys	4x100 Relay
16:00	U13 Boys	4x100m Relay
16:05	U15 Boys	4x100m Relay
16:10	U17 Boys	4x100m Relay
16:15	U13 Girls	4x100m Relay
16:20	U15 Girls	4x100m Relay
16:25	Senior Women	4x100m Relay
16:30	Senior Men	4x100m Relay

FIELD

12:00	U13 Boys	High Jump	U17 Boys	Javelin
12:00	U15 Boys	Long Jump		
12:30	U11 Boys & Girls	Long Jump		
12:45	U15 Girls	Shot		
13:15	Senior Men	Triple Jump	Ladies	Discus
13:30	U15 Girls	High Jump		
14:00	Senior Women	Long Jump	U13 Boys	Shot
14:00	U13 Girls	Javelin		
14:15	U17 Boys	High Jump		
14:45	U15 Boys	Javelin		
15:00	U13 Girls	Long Jump	Senior Men	Shot
15:00	U11 Boys & Girls	Soft Javelin		

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CHESHIRE TRACK AND FIELD LEAGUE

TIMETABLE - ROUND 4

TRACK

12:00	U11 Girls	75m
12:00	U11 Boys	75m
12:15	U13 Boys	100m
12:30	U15 Boys	100m
12:40	U17 Boys	100m
13:00	Men & Women	3000m
13:20	U13 Girls	200m
13:30	U15 Girls	200m
13:40	Senior Women	200m
13:50	Senior Men	200m
14:00	U11 Girls	600m
14:00	U11 Boys	600m
14:15	U13 Girls	800m
14:30	U15 Girls	800m
14:45	Senior Women	800m
15:00	U15 Boys	800m
15:15	U13 Boys	1500m
15:30	U17 Boys	1500m
15:40	Senior Men	1500m
15:50	U11 Girl	4x100 Relay
15:55	U11 Boys	4x100 Relay
16:00	U13 Boys	4x100m Relay
16:05	U15 Boys	4x100m Relay
16:10	U17 Boys	4x100m Relay
16:15	U13 Girls	4x100m Relay
16:20	U15 Girls	4x100m Relay
16:25	Senior Women	4x100m Relay
16:30	Senior Men	4x100m Relay

FIELD

11:30	Senior Women	Hammer		
12:00	Senior Women	High Jump		
12:00	Senior Men	Long Jump		
12:30	U11 Boys & Girls	Long Jump		
12:45	U15 Boys	Shot		
13:20	U17 Boys	Long Jump	U13 Boys	Javelin
13:30	U15 Boys	High Jump	U13 Girls	Shot
14:10	U15 Girls	Long Jump	U17 Boys	Discus
14:10	Senior Men	Shot		
14:30	U13 Girls	High Jump		
15:00	U13 Boys	Long Jump	U15 Girls	Discus
15:00	U11 Boys & Girls	Soft Javelin		

For U11 field events use two pools to assist in speeding up the event

Any Non Counting races will immediately follow the counting event.

Non counters may enter field events only at the discretion of the field referee.