MEN

Date:

Team :

Venue :

Under 13 Boys	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Jump				
Throw				
Relay				

Under 15 Boys	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Jump				
Throw				
Relay				

Under 17 Men	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Jump				
Throw				
Relay				

Senior men	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
3000m				
Jump				
Throw				
Relay				

SHEET 1 of 4

WOMEN

Date:

Team :

Venue :

Under 13 Girls	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Jump				
Throw				
Relay				

Under 15 Girls	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Jump				
Throw				
Relay				

Senior Ladies	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
3000m				
Jump				
Throw				
Relay				

SHEET 2 of 4

UNDER 11'S

Date:

Team :

Venue :

U11 Girls	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Standing Lj				
Soft Javelin				
Relay				

Under 11 Boys	A' Runner	B' Runner	C' Runner	D' Runner
Sprint Race				
Middle Distance				
Standing Lj				
Soft Javelin				
Relay				

OFFICIALS

Date:

Team :

Venue :

OFFICIALS		Officials Name	Grade
	Timekeeper		
	Timekeeper		
	Track Judge		
	Track Judge		
	Field Judge		

<u>Please Note that a minimum of 5 officials or helpers are required per club to qualify for the officials points.</u> <u>Officials do not have to be graded.</u> If you need advice there will be qualified officials only to willing to help.

If clubs have more people willing to help on the day, it would be appreciated - every extra official helps

SHEET 4 OF 4