

2 J Howe	Mace	5938	13	48/4	55/9	12/1	42/62	88/16	25/32	40/mh/51	12/6	11/89)
3 T Bilham	GY	5455	14	39/8	37/7	98/1	27/65	14/20	83/28	84/2	90/25	32/5 57 50)
<b>Mens (60-64) Decathlon</b>												
1 C Sharfo	Row	6406	13	94/4	88/9	44/1	54/66	26/16	81/22	62/2	00/22	96/6 03 98)
2 J Phillips	Trow	5864	14	41/4	30/9	57/1	27/68	76/22	86/34	68/2	20/41	20/6 26 29)
<b>Mens (65-69) Decathlon</b>												
1 I Steedman	Mus	5188	15	16/5	85/7	04/1	12/71	92/19	59/21	56/1	80/25	20/7 03 27)
<b>Mens (70-74) Decathlon</b>												
1 L Childs	B/W	4095	18	24/3	00/9	08/1	15/90	99/21	70/21	62/1	60/19	78/7 22 28)
<b>Mens (80-84) Decathlon</b>												
1 T Rawlinson	Ver	4745	18	98/3	08/5	84/1	06/101	82/24	22/18	72/1	60/20	34/8 25 96)
<b>Womens (35-39) Heptathlon</b>												
1 H Baker	Lead	4438	16	94/1	55/10	33/27	69/4	62/25	82/2	40/8)		
2 D Herron	PV	4164	17	98/1	46/8	02/29	14/4	94/30	92/2	38 58)		
<b>Womens (45-49) Heptathlon</b>												
1 M Williams	Row	3645	16	84/1	22/6	02/30	84/3	71/1*	16/2	47 22)		
<b>Womens (50-54) Heptathlon</b>												
1 J Charles	ON	3240	16	28/1	19/7	67/34	00/3	79/ml 3	30 35)			
<b>Womens (60-64) Heptathlon</b>												
1 B Steedman	Muss	4068	18	44/1	61/5	60/34	80/3	63	14	90/3	33 48)	

Ian Thomas

3c

# North West Open Combined Events

## 'The Five Counties'

Incorporating

NoEAA U17 & U15 Merseyside, Cheshire, Gtr. Manchester & Lancashire Championships

Stanley Park, Blackpool 27/28 July 1996

The 3rd North West Open Combined Events promotion attracted its largest entry to date. A total of 195 multi-event athletes entered the various age groups (37 up on the previous year). With an additional 63 athletes entering the open sprint triathlons, giving an overall total of 259 competitors this promotion, which incorporates County and NoEAA championships, is becoming, numerically, one of the largest combined events meetings of the year.

With the obvious attraction of electronic timing, especially for senior and U17 competitors, athletes travelled from far and wide and were duly rewarded for their endeavours. A total of 15 C/B/P were set, 25 individual event records and 245 personal best performances.

The senior men again attracted a large entry with City of Stoke athlete Par Esegbona claiming the Open title. Esegbona got off to a solid start in the 100m then went on to equal Anthony Southward's long jump record, set the previous year, with a leap of 6.84m. Equalling his personal best in the pole vault Esegbona's final score of 6494 pts. was just below his personal best.

Richard Czernik improved his overall score by over 400 points when recording personal bests in 6 of the events (100m, L. jump, shot, H. jump, Pole vault, javelin) to claim 2nd place. Former international decathlete Rob Lang finished 3rd overall winning the Merseyside title recording seasons bests in 4 events.

First year junior David Powell - p/b's in the 100m, H. jump, vault, javelin - claimed both the senior Lancashire title (C/B/P) and the inaugural U20 mens title just missing a personal best score by 6 points.

Stephen Bonnett also registered 4 personal bests to claim the U20 silver medal with ~~Rob Lang~~ Richard winning the junior bronze.

Darren Thomas, Parkside H, set a new individual event best in the 1500m when recording a time of 4.31.32s

# S/M/J/M Results

1	P. Esegbons	City of Stoke	6494 pts.
			(11.35/6.84/11.19/1.94/52.02/16.32/32.46/4.00/50.00/5.12.78)
2	R. Czernik	DASH	8484
			(11.16/6.40/12.39/1.85/51.05/16.36/37.30/3.40/50.80/5.00.46)
3	R. Laing	L'pool H	6280
			(11.76/6.75/12.28/1.79/53.78/15.94/36.02/3.80/55.52/5.34.34)
4	J. Wilkinson	Spennborough	6143
			(12.15/6.17/11.83/1.79/54.78/16.44/37.76/3.90/51.96/4.59.46)
5	D. Powell (J)	Rich & Zet	5901
			(11.58/6.05/11.15/1.70/51.46/17.34/33.56/3.50/39.00/4.39.10)
6	M. Gillard	Wake	5481
			7 L. Parkes Rother 5459
8	S. Bonnet (J)	Scun	5148
			9 N. Fairlamb Cof S 4997
10	M. Cobham	S'port	4906
			11 R. Shelton Rugby 4801
12	R. McAvoy	Wirral	4160
			12 A. Pritchard Misc 4117
14	M. Crompton	B'pool	4089
			15 D. Thomas (J) Park 3952
16	J. Coates	St.Hel	3876
			17 P. Robinson St.Hel 3443
18	S. Pence	Park	2540
			B. Hughes (12.21/6.07/9.31/1.70/56.70/18.12/WD)
	S Hammond	Tower Ham	(12.06/5.72/9.40/1.64/WD)
	A. Ferrand	Newham	(11.86/6.08/11.99/NHC/WD)

M.side 1) Laing 2) McAvoy 3) Crompton Lanes Powell C/B/P  
 U20 1) Powell 2) Bonnett 3) Pritchard

In the U17 octathlon Neil Kelly, who travelled from the Isle of Man, was rewarded threefold winning the Open, NoEAA and Lancashire Championships. His final score of 4594 pts., including a 1.92m high jump, places him at No.5 on the current UK ranking lists.

Scott Porter, recording 5 personal bests, beat his previous best score by over 400 points when winning the Open silver medal. Chesterfield athlete Mark Jones finished in 3rd place overall but 2nd in the NoEAA championships.

Adam Wareing, 5 event p/b's, smashed the County C/B/P by over 900 pts when winning his first Gtr. Manchester title.

Tony Kuiper (H.jump 1.95m), Mark Jones (Disc 39.52m) and Jon Rice (1500m 4.22.58s) all set new individual event records.

# U17M Results

1	N. Kelly	Western	4594 pts
			(14.88/5.79/38.92/57.21/1.92/31.88/10.63/4.44.46)
2	S. Porter	Walney Sch	4437
			(14.51 5.6840.70 57.21/1.59/32.46/13.04/5.08.94)
3	M. Jones	Chesterfield	4100
			(16.46/5.59/32.52/58.35/1.68/39.52/11.22/5.09.44)
4	C. Hopkins	Spenn	4074
			5 A. Kuiper Lp P 3992
6	J. Rice	Lp P	3967
			7 M. Beer Chesf 3897
8	M. Carnagan	Hallam	3873
			9 C. Chisholm Jarrow 3749
10	P. Livesey	Chor	3698
			11 B. Piorskowski Unatt 3518
12	C. O'Hara	B'pool	3484
			13 A. Wareing Alt 3361
14	M. Morris	Hull	3134
			14 A. Norman Alt 2893
16	T. Christian	Manx	3055
			17 A. Norman B'pool 2260
18	G. Harkin	Hull	2437
			(14.24/6.05/22.78/WD)
	J. Monds	Wigan	(20.90/4.64/WD)
	P. Sharples	Cocker	

NoEAA 1) Kelly 2) Jones 3) Hopkins M.side 1) Kuiper 2) Rice  
 Lancs 1) Kelly 2) Livesey 3) Piorskowski  
 Gtr. Man 1) Wareing C/B/P 2) Norman

Having pre-entered, the surprise absentee from the U15 boys pentathlon was Liverpool Harrier Chris Jenkins, currently ranked No.1 on the UK lists. In his absence a battle royal ensued between Jamie Russell and Gary Hunter.

Russell, No.3 in the rankings with 2679 pts prior to this event, just failed to wrest the top spot from Jenkins. A personal best in the hurdles (13.00s) added to a personal best high jump of 1.87m (individual event record) saw his final total of 2841 pts C/B/P finishing just 4 points short of the top spot.

Relatively unknown Ise of Man athlete Gary Hunter had the competition of his life. Recording personal bests in all five events, including event records in - long jump 5.71 and 80m hurdles 12.20s, the promising youngster claimed the Open silver medal, NoEAA silver and set a new C/B/P (2760 pts) when also winning the Lancashire title. His overall score places him at No.4 on the UK lists and come. Unfortunately, Hunter will not be at the ESAA pentathlon championships in September but this title is now likely to be closer than previously imagined.

Both Mark Bramby (Gtr. Man) and David Hunter (Cheshire) set new records when winning their respective County titles.

## U13M Results

1	J. Russell	Rotherham	2841 pts. C/B/P
			(5.51/13.00/9.38/1.87/2.08/72)
2	G. Hunter	Western	2760
			(5.71/12.20/9.66/1.66/2.11/78)
3	P. Hindley	Worksop	2428
			(5.23/12.78/10.50/1.60/2.24/10)
4	A. Wilson	Hynd	2283
		5 G. Parkin	Burn
6	N. Hamilton	Donc	2189
		7 G. Rees	B'pool
8	D. Armstrong	Carl	2137
		9 M. Brumby	Alt
10	S. Bates	Donc	1845
		11 J. Bennett	Western
12	A. Hudson	Roth	1619
		13 D. Painter	Whitby
14	R. Lomas	Roth	1583
		15 D. M. ...	Whitby
		16 P. Bailey	Whitby
		17 B. Bush	Hard
			(4.64/16.14/8.51/1.45/WD)
			(5.24/14.08/8.80/WD)
			(3.89/16.66/6.06/WD)
			(3.46/17.62/4.25/1.21/WD)
			(4.48/WD)

NoEAA 1) Russell C/B/P 2) Hunter 3) Wilson Gtr. Man Brumby C/B/P

Lanes 1) Hunter C/B/P 2) Wilson 3) Parkin

1) Painter C/B/P 2) Moorcroft 3) Bailey

With 18 athletes entering the U13 boys competition in 1995 this years entry of 8 was a disappointment. Nevertheless, Mathew Clay from the relatively new club of Parkside Harriers registered 2 personal bests (long jump & high jump) to easily win the Open competition.

Colin Bailey held on to 2nd place with Stephen Onwuka setting a new event record of 2.23.52 in the 800m to move into the bronze medal spot

Martin Aram (4th) set new event records in both the shot (8.86m) and high jump (1.47m)

## U13M Results (L.J/75H/shot/H.J/800)

1	M. Clay	Parkside	1742 pts	(4.40/13.72/6.66/1.44/2.24/12)
2	C. Bailey	Burn	1578	(3.95/13.72/7.56/1.44/2.35/98)
3	S. Onwuka	LpH	1550	(4.41/14.52/6.11/1.29/2.23/52)
4	M. Aram	Western	1527	(4.10/15.16/8.86/1.47/2.41/58)
5	S. Thomlinson	Preston	1367	(4.58/15.62/5.34/1.29/2.30/22)
6	K. Thompson	LpH	1348	(4.50/14.53/8.60/1.29/3.03/92)
7	P. Derbyshire	Frodsham	1228	(4.11/15.44/6.91/1.29/2.46/22)
8	J. Hurst	Sale	288	(3.07/20.32/4.61/NHC/3.20/62)

William Ferrier also recorded a comfortable win in the U11 boys quadrathlon. Recording 3 personal best performances (SLJ, cball, 600m), most notable of which was his throw of 40.74m in the cricket ball event, his final score of 1900 points set a new C/B/P.

Daniel Wayman set a new event record in the 600m with a time of 1.58.21s to finish ahead of Graeme Farrington by just 4 points.

## U11M Results (75m/SLJ/c-ball/600m)

1	W. Ferrier	Stamford	1900 C/B/P	(11.72/1.83/40.74/2.03.36)
2	P. Coles	Vern jnr sch	1640	(12.22/1.71/32.58/2.14.45)
3	D. Wayman	Whitby	1620	(12.24/1.57/31.46/1.58.21)
4	G. Farrington	Sport	1616	(11.78/1.58/27.42/1.58.78)
5	R. Saunders	Parkside	1550	(12.94/1.56/35.20/2.15.28)
6	G. Roberts	Chorley	1460	(12.98/1.66/28.90/2.16.50)

Liverpool Harrier Wendy Laing finished a comfortable 200 points ahead of her nearest rival Ruth Calvert to claim both the Open and Merseyside titles. In the latter Laing set a new C/B/P previously held by her sister Mandy.

Calvert recorded 2 personal bests (shot & 800m) as did first year junior Michelle Winter (javelin & 800m) - who won the inaugural U20 competition and the Merseyside silver medal.

Gtr. Manchester winner Amanda Edwards set a new C/B/P which included a new event record of 36.20m in the javelin with Claire Nicholas winning her first Lancashire heptathlon title.

S w / T w Results

1	W. Laing	L'pool H	4546 pts	(15.14/1.54/10.56/27.12/5.16/29.56/2.28.04)
2	R. Calvert	Bingley	4344	(16.50/1.57/10.59/25.86/4.71/26.12/2.27.30)
3	A. Carr	C of Stoke	4167	(16.74/1.54/9.98/26.71/4.95/31.48/2.41.14)
4	M. Winter	St. Hel Sutt	3916	(15.94/1.42/7.20/27.56/4.88/27.80/2.30.68)
5	A. Edwards	Stockport	3677	(17.76/1.33/9.31/27.64/4.79/36.30/2.48.08)
6	K. Senior	Altrincham	3402	(17.50/1.42/7.15/28.32/4.72/23.76/2.43.66)
7	J. Foster	Trafford	2882	(21.64/1.30/9.01/29.88/4.16/35.96/2.56.12)
8	C. Nicholas	Rossendale	2429	(19.88/NHC/8.13/30.70/4.32/26.80/2.48.92)

M.side 1) Laing C/B/P 2) Winter Lances Nicholas  
 Gtr. Man 1) Edwards C/B/P 2) Senior 3) Foster  
 U20 1) Winter 2) Edwards 3) Senior

Last years ESAA U17 heptathlon champion Katherine Livesey, as expected, totally dominated her event winning all three titles on offer - Open, NoEAA and Lancashire. Although never challenged Livesey was out to surpass the top of the rankings score, currently held by Danielle Freeman, when setting 4 new event records

Livesey opened her competition with her fastest ever heptathlon 80m hurdles setting a new event record of 11.66s. Equalling her own high jump personal best of 1.68m this also set a new event record. Improving her own event records in the 200m (25.2s) and 800m (2.29.98s) resulted in a personal best total and a new C/B/P.

This excellent performance closes the gap at the top of the heptathlon lists resulting in what is likely to be a close contest when the main protagonists - Freeman, Livesey and Chloe Cozins - contest the ESAA title in September.

Maria Grantham won both the Open and NoEAA silver medals and also retained her Gtr. Manchester title.

Maria Pringle (p/b's in the 200m and 800m) won the bronze medals both the Open and NoEAA Championships with Victoria Milne winning her first Merseyside combined events title.

U17w Results

1	K. Livesey	Blackpool	4791 pts C/B/P	(11.66/1.68/9.24/25.20/5.44/25.08/2.29.98)
2	M. Grantham	E. Chesh	3884	(12.56/1.44/7.97/27.10/4.69/25.56/2.35.08)
3	M. Pringle	Copeland	3610	(12.67/1.50/8.54/27.82/4.55/14.18/2.39.98)
4	A. Pitt	Burn	3539	5 A. Berry Jarr 3534
6	R. Dickinson	Bing	3441	7 V. Milne Wirt 3413
8	M. Wilkinson	Slip	3366	9 G. O'Driscoll Alt 3240
10	C. Taylor	Alt	3130	11 H. Pacer Derby 3126
12	J. Wilson	Wake	3123	13 C. Jones Roch 3076
14	F. Moran	Roch	2886	15 V. Carek Roch 2882
16	J. Ford	Alt	2749	17 E. Willmott Alt 2653
18	C. Buchanan	Hynd	2533	(12.40/1.62/8.89/27.42/W/D)
	White	Hynd		(12.54/1.56/8.58/W/D)
	V. Reynolds	B'pool		

NoEAA 1) Livesey 2) Grantham 3) Pringle M.side Milne  
 Lances 1) Livesey C/B/P 2) Buchanan  
 Gtr. Man 1) Grantham 2) Taylor 3) Jones

Tina Thirlwell was another athlete to claim all three titles on offer in the U15 girls championships. Like Livesey, Thirlwell - currently ranked No.2 on the pentathlon lists - was also out to claim the top spot.

Although opening with a new event record of 5.03m in the long jump Thirlwell could not sustain this good start finishing 160 points below her previous best.

Helen Thieme recorded 2 personal bests (75H & shot) to win the Open silver medal with Danielle Parkinson having a rewarding day winning the NoEAA and Gtr Man silver medals plus the Open bronze medal and in the process set a new personal best in the long jump (4.98m). The youngsters final score was just below her own personal best.

Karen Lowe (Lancs) and Claire Pleavin (Cheshire) won the respective County titles with Sam Watts - 3 personal bests in the long jump, shot and 800m - winning the Merseyside title to add to her NoEAA bronze

### U15 W Results

(LJ/75H/shot/HJ/800m)

1	T. Thirlwell	Sale	2814 pts.	(5.03/2.29/8.68/1.50/2.42.82)
2	H. Thieme	Notts	2726	(4.56/12.16/9.18/1.47/2.40.98)
3	D. Parkinson	Roch	2623	(4.98/13.10/7.69/1.53/2.48.76)
4	S. Watts	Wigan	2476	(4.27/13.40/6.47/1.44/2.27.96)
5	K. Lowe	B'pool	2415	6 J. Groom Roch 2403
7	L. Butler	Gates	2364	8 S. Guy Pres 2349
9	C. Pleavin	War	2302	10 C. Gore Whiby 2272
11	A. Kenyon	Alt	2238	12 N. Roberts B'pool 2219
13	M. Treanor	Whiby	2177	14 J. Foster Alt 2123
15	B. Steele	B'pool	2050	16 C. Terry S'port 2045
17	A. Derbyshire	Pres	2002	18 J. Glaysher Pres 2004
19	K. Hodson	Wake	1951	20 C. Jones Roch 1875
21	N. Giles	B'pool	1788	22 A. Ridsdale Wake 1734
23	H. Carnagan	Hallam	1638	24 A. Gore Whiby 1506
	C. Eddleston	Burn		(4.44/13.08/7.07/1.44/WD)
	R. Grippin	B'pool		(3.83/14.48/4.65/1.14/WD)
	L. Carter	Scun		(4.36/WD)

NoEAA 1) Thirlwell 2) Parkinson 3) Watts M.side 1) Watts 2) Terry

Gtr. Man 1) Thirlwell 2) Parkinson 3) Groom

Lancs 1) Lowe 2) Guy 3) Roberts

Cheshire 1) Pleavin 2) Gore 3) Treanor

Twelve-years-old Heather Wood proved to be another successful athlete who made the journey from the Ilse of Man. Recording a nap hand of personal bests, including an event record in the high jump of 1.38m, she finished over 300 points ahead of her nearest rival.

Amy Lloyd just held off the challenge of Holly Ferner, although the latter raced to an event record of 11.77s in the hurdles, to claim the silver medal with Penny Barratt winning her first Cheshire promotion title

### U13 W Results

(shot/70H/LJ/HJ/800m)

1	H. Wood	Western	2304 pts	(7.72/12.74/4.23/1.38/2.40.18)
2	A. Lloyd	Wakefield	1956	(6.99/12.32/4.22/1.23/2.57.80)
3	H. Ferner	Stamford	1932	(7.62/11.77/4.02/1.32/3.16.72)
4	L. Stoney	Spennborough	1900	(6.68/12.82/3.76/1.26/2.49.10)
5	C. Hallday	Hynd	1791	6 J. Barrall War 1733
7	L. Golden	Alt	1630	8 R. Gebart War 1616
9	K. Mallalieu	B'pool	1566	10 R. Howarth Hynd 1518
11	A. Noblett	Hynd	1516	12 L. Yearnley War 1502
13	N. Gore	Whiby	1491	14 R. Jackson Hynd 1478
15	R. Swaine	Wake	1417	16 H. Bullen Hynd 1343
17	L. Scott	War	1297	18 G. Moon B'pool 1297
19	N. Biddle	Hynd	1219	(4.73/13.06/3.58/1.32/WD)
	A. Riley	Whiby		(5.64/13.30/3.84/0.99/WD)
	W. Douglas	War		(4.55/14.60/3.53/1.29/WD)
	R. Laybom	Wake		(5.80/disq/3.19/WD)
	H. Pacey	GBPAC		

Cheshire 1) Barrall 2) Gebart 3) Yearnley

Lauren Renderset a new C/B/P and individual event S.L.J. record of 1.89m when just holding off the late challenge of Sam White.

White, laying in 3rd place going into the final event raced to an event record time of 1.56.72s in the 600m to pull herself into the silver medal position. Frances O'Neil dropped back to the bronze position despite her record throw of 35.74m in the cricket ball event.

Sam White, although only finishing 6th place overall, recorded 4 straight personal bests.

### U11 W Results

(75m/c-ball/SLJ/600m)

1	L. Render	Wakefield	1750 pts	C/B/P (11.74/27.2/1.89/2.00.30)
2	S. White	B'burn	1730	(11.44/24.08/1.80/1.56.72)
3	F. O'Neil	GBPAC	1700	(12.64/35.74/1.72/2.07.76)
4	A. Fozzard	Wake	1550	5 D. Campbell GBPAC 1530
6	S. Dorry	Whiby	1480	7 R. Molden B'pool 1470
8	K. Yeomans	War	1400	9 V. Crosby Bing 1300
10	S. Bullen	Hynd	1040	11 E. Terry Sport 950
	W. D. Grimshaw	Whiby	770	

Frank Judic  
Meeting Promoter