

Greater Manchester Athletic Association

11th North West Road Relays

(Incorporating the Cheshire, Greater Manchester, Lancashire and Merseyside Championships)

Under UKA Rules

UKA Permit Applied for

Leigh Sports Village

Saturday 18th September 2010 – Start 11.00am

(Host Club: Leigh Harriers)

Programme of Events:

11.00	U13 Girls	3 x 2k	@ £6.00
11.30	U13 Boys	3 x 2k	@ £6.00
12.00	U15 Girls	3 x 3k	@ £6.00
	U17 Women	3 x 3k	@ £6.00
12.30	U15 Boys	3 x 3k	@ £6.00
13.00	Senior Women	3 x 4k	@ £6.00
	U17 Men	3 x 4k	@ £6.00
14.15	Senior Men	4 x 4800m	@ £8.00

Age groups as at 31 August / 01 September 2010 – Under 13s must be at least 11 years old on the day

All athletes must be first claim members of their Club for Road Running and must be affiliated to England Athletics. Club Vests of all the same design must be worn by all members of each team.

County Qualification (Rule 9): By birth or 9 months continuous residence before 18th September 2010 and not have competed in another County Championship or for another County since 1st October 2009 (the competition year – Rule 7 (1)).

All athletes in a team must be qualified for the same County. Clubs may enter teams in more than one County Championship providing the athletes have the appropriate County qualification.

Awards: North West awards to first eligible team in each event
Each County will decide on awards for their own County

Entries: Clubs can enter up to 3 times as many names as required for a team. On the day athletes MUST be selected from those pre-entered.

Please use separate entry forms for teams from the same Club but competing for different Counties.

Please send completed entry forms, correct fee and summary sheet to:

Mike Harris, Trafford Athletic Stadium, Longford Park, Ryebank road, Chorlton-cum-Hardy,
Manchester, M21 9TA

Email : mikeharris500@hotmail.com

Cheques made payable to: Greater Manchester AA

Please enclose stamped addressed envelope for confirmation of entries and directions

Closing date for entries: Monday September 2006

Hon Secretary: Mrs J D Simpson 5 Sheaf Field Walk RADCLIFFE Manchester
M26 4DD Tel: 0161 724 7928 E-mail: j-d-s@supanet.com