

## PROGRAMME OF EVENTS

Heats and lanes to be drawn on the day. If 2 heats then qualifiers for the final will be the 1st and 2nd in each heat, plus the 4 fastest losers. Heats will be run as a straight final if there are 8 or less teams per event.

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### **Week 1 – Wednesday 16<sup>th</sup> July 2014 18:00-21:00**

Event 1	4x100m Under 15 Girls - HEATS	
Awards – First three		
2013 : Crewe & Nantwich 52.9		CBP : West Cheshire 50.2
115 Warrington A		116 Warrington B
422 Halton & Frodsham A		423 Halton & Frodsham B
218 Crewe & Nantwich		312 West Cheshire A
313 West Cheshire B		522 Stockport A (Guests)
523 Stockport B (Guests)		

Event 2	4x100m Under 15 Boys - FINAL	
Awards – First two		
2013 : Macclesfield 50.8		CBP : West Cheshire 46.4
114 Warrington		420 Vale Royal
421 Halton & Frodsham		216 Crewe & Nantwich A
217 Crewe & Nantwich B		311 West Cheshire
514 Stockport (Guests)		

Event 3	4x100m Under 17 Ladies - FINAL	
Awards – First only		
2013 : Sale (Guests) 50.7		CBP : Crewe & Nantwich 50.0
120 Warrington		509 East Cheshire (Guests)
223 Crewe & Nantwich		320 West Cheshire
524 Stockport A (Guests)		525 Stockport B (Guests)

Event 4	<b>4x100m Under 17 Men - FINAL</b>	
Awards – First only		
2013 : Crewe & Nantwich 49.7		CBP : Crewe & Nantwich 44.8
430 Vale Royal		222 Crewe & Nantwich
319 West Cheshire		515 Stockport (Guests)

Event 5	<b>3x800m Under 17 Ladies - FINAL</b>	
Awards – First only		
2013 : Warrington 07:41.0		CBP : Vale Royal 06:57.5
122 Warrington A		123 Warrington B
225 Crewe & Nantwich		322 West Cheshire

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Event 6	<b>3x800m Ladies - FINAL</b>	
Awards – First only		
2013 : Macclesfield 07:40.6		CBP : Vale Royal 06:42.2
326 West Cheshire		

Event 7	3x800m Under 17 Men - FINAL	
Awards – First only		
2013 : n/a		CBP : Warrington 06:09.5
121 Warrington		224 Crewe & Nantwich
321 West Cheshire		

Event 8	3x800m Men - FINAL	
Awards – n/a		
2013 : Macclesfield 06:37.8		CBP : : Vale Royal 05:57.0
No entries		

Event 9	3x800m Under 15 Girls - FINAL	
Awards – First only		
2013 : Warrington 07:33.1		CBP : Warrington 07:06.5
118 Warrington		427 Vale Royal A
428 Vale Royal B		506 Stockport A (Guests)
507 Stockport B (Guests)		315 West Cheshire

Event 10	<b>3x800m Under 15 Boys - FINAL</b>	
Awards – First two		
2013 : Crewe & Nantwich 07:00.4		CBP : Warrington 06:37.6
117 Warrington		424 Vale Royal A
425 Vale Royal B		426 Halton & Frodsham
219 Crewe & Nantwich		314 West Cheshire

Event 11	<b>Medley Under 17 Ladies (2x100m, 1x200m, 1x600m) - FINAL</b>	
Awards – First only		
2013 : Crewe & Nantwich 02:34.4		CBP : Crewe & Nantwich 02:31.2
124 Warrington		510 Stockport A (Guests)
527 Stockport B (Guests)		511 East Cheshire (Guests)
227 Crewe & Nantwich		324 West Cheshire

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Event 12	<b>Medley Under 17 Men (2x100m, 1x200m, 1x600m) - FINAL</b>	
Awards – First only		
2013 : Crewe & Nantwich 02:22.2		CBP : Crewe & Nantwich 02:17.0
226 Crewe & Nantwich		323 West Cheshire
518 Stockport (Guests)		

Event 13	<b>Medley Ladies (2x200m, 1x400m, 1x800m) - FINAL</b>	
Awards – First only		
2013 : West Cheshire 04:50.5		CBP : Vale Royal 04:23.5
327 West Cheshire		528 Stockport (Guests)

Event 14	<b>Medley Men (2x200m, 1x400m, 1x800m) - FINAL</b>	
Awards – First only		
2013 : Macclesfield 04:15.5		CBP : Macclesfield 03:43.0
519 Stockport (Guests)		

Event 15	<b>Medley Under 15 Girls (2x100m, 1x200m, 1x600m) - FINAL</b>	
Awards – First two		
2013 : Sale (Guests) 02:40.3		CBP : Crewe & Nantwich 02:35.3
119 Warrington		508 Stockport (Guests)
429 Halton & Frodsham		221 Crewe & Nantwich
317 West Cheshire A		318 West Cheshire B

Event 16	<b>Medley Under 15 Boys (2x100m, 1x200m, 1x600m) - FINAL</b>	
Awards – First only		
2013 : Macclesfield 02:25.5		CBP : Crewe & Nantwich 02:15.0
220 Crewe & Nantwich		316 West Cheshire
517 Stockport (Guests)		

Event 17	<b>4x100m Under 15 Girls - FINAL</b>	
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### **Week 2 – Wednesday 23<sup>rd</sup> July 2014 18:00-21:00**

Event 1	<b>3x800m Under 13 Girls - FINAL</b>	
Awards – First two		
2013 : Stockport (Guests) 08:08.3		CBP : Warrington 07:19.6
113 Warrington		418 Vale Royal
504 Stockport (Guests)		505 East Cheshire (Guests)
419 Halton & Frodsham		215 Crewe & Nantwich
310 West Cheshire		

Event 2	3x800m Under 13 Boys - FINAL	
Awards – First three		
2013 : West Cheshire 07:51.3		CBP : Warrington 07:18.4
111 Warrington A		112 Warrington B
414 Vale Royal A		415 Vale Royal B
502 Stockport A (Guests)		503 Stockport B (Guests)
416 Halton & Frodsham		417 Macclesfield
213 Crewe & Nantwich A		214 Crewe & Nantwich B
308 West Cheshire A		309 West Cheshire B

Event 3	<b>4x100m Under 11 Girls - HEATS</b>	
Awards – First three		
2013 : West Cheshire 60.7		CBP : Non-Championship
102 Warrington A		103 Warrington B
402 Halton & Frodsham A		403 Halton & Frodsham B
404 Macclesfield		202 Crewe & Nantwich A
203 Crewe & Nantwich B		302 West Cheshire
520 Stockport (Guests)		

Event 4	<b>4x100m Under 11 Boys - HEATS</b>	
Awards – First three		
2013 : Sale (Guests) 58.2		CBP : Non-Championship
100 Warrington A		101 Warrington B
400 Halton & Frodsham A		401 Halton & Frodsham B
200 Crewe & Nantwich A		201 Crewe & Nantwich B
300 West Cheshire A		301 West Cheshire B
512 Stockport (Guests)		

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Event 5	4x100m Under 13 Girls - HEATS	
Awards – First three		
2013 : Sale (Guests) 55.8		CBP : Warrington 54.4
109 Warrington A		110 Warrington B
411 Vale Royal		412 Halton & Frodsham A
413 Halton & Frodsham B		210 Crewe & Nantwich A
211 Crewe & Nantwich B		212 Crewe & Nantwich C
307 West Cheshire		521 Stockport (Guests)

Event 6	4x100m Under 13 Boys - HEATS	
Awards – First three		
2013 : Crewe & Nantwich 53.3		CBP : Warrington 53.0
107 Warrington A		108 Warrington B
408 Halton & Frodsham A		409 Halton & Frodsham B
410 Macclesfield		208 Crewe & Nantwich A
209 Crewe & Nantwich B		305 West Cheshire A
306 West Cheshire B		513 Stockport (Guests)

Event 7	4x100m Ladies - FINAL	
Awards – First only		
2013 : Crewe & Nantwich 51.2		CBP : West Cheshire 49.3
228 Crewe & Nantwich		325 West Cheshire
526 Stockport (Guests)		

Event 8	<b>4x100m Veteran Ladies (V35+) - FINAL</b>	
Awards – n/a		
2013 : n/a		CBP : not known
<i>No entries</i>		

Event 9	<b>4x100m Men - FINAL</b>	
Awards – First only		
2013 : n/a	CBP : Crewe & Nantwich 43.0	
431 Vale Royal	432 Halton & Frodsham	

Event 10	4x100m Veteran Men (V35+) - FINAL	
Awards – n/a		
2013 : n/a		CBP : not known
No entries		

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Event 11	<b>3x600m Under 11 Girls - FINAL</b>	
Awards – First three		
2013 : West Cheshire 06:02.8		CBP : Non-Championship
105 Warrington A		106 Warrington B
500 Stockport A (Guests)		501 Stockport B (Guests)
406 Halton & Frodsham		407 Macclesfield
206 Crewe & Nantwich A		207 Crewe & Nantwich B
304 West Cheshire		

Event 12	<b>3x600m Under 11 Boys- FINAL</b>	
Awards – First two		
2013 : Macclesfield 06:01.2		CBP : Non-Championship
104 Warrington		405 Halton & Frodsham
204 Crewe & Nantwich A		205 Crewe & Nantwich B
303 West Cheshire		

Event 13	<b>4x100m Under 11 Girls - FINAL</b>	
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Event 14	<b>4x100m Under 11 Boys - FINAL</b>	
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Event 15	<b>4x100m Under 13 Girls - FINAL</b>	
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Event 16	<b>4x100m Under 13 Boys - FINAL</b>	
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