

CHESHIRE 10 MILE ROAD RUNNING CHAMPIONSHIP 2010
Held in conjunction with the Great Warford 10 mile, 15th August

Men :

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| 1. Stuart Doyle | Vale Royal AC | 56 mins 12 secs |
| 2. Damian Nicholls | Wilmslow RC | 57 mins 49 secs |
| 3. James Noakes | Macclesfield H&AC | 57 mins 53 secs |

1st 040

James Noakes

1st 050

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|------------|-------------|-----------------|
| Tom McGaff | Wilmslow RC | 59 mins 51 secs |
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Women :

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| 1. Alison Draper | Spectrum Striders | 1 hr 8 mins 53 secs |
| 2. Alison Cole | Ellesmere Port RC | 1 hr 9 mins 35 secs |
| 3. Gemma Barnet | Vale Royal AC | 1 hr 11 mins 00 secs |

1st 035

Alison Cole

1st 045

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|--------------|-------------|---------------------|
| Clare Hawkes | Wilmslow RC | 1 hr 14mins 42 secs |
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