

MEN

1	A Keller	Manchester H	0:22:42	o/40	1st
2	A Lennon	Wirral	0:22:46	o/45	1st
3	G Lawson	Manchester H	0:22:54	o/40	2nd
4	DJ Shallcross	Wirral	0:23:02	o/40	3rd
5	A Sealby	Crewe & N.	0:23:10	o/40	
6	E Isaacs	Wirral	0:23:22	o/45	2nd
7	J Dwyer	Altrincham	0:23:24	o/40	
8	DT Jukes	Crewe & N.	0:23:30	o/40	
9	D Attwell	Altrincham	0:25:35	o/45	3rd
10	P Lomas (NC)	Altrincham	0:23:42	o/40	
11	T Day	Wirral	0:23:48	o/40	
12	P Baxter	Altrincham	0:23:54	o/40	
13	D Walton	Altrincham	0:24:30	o/40	
14	CF Kavanagh	Warrington	0:24:34	o/45	
15	PJ Sweeney	Crewe & N.	0:24:41	o/40	
16	M Edwards	Chest & E.P.	0:24:43	o/40	
17	R Hird	Macclesfield	0:24:47	o/45	
18	R Phillips	Wallasey.	0:24:48	o/45	
19	J Paterson	Altrincham	0:24:51	o/40	
20	R Fellows	Wirral	0:24:52	o/50	1st
21	R Tunstall	Frodsham	0:24:54	o/45	
22	M Driver	Manchester H	0:24:55	o/45	
23	A Sidebotham	Warrington	0:25:08	o/40	
24	RB Wilkinson	Manchester H	0:25:13	o/40	
25	I Hilditch	Frodsham	0:25:17	o/40	
26	K Burgess	Altrincham	0:25:19	o/40	
27	K Bromley	Warrington	0:25:28	o/40	
28	N Pratten	Wirral	0:25:31	o/40	
29	M Brooks	Altrincham	0:25:32	o/40	
30	JK Hammond	Mid-Cheshire	0:25:39	o/40	
31	N Jones	Warrington	0:25:48	o/45	
32	B Poole	Winsford	0:25:53	o/45	
33	RP Cooper	Crewe & N.	0:25:56	o/45	
34	J Kirby	Wallasey	0:26:00		
35	D Twelves	Crewe & N.	0:26:11	o/45	
36	M Lamb	Chest & E.P.	0:26:13	o/40	
37	WJ Murphy	Warrington	0:26:24	o/45	
38	W Hadfield	Stockport H.	0:26:26	o/40	
39	N Hanson	Wirral	0:26:29	o/45	
40	D Paterson	Altrincham	0:26:31	o/40	
41	M Frayne	BICC Helsby	0:26:31	o/40	
42	G Faulkner	Chest & E.P.	0:26:38	o/45	
43	M McGrath	Crewe & N.	0:26:43	o/40	
44	M O'Toole	Crewe & N.	0:26:46	o/45	
45	JA Salthouse	Crewe & N.	0:26:47	o/40	
46	B Field	Stockport N.	0:26:49	o/45	
47	D Nicholson	Frodsham	0:27:04	o/45	
48	MJ Stewart	E Cheshire	0:27:06	o/55	1st
49	J Woods	Crewe & N.	0:27:07	o/45	
50	V Woods	Neston	0:27:10	o/40	
51	A Lowe	Frodsham	0:27:16	o/45	
52	B McGuigan	Wirral	0:27:22	o/55	2nd
53	J Driscoll	Cheat & E.P.	0:27:27	o/40	
54	T Gaitskell	Crewe & N.	0:27:37	o/40	
55	MJ Bryan	Stockport H.	0:27:43	o/40	
56	L Marsh	Halton	0:27:44	o/45	
57	AM Gerrard	Frodsham	0:27:46	o/50	2nd
58	E Normansell	Stockport H.	0:27:52	o/40	
59	J Padget	Frodsham	0:27:55	o/40	
60	M Jones	BICC Helsby	0:28:01	o/40	
61	I Coombs	Altrincham	0:28:06	o/45	
62	GD Howarth	Manchester H	0:28:12	o/40	
63	G Robinson	Wallasey	0:28:14	o/55	3rd
64	R Dailey	Warrington	0:28:19	o/40	
65	T Donlan	Manchester H	0:28:21	o/45	
66	WH Walker	Stockport H.	0:28:24	o/45	
67	K McCartney	Wallasey	0:28:24	o/50	3rd
68	PR Fursdon	Crewe & N.	0:28:27	o/45	
69	B Barnes	Mid Cheshire	0:28:36	o/40	
70	B Blow	Altrincham	0:28:37	o/55	
71	MD Atkinson	Macclesfield	0:28:44	o/45	
72	NV Jones	Chest & E.P.	0:28:48	o/45	
73	GR Fletcher	Northern Vets	0:28:51	o/55	
74	AA Parker	BICC Helsby	0:28:53		
75	G Ashley	Whitby Heath	0:28:56	o/40	
76	A Hardman	Altrincham	0:28:58	o/50	
77	AC Martin	Stockport H.	0:29:05	o/45	
78	N Jones	Crewe & N.	0:29:27	o/45	
79	WW Smith	Wirral	0:29:34	o/50	
80	H Shaw	Crewe & N.	0:29:34	o/45	
81	I Humphrey	Chest & E.P.	0:29:44	o/45	
82	D Newton	Warrington	0:29:55	o/50	
83	F Irish	Crewe & N.	0:30:30	o/40	
84	J Chatterton	Altrincham	0:30:45	o/50	
85	R Whittaker	Altrincham	0:30:48	o/40	
86	WA King	Warrington	0:30:55	o/45	
87	F Hume	Frodsham	0:30:55	o/40	
88	A Evans	Macclesfield	0:31:09	o/50	
89	JW Arnold	Northern Vets	0:31:59	o/55	
90	F Birkenhead	Frodsham	0:32:02	o/50	
91	E Lockton	Altrincham	0:32:05	o/50	
92	J Fagan	Whitby Heath	0:35:02	o/45	

TEAM	RESULTS
1 Wirral A.C.	2+ 4+ 6 = 12
2 Manchester Harriers & A.C.	1+ 3+22 = 26
3 Altrincham & District A.C.	7+ 9+12 = 28
4 Crewe & Nantwich A.C.	5+ 8+15 = 26
5 Warrington A.C.	14+23+27 = 64
6 Frodsham Harriers. & A.C.	21+25+47 = 93
7 Chester & E. P. A.C.	16+36+42 = 94
8 Wallasey A.C.	18+34+63 = 115
9 Stockport Harriers. & A.C.	38+46+55 = 139
10 B.I.C.C. Helsby A.C.	41+60+74 = 175
11 Macclesfield Harriers & A.C.	17+71+88 = 176

VETERAN LADIES RACE 4000m

1	M Gannon	Warrington	15:54
2	S Knight	Wallasey	16:46
3	B NormanseII	Stockport H.	17:34
4	M Padget	Frodsham	19:02

