2012 CAU Track & Field Report

Four athletes, four medals!

A very small senior T&F team from Cheshire did the county proud at the CAU Inter Counties track & field champs at Bedford over the August Bank Holiday Weekend, with every athlete in the team returning home with a medal – a remarkable achievement!

Setting the ball rolling was 200m runner Lucy Evans, who despite a recent stay in hospital, managed to win SILVER in a time of 24.71, having won her heat in 24.95.



This was following by another SILVER for Emily Brown in the 3000m steeplechase in a time of 11:02.90 – her fourth such medal at these championships.



The women's team was completed by triple jumper Michelle Robbins – making her debut for the county at senior level – who leapt 12.25 for a BRONZE medal.



The sole male representative was 1500m runner Tim Egerton. After winning gold and silver in last year's championships, Tim completed the set by winning BRONZE in a time of 3:50.91.

Adrian